

2004 - 2005 Top Individual Male Performances

Event	Name	Performance	Place	Date	Meet
55 meter dash	Troy Anderson	6.55*	2nd h	February 25, 2005	NYSCTCs @ RIT
	Rob Astalos	6.62	3rd h	February 25, 2005	NYSCTCs @ RIT
	Steve Blanch	7.08	3rd	December 4, 2004	Rochester
	James Neville	7.44	25th	January 22, 2005	St. Lawrence
60 meter dash	Troy Anderson	7.17*	5th	February 12, 2005	Cornell
	Rob Astelos	7.33	15th	February 12, 2005	Cornell
	Ethan Senecal	7.56	35th	February 12, 2005	Cornell
	Dylan Jay	7.90	71st tie	January 29, 2005	Bucknell
200 meter dash	Troy Anderson	23.22	5th	February 19, 2005	SUNYACs @ Hobart
	Rob Astelos	23.60	12th	February 19, 2005	SUNYACs @ Hobart
	Chris Catalano	23.79	8th	January 22, 2005	St. Lawrence
	John Brennan	24.06	38th tie	January 29, 2005	Bucknell
	Steve Blanch	24.18	23rd	February 6, 2005	Syracuse
	Anthony Valente	24.49	27th	February 6, 2005	Syracuse
	Kyle Powers	24.79	62nd	January 29, 2005	Bucknell
	Jeff Reeson	25.31	22nd	January 22, 2005	St. Lawrence
	Dylan Jay	25.68	76th	January 29, 2005	Bucknell
	Justin McElligott	26.38	10th	December 4, 2004	Rochester
	Brandon McCormick	26.73	11th	December 4, 2004	Rochester
	Matt Johnson	28.49	12th	December 4, 2004	Rochester
400 meter dash	Chris Catalano	52.16	7th	February 25, 2005	NYSCTCs @ RIT
	Anthony Valente	52.98	68th	February 12, 2005	Boston University
	Kyle Powers	54.21	16th	February 12, 2005	Cornell
	Jeff Reeson	54.94	8th	January 22, 2005	St. Lawrence
	Jason Hummell	56.36	6th	December 4, 2004	Rochester
	Zac Hill	58.44	9th	December 4, 2004	Rochester
	Dylan Jay	58.61	61st	January 29, 2005	Bucknell
	Brandon McCormick	58.91	10th	December 4, 2004	Rochester
500 meter dash	Chris Catalano	69.22	6th	February 19, 2005	SUNYACs @ Hobart
	Justin McElligott	75.92	25th	February 12, 2005	Cornell
800 meter dash	Ryan Kolb	1:56.74	33rd	February 12, 2005	Boston University
	Steve Rettke	2:00.50	63rd	February 12, 2005	Boston University
	Jason Hummell	2:05.65	30th	January 29, 2005	Bucknell
	Andy Beringer	2:07.57	36th	January 29, 2005	Bucknell
	Chris Trottier	2:08.59	21st	February 6, 2005	Syracuse
	Brent Oakley	2:13.50	24th	February 6, 2005	Syracuse
	Mike Holakowski	2:13.70	39th	February 12, 2005	Cornell
1000 meter run	Ryan Kolb	2:35.55	2nd	January 29, 2005	Bucknell
	Matt Sikora	2:35.71	46th	February 12, 2005	Boston University
	Jason Hummell	2:44.66	13th	January 22, 2005	St. Lawrence
	Chris Trottier	2:52.67	19th	January 22, 2005	St. Lawrence
	Ethan Senecal	2:52.54	5th	March 4, 2005	ECACs @ SLU
	James Kennedy	3:00.72	19th	February 26, 2005	NYSCTCs @ RIT
	Adam Hoppel	3:08.56	28th	January 29, 2005	Bucknell
1500 meter run	Ryan Kolb	4:01.78	5th	March 5, 2005	ECACs @ SLU
	James Davenport	4:15.00	6th	January 22, 2005	St. Lawrence
	Steve Rettke	4:15.01	7th	January 22, 2005	St. Lawrence
	Andy Beringer	4:17.86	11th	January 22, 2005	St. Lawrence
	Dave Rappleyea	4:26.13	15th	January 22, 2005	St. Lawrence
	Mike Holakowski	4:40.95	25th	January 22, 2005	St. Lawrence

