

2003 - 2004 Top Individual Male Performances

Event	Name	Time	Place	Date	Meet
55 meter dash	Troy Anderson	6.56*	4th	March 6, 2004	ECACs @ Bowdoin
	Mike Calderon	6.83	5th	February 7, 2004	Rochester
	Dustin Williamson	6.86	1st	December 6, 2003	Rochester
	Mark Laurri	6.98	2nd	December 6, 2003	Rochester
	Paul Sokolofsky	6.99	3rd	December 6, 2003	Rochester
	Jason O'Melia	7.22	14th	February 7, 2004	Rochester
60 meter dash	Troy Anderson	7.17	2nd h	February 14, 2004	Cornell
	Dustin Williamson	7.46	16th	January 31, 2004	York
	Mark Laurri	7.53	20th	January 31, 2004	York
200 meter dash	Troy Anderson	22.82*	4th	February 28, 2004	NYSCTCs @ SLU
	Jeremy Clawson	24.30	8th	January 24, 2004	St. Lawrence
	Dustin Williamson	24.64	12th	January 24, 2004	St. Lawrence
	Jason O'Melia	24.74	32nd	February 14, 2004	Cornell
	Mark Laurri	25.01	14th	January 24, 2004	St. Lawrence
	Paul Sokolofsky	25.08	1st	December 6, 2003	Rochester
	Mike Calderon	25.50	7th	February 7, 2004	Rochester
	Jeff Reeson	25.53	18th	January 24, 2004	St. Lawrence
	Matt Johnson	28.56	17th	February 7, 2004	Rochester
300 meter dash	Jeremy Clawson	37.57*	9th	January 31, 2004	York
	Jeff Reeson	40.06	21st	January 31, 2004	York
	Brandon McCormick	41.18	24th	January 31, 2004	York
400 meter dash	Jeremy Clawson	54.35	9th	January 24, 2004	St. Lawrence
	Adam Hoppel	56.84	28th	February 14, 2004	Cornell
	Greg Schubbe	57.27	31st	February 14, 2004	Cornell
	Paul Sokolofsky	57.66	14th	January 24, 2004	St. Lawrence
	Jeff Reeson	57.85	15th	January 24, 2004	St. Lawrence
	Brandon McCormick	58.14	35th	February 14, 2004	Cornell
	Ferdinand Delgado	59.13	37th	February 14, 2004	Cornell
500 meter dash	Justin McElligott	70.97	13th	February 28, 2004	NYSCTCs @ SLU
	Dan Hager	73.36	13th	January 24, 2004	St. Lawrence
600 meter dash	Scott Austin	1:26.79	11th	January 31, 2004	York
	Ryan Kolb	1:27.00	18th	January 31, 2004	York
	Matt Sikora	1:27.93	21st	January 31, 2004	York
	Steve Rettke	1:28.43	26th	January 31, 2004	York
	Dan Hager	1:29.28	30th	January 31, 2004	York
800 meter dash	Ryan Kolb	1:58.48	51st	February 14, 2004	Boston University
	Steve Rettke	1:59.18	63rd	February 14, 2004	Boston University
	Matt Sikora	2:02.19	17th	February 14, 2004	Cornell
	James Davenport	2:08.99	7th	February 7, 2004	Rochester
	Dan Hager	2:09.18	35th	February 14, 2004	Cornell
	Jason Hummell	2:10.17	10th	December 6, 2003	Rochester
	Justin McElligott	2:17.72	17th	December 6, 2003	Rochester
	Greg Schubbe	2:21.93	20th	December 6, 2003	Rochester

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Event	Name	Time	Place	Date	Meet
1000 meter run	Matt Sikora	2:37.02	4th	February 21, 2004	SUNYACs @ Hobart
	Ryan Kolb	2:38.53	3rd	February 7, 2004	Rochester
	Scott Austin	2:39.34	9th	February 21, 2004	SUNYACs @ Hobart
	Steve Rettke	2:41.48	12th	January 31, 2004	York
	Justin McElligott	2:53.20	Pent	January 31, 2004	York
	Adam Hoppel	2:54.25	Pent	March 5, 2004	ECACs @ Bowdoin
	Dave Rappleyea	2:54.75	21st	January 24, 2004	St. Lawrence
	Tom Johnson	3:00.41	22nd	January 24, 2004	St. Lawrence
	Josh Herod	3:06.61	24th	January 24, 2004	St. Lawrence
1500 meter run	Scott Austin	4:04.42	5th	February 28, 2004	NYSCTCs @ SLU
	James Davenport	4:05.93	4th	February 21, 2004	SUNYACs @ Hobart
	Ryan Kolb	4:15.50	11th	January 24, 2004	St. Lawrence
	Steve Rettke	4:27.26	21st	January 24, 2004	St. Lawrence
	Dave Rappleyea	4:32.26	14th	January 31, 2004	York
	Tom Johnson	4:36.95	16th	January 31, 2004	York
	John Morganti	4:38.49	17th	January 31, 2004	York
	Josh Herod	4:40.50	18th	January 31, 2004	York
	1 Mile run	Scott Austin	4:24.55	40th	February 14, 2004
3000 meter run	James Davenport	9:04.63	9th	February 28, 2004	NYSCTCs @ SLU
	Dave Rappleyea	9:31.31	9th	February 7, 2004	Rochester
	Tom Johnson	9:44.30	11th	January 31, 2004	York
	John Morganti	9:49.68	14th	January 31, 2004	York
	Josh Herod	9:57.08	15th	January 31, 2004	York
	Jim Gashlin	10:33.06	9th	December 6, 2003	Rochester
3000 meter RW					
5000 meter run	James Davenport	15:18.93	41st	February 14, 2004	Boston University
	Tom Johnson	16:23.07	18th	February 27, 2004	NYSCTCs @ SLU
	Josh Herod	16:34.72	15th	February 14, 2004	Cornell
	Dave Rappleyea	17:02.03	3rd	December 6, 2003	Rochester
	John Morganti	17:03.73	7th	February 7, 2004	Rochester

