

2005 - 2006 Top Individual Male Performances

Event	Name	Performance	Place	Date	Meet
55 meter dash	Ryan Allen	6.66	1st h	January 28, 2006	St. Lawrence
	John Brennan	6.87	8th	January 21, 2006	RIT
	Pete Lyon	7.05	14th	January 21, 2006	RIT
	Steve Blanch	7.23	20th	January 21, 2006	RIT
60 meter dash	Pete Lyon	7.46	20th	February 4, 2006	Syracuse
	Chris Brhel	7.89	21st	February 4, 2006	Syracuse
200 meter dash	John Brennan	23.23	1st	January 28, 2006	St. Lawrence
	Chris Catalano	24.06	14th	January 28, 2006	St. Lawrence
	Steve Reiss	24.23	17th	January 28, 2006	St. Lawrence
	Josh Faeger	24.35	18th	January 28, 2006	St. Lawrence
	Jeff Suhr	24.42	26th	February 4, 2006	Syracuse
	Pete Lyon	24.72	27th	February 4, 2006	Syracuse
	Tim Moran	24.93	25th	January 28, 2006	St. Lawrence
	James Kennedy	25.68	28th	February 4, 2006	Syracuse
	Joe Hitchcock	26.47	32nd	February 4, 2006	Syracuse
	Justin McElligott	26.66	25th	January 21, 2006	RIT
300 meter dash	Chris Catalano	37.53*	15th	December 3, 2005	Cornell Relays
	Steve Reiss	37.98	22nd	December 3, 2005	Cornell Relays
	Anthony Valente	38.80	35th	December 3, 2005	Cornell Relays
	Jeff Reeson	39.38	43th	December 3, 2005	Cornell Relays
	Justin McElligott	42.36	57th	December 3, 2005	Cornell Relays
400 meter dash	Steve Reiss	50.56*	53rd	February 11, 2006	Boston University
	Chris Catalano	51.44	83rd	February 11, 2006	Boston University
	Josh Faeger	52.52	12th	February 4, 2006	Syracuse
	Anthony Valente	52.99	11th	February 11, 2006	Boston University
	Jeff Suhr	53.78	21st	February 4, 2006	Syracuse
	Jeff Reeson	54.82	25th	February 4, 2006	Syracuse
	James Kennedy	56.78	28th	February 11, 2006	Cornell
	Chris Trottier	56.81	27th	February 4, 2006	Syracuse
500 meter dash	Steve Reiss	1:08.76	3rd	January 21, 2006	RIT
	Josh Faeger	1:09.45	8th	December 3, 2005	Cornell Relays
	Brian Suhr	1:11.35	14th	December 3, 2005	Cornell Relays
	Anthony Valente	1:12.92	13th	January 21, 2006	RIT
	Justin Hale	1:14.40	26th	December 3, 2005	Cornell Relays
	Chris Trottier	1:15.08	20th	January 21, 2006	RIT
800 meter dash	Steve Rettke	1:57.68	71st	February 11, 2006	Boston University
	Mike Keating	1:58.88	87th	February 11, 2006	Boston University
	Matt Sikora	2:00.50	5th	January 28, 2006	St. Lawrence
	Brian Suhr	2:02.01	8th	January 28, 2006	St. Lawrence
	Jason Hummell	2:05.52	13th	January 28, 2006	St. Lawrence
	Justin Hale	2:11.96	14th	February 4, 2006	Syracuse

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Event	Name	Performance	Place	Date	Meet
1000 meter run	Mike Keating	2:33.15	3rd	February 4, 2006	Syracuse
	Matt Sikora	2:37.64	5th	February 18, 2006	SUNYACs @ Hobart
	Steve Rettke	2:38.04	5th	January 21, 2006	RIT
	Brian Suhr	2:41.02	10th	January 21, 2006	RIT
	Jason Hummell	2:45.95	10th	February 4, 2006	Syracuse
	Ethan Senecal	2:56.10		March 3, 2006	ECACs @ Ursinus
	James Kennedy	2:58.19		March 3, 2006	ECACs @ Ursinus
	Doug Teed	3:00.13	19th	January 21, 2006	RIT
	John Brennan	3:00.24	11th	February 19, 2006	NYSCTCs @ Cornell
1 Mile run	Steve Rettke	4:25.65	5th	February 4, 2006	Syracuse
	Mike Keating	4:29.74	2nd	January 28, 2006	St. Lawrence
	Andy Beringer	4:30.07	8th	February 4, 2006	Syracuse
	Dave Rappleyea	4:36.76	9th	February 4, 2006	Syracuse
	Matt Sikora	4:43.02	16th	February 11, 2006	Cornell
	Andy Pruckno	4:54.08	12th	February 4, 2006	Syracuse
	Doug Teed	4:58.53	24th	January 21, 2006	RIT
3000 meter run	Andy Beringer	8:49.63	7th	February 25, 2006	NYSCTCs @ RIT
	Dave Rappleyea	9:19.60	10th	January 21, 2006	RIT
	Doug Teed	9:41.85	17th	February 11, 2006	Cornell
	Ryan Kolb		DNF	January 21, 2006	RIT
5000 meter run	Andy Beringer	15:31.23	68th	February 11, 2006	Boston University
	Dave Rappleyea	16:04.81	6th	January 28, 2006	St. Lawrence
	Andy Pruckno	16:16.04	11th	February 11, 2006	Cornell
	Bryan Kent	16:33.21	16th	February 11, 2006	Cornell
	Dan Blew	16:57.10	20th	February 11, 2006	Cornell
	Doug Teed	17:03.45	11th	January 28, 2006	St. Lawrence
55 meter hurdles	Adam Hoppel	8.22	5th	February 18, 2006	SUNYACs @ Hobart
	John Brennan	8.22	4th	February 18, 2006	SUNYACs @ Hobart
	Ken Ciolek	8.33	3rd h	February 18, 2006	SUNYACs @ Hobart
	Ethan Senecal	8.39		March 3, 2006	ECACs @ Ursinus
	James Kennedy	8.40		March 3, 2006	ECACs @ Ursinus
	Tim Moran	8.45	5th h	February 18, 2006	SUNYACs @ Hobart
	Justin McElligott	9.71	32nd	January 21, 2006	RIT
60 meter hurdles	Adam Hoppel	8.86	3rd h	February 4, 2006	Syracuse
	John Brennan	8.99	12th	December 3, 2005	Cornