

Registration Form

Please complete this application and return to:

The College at Brockport Summer Sports Camp
PO BOX 8000 Dept. #728
Buffalo, NY 14267

*Please makes checks payable to: The College Brockport
Summer Sports Camp*

Student's Name: _____

Birth date/age: _____

Class and Time: _____

Student's Name: _____

Birth date/age: _____

Class and Time: _____

Student's Name: _____

Birth date/age: _____

Class and Time: _____

Student's Name: _____

Birth date/age: _____

Class and Time: _____

Parent/Guardian: _____

Address: _____

City: _____ State: _____

Zip: _____

Home Phone: _____

Person to notify in case of emergency:

Phone no. _____

Neither The College at Brockport nor the staff of the "Junior" Eagle Gymnastics Classes assumes responsibility for accidents or medical expenses incurred as a results of class participation. All athletes must assume responsibility for any medical expenses incurred. I/We have adequate medical coverage and insurance and give my son/daughter permission to attend the The College at Brockport "Junior" Eagle Gymnastics Classes and I/we agree to indemnify The College at Brockport and its employees for any claim which may hereafter be presented by my/our child as a result of any such injuries.

Parent/Guardian's signature Date

Parent/Guardian's signature Date

The College at Brockport Athletics
"Junior" Eagle Gymnastics
350 New Campus Dr.
Brockport, NY 14420-2989

"Junior" Eagle Gymnastics Classes Fall 2009



**Ages 18 months
to 18 years
All skill levels**



The College at
BROCKPORT
STATE UNIVERSITY OF NEW YORK



Fall 2009 "Junior" Eagle Gymnastics Classes

The College at Brockport women's gymnastics team is holding age-group gymnastics classes -- "Junior" Eagle Gymnastics Classes -- as a fundraiser for the team. Here are the different classes:

Class descriptions:

***Tots and Toddlers with a parent:** a movement discovery program for children ages 18 months to 3 years (accompanied by a parent or guardian). An emphasis will be placed on the development of motor skills, directions, movement patterns, and rhythms, as well as an introduction to basic skills and apparatus.

***Ages 3 & 4, 5, 6-8, and 8 and up:** Focus will be on the development of a good foundation of important basic skills. Each student will be evaluated and grouped according to ability and past experience.

A minimum of five (5) students is required in order to hold any given class. If enrollment is low, you will be given the choice of another class or a full refund.

What to wear?

Recommended attire for girls is a leotard or elastic waist shorts (no zippers, snaps, or buttons) with t-shirts tucked in. For safety reasons, no half tops or leotards with the mid-drift exposed will be allowed. Tights must be footless. Boys should wear elastic waist shorts with a t-shirt tucked in. Footwear should be socks or bare feet.

Hair must be pulled back securely (including longer bangs).

No jewelry, watches, or gum!!

Class Schedule

September 14, 2009 continuing through the week of
November 30, 2009

****No classes during the week of
October 19th due to midsemester break and
November 23rd due to Thanksgiving Break****

Here's the weekly schedule...

Mondays:

6:30-7:30 p.m. (B) Children ages 3-4
7:00-9:00 p.m. (D) "Experienced" girls,
all ages

Tuesdays:

6:30-7:30 p.m. (B) Children ages 5
7:30-8:30 p.m. (C) Children ages 8 and up

Wednesdays:

6:30-7:30 p.m. (C) Children ages 6-8
7:00-9:00 p.m. (D) "Experienced" girls,
all ages

Thursdays:

6:30-7:15 p.m. (A) Tots and toddlers with
a parent
7:15-8:15 p.m. (C) Children ages 8 and up

NOTE: Only gymnasts and coaches are allowed in the gym. Parents, siblings, and friends may watch from the upstairs hallway. This policy is in the interest of the safety of all the students and coaches. Feel free to come down after classes to talk with the coaches about your son or daughter's progress. We can explain the drills and different skills we are focusing on and answer questions.

Risk Statement

By the very nature of this activity, gymnastics carries a risk of physical injury. No matter how careful the gymnast and coach are, no matter how many spotters are used, no matter what height is used or what landing surface exists, the risk CANNOT be eliminated. Reduced yes, but never eliminated. The risk of injury includes minor (such as bruises) and more serious (such as broken bones, dislocations, and muscle pulls). The risk also includes, and always includes, catastrophic injuries such as permanent paralysis or even death from landing or falling on the back, neck or head.

The primary consideration of the Junior Eagle teaching staff is safety. All safety measures as stipulated by the USA Gymnastics organization are in place, and USA Gymnastics rules and policies for safe teaching will be followed. We do, however, have a responsibility to notify the parents and participants of the inherent danger of participation in gymnastics.

Site:

The College at Brockport, Tuttle North
Gymnastics Gym

Fees:

Class (A) \$55 for the session
Class (B) \$65 for the session
Class (C) \$70 for the session
Class (D) \$75 for the session or \$125 for two
nights/week

Other Info:

*Since the college does not close for inclement weather, there will be no cancellation of classes for snow days.

*Make-ups will be allowed if there is space available in other classes of the same age group. Make-ups cannot be used for tuition credit. There are no refunds for missed classes.

Staff:

Coordinators:

Christina Baggetta

Senior from Latham, NY. Div. III All-American on uneven bars and floor exercise and an All-ECAC performer for the Brockport Gymnastics team. She is a former USAG gymnast at the World Class Gymnastics Academy in Latham, NY.

Nicole Hordyski

Senior from Gainesville, Florida. Div. III All-American on uneven bars and an All-ECAC performer for the Brockport Gymnastics team. Nicole is a former USAG gymnast from the Balcony Gymnastics Club.

Carrie Rock

Senior from Chambersburg, PA. Div. III All-American on the balance beam and an All-ECAC performer for the Golden Eagles. She is a former USAG gymnast from Fredrick Gymnastics.

The remainder of the instructors will consist of members of the women's gymnastics team.