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Event	Name	Time	Place	Date	Meet
55 meter hurdles	Adam Hoppel	8.11	4th	February 21, 2004	SUNYACs @ Hobart
	Justin McElligott	8.56	6th	February 7, 2004	Rochester
	Matt Johnson	9.72	3rd h	February 7, 2004	Rochester
60 meter hurdles	Adam Hoppel	9.02	Pent	January 31, 2004	York
	Justin McElligott	9.25	Pent	January 31, 2004	York
	Matt Johnson	10.58	4th h	January 31, 2004	York
800 meter relay	Mark Laurri Dustin Williamson Jeff Reeson Ryan Kolb	1:35.98	3rd	January 31, 2004	York
800 meter relay	Justin McElligott Ryan Kolb Jason O'Melia Troy Anderson	1:40.09	8th	February 27, 2004	NYSCTCs @ St. Lawrence
1600 meter relay	Justin McElligott Paul Sokolofsky Matt Scheffler Jeremy Clawson	3:41.37	2nd	December 6, 2003	Rochester
1600 meter relay	Jeff Reeson Brandon McCormick Jeremy Clawson Andy Fetzner	3:44.08	5th	January 31, 2004	York
3200 meter relay	Steve Rettke Matt Sikora Ryan Kolb Scott Austin	7:58.45*	7th	March 6, 2004	ECACs @ Bowdoin
3200 meter relay	Steve Rettke Matt Sikora Ryan Kolb Scott Austin	8:12.50	3rd	February 21, 2004	SUNYACs @ Hobart
Distance Medley	Ryan Kolb Matt Sikora Steve Rettke Scott Austin	10:36.28	8th	March 5, 2004	ECACs @ Bowdoin
Distance Medley	Ryan Kolb Matt Sikora Steve Rettke Scott Austin	10:37.17	5th	February 27, 2004	NYSCTCs @ St. Lawrence

* denotes School Record

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Event	Name	Distance	Place	Date	Meet
Long Jump	Adam Hoppel	5.95	17th	February 14, 2004	Cornell
	Jeremy Clawson	5.90	3rd	February 7, 2004	Rochester
	Jason Hanna	5.88	3rd	December 6, 2003	Rochester
	Lucas Barber	5.76	5th	December 6, 2003	Rochester
	Justin McElligott	5.43	6th	December 6, 2004	Rochester
Triple Jump	Dan Hager	11.61	19th	February 14, 2004	Cornell
	Adam Hoppel	11.57	3rd	December 6, 2003	Rochester
High Jump	Adam Hoppel	1.75	Pent	March 5, 2004	ECACs @ Bowdoin
	Justin McElligott	1.46	Pent	February 22, 2004	NYSCTCs @ Hamilton
Pole Vault	Matt Scheffler	4.42	1st	December 6, 2003	Rochester
	Andy Fetzner	4.27	2nd	December 6, 2003	Rochester
Shot Put	Chris Willis	15.23	1st	February 21, 2004	SUNYACs @ Hobart
	Jake Basher	12.44	5th	December 6, 2003	Rochester
	Erik Smith	11.12	14th	January 24, 2004	St. Lawrence
	Adam Hoppel	9.54	Pent	March 5, 2004	ECACs @ Bowdoin
	Justin McElligott	8.92	Pent	February 22, 2004	NYSCTCs @ Hamilton
Weight Throw	Steve Morgan	16.39	3rd	February 27, 2004	NYSCTCs @ SLU
	Jake Basher	15.82	2nd	February 21, 2004	SUNYACs @ Hobart
	Drew Arthur	15.45	3rd	February 21, 2004	SUNYACs @ Hobart
	Chris Willis	12.69	7th	January 24, 2004	St. Lawrence
	Erik Smith	11.79	25th	February 14, 2004	Cornell
Pentathlon	Adam Hoppel	2990 pts	5th	March 5, 2004	ECACs @ Bowdoin
	Justin McElligott	2519 pts	15th	February 22, 2004	NYSCTCs @ Hamilton

* denotes school record