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Event	Name	Performance	Place	Date	Meet
1 Mile run	Scott Austin	4:23.20	73rd	February 12, 2005	Boston University
	Ryan Kolb	4:23.81	5th	February 6, 2005	Syracuse
	Andy Beringer	4:37.58	14th	February 6, 2005	Syracuse
	James Davenport	4:44.75	28th	January 29, 2005	Bucknell
	Dave Rappleyea	4:48.41	37th	January 29, 2005	Bucknell
	Matt Roberts	5:15.34	54th	January 29, 2005	Bucknell
3000 meter run	Ryan Kolb	9:01.72	1st	January 22, 2005	St. Lawrence
	James Davenport	9:08.25	11th	February 6, 2005	Syracuse
	Andy Beringer	9:14.98	68th	February 12, 2005	Boston University
	Josh Herod	9:15.18	24th	January 29, 2005	Bucknell
	Dave Rappleyea	9:35.12	21st	February 6, 2005	Syracuse
	Andy Pruckno	9:35.60	21st	February 12, 2005	Cornell
	Tom Johnson	9:54.85	57th	January 29, 2005	Bucknell
	Mike Holakowski	9:57.35	26th	February 6, 2005	Syracuse
5000 meter run	James Davenport	15:07.35	4th	March 4, 2005	ECACs @ SLU
	Josh Herod	15:38.63	7th	February 25, 2005	NYSCTCs @ RIT
	Andy Pruckno	15:58.36	12th	February 25, 2005	NYSCTCs @ RIT
	Andy Beringer	16:06.63	15th	February 25, 2005	NYSCTCs @ RIT
	Tom Johnson	16:52.79	12th	February 6, 2005	Syracuse
	Dave Rappleyea	17:37.02	38th	January 28, 2005	Bucknell
	Matt Roberts	18:23.01	40th	January 28, 2005	Bucknell
55 meter hurdles	Adam Hoppel	8.34	1st	December 4, 2004	Rochester
	Ethan Senecal	8.40	12th	February 25, 2005	NYSCTCs @ RIT
	John Brennan	8.41	4th h	February 19, 2005	SUNYACs @ Hobart
	James Kennedy	8.88	11th	February 20, 2005	NYSCTCs @ Cornell
	Justin McElligott	9.33	4th	December 4, 2004	Rochester
	Matt Johnson	9.88	7th	December 4, 2004	Rochester
	Jared Keller	DNF		December 4, 2004	Rochester
60 meter hurdles	Adam Hoppel	8.85	13th	January 28, 2005	Bucknell
	Justin McElligott	9.39	23rd	January 28, 2005	Bucknell
	Ethan Senecal	9.41	15th	February 6, 2005	Syracuse
	James Kennedy	10.11	22nd	February 6, 2005	Syracuse
	Jared Kennedy	10.86	28th	February 12, 2005	Cornell
800 meter relay	Chris Catalano John Brennan Rob Astalos Troy Anderson	1:33.72*	10th	March 4, 2005	ECACs @ SLU
	Chris Catalano Steve Blanch Rob Astalos Troy Anderson	1:34.45	7th	February 25, 2005	NYSCTCs @ RIT
	Chris Catalano Anthony Valente Jeff Reeson John Brennan	3:28.89	23rd	February 12, 2005	Boston University
	Chris Catalano Anthony Valente Jeff Reeson John Brennan	3:31.39	7th	February 26, 2005	NYSCTCs @ RIT

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Event	Name	Performance	Place	Date	Meet
3200 meter relay	Steve Rettke	7:56.78*	2nd	March 5, 2005	ECACs @ SLU
	Matt Sikora				
	Scott Austin				
	Ryan Kolb				
3200 meter relay	James Davenport	8:09.18	4h	February 26, 2005	NYSCTCs @ RIT
	Steve Rettke				
	Matt Sikora				
	Ryan Kolb				
Distance Medley	Scott Austin	10:21.50*	12th	February 11, 2005	Boston University
	Chris Catalano				
	Matt Sikora				
	Ryan Kolb				
Distance Medley	Matt Sikora	10:33.32	4th	March 4, 2005	ECACs @ SLU
	Chris Catalano				
	Steve Rettke				
	Scott Austin				
Long Jump	John Brennan	6.88	1st	February 25, 2005	NYSCTCs @ RIT
	Steve Blanch	6.74	2nd	February 19, 2005	SUNYACs @ Hobart
	Rob Astelos	6.66	4th	February 25, 2005	NYSCTCs @ RIT
	James Kennedy	6.03	9th	February 20, 2005	NYSCTCs @ Cornell
	Ethan Senecal	5.97	10th	February 20, 2005	NYSCTCs @ Cornell
	Adam Hoppel	5.80	5th	December 4, 2004	Rochester
	Jared Keller	5.00	45th	February 12, 2005	Cornell
Triple Jump	Steve Blanch	13.45	4th	February 26, 2005	NYSCTCs @ RIT
	Rob Astalos	13.20	7th	February 26, 2005	NYSCTCs @ RIT
	Ethan Senecal	12.33	14th	February 19, 2005	SUNYACs @ Hobart
High Jump	James Neville	1.87	8th	February 25, 2005	NYSCTCs @ RIT
	John Brennan	1.85	10th	January 29, 2005	Bucknell
	James Kennedy	1.75	7th tie	February 20, 2005	NYSCTCs @ Cornell
	Ethan Senecal	1.72	10th tie	March 4, 2005	ECACs @ SLU
	Adam Hoppel	1.70	2nd tie	December 4, 2004	Rochester
	Jared Keller	1.70	2nd tie	December 4, 2004	Rochester
Pole Vault	Chris Brhel	4.41	2nd	February 19, 2005	SUNYACs @ Hobart
	Andy Fetzner	4.34	1st	January 22, 2005	St. Lawrence
	Ethan Senecal	3.96	5th	February 19, 2005	SUNYACs @ Hobart
	Craig Nice	3.65	2nd	December 4, 2004	Rochester
	James Kennedy	3.51	11th	February 19, 2005	SUNYACs @ Hobart
Shot Put	Josh Dupuis	16.30*	2nd	March 5, 2005	ECACs @ SLU
	Chris Willis	14.84	4th	February 26, 2005	NYSCTCs @ RIT
	Aaron Ferrari	13.40	8th	February 19, 2005	SUNYACs @ Hobart
	Jake Basher	12.21	8th	January 22, 2005	St. Lawrence
	Erik Smith	11.42	28th	February 12, 2005	Cornell
	James Kennedy	10.67	4th	March 4, 2005	ECACs @ SLU
	Jared Keller	9.80	11th	December 4, 2004	Rochester
	Adam Hoppel	9.72	12th	December 4, 2004	Rochester
	Ethan Senecal	9.54	14th	December 4, 2004	Rochester
Weight Throw	Jake Basher	16.95	2nd	February 25, 2005	NYSCTCs @ RIT
	Chris Willis	14.43	7th	February 25, 2005	NYSCTCs @ RIT
	Aaron Ferrari	13.65	6th	February 19, 2005	SUNYACs @ Hobart
	Erik Smith	12.93	12th	February 12, 2005	Cornell
Pentathlon	Ethan Senecal	3006	8th	March 4, 2005	ECACs @ SLU
	James Kennedy	2895	12th	February 20, 2005	NYSCTCs @ Cornell

* denotes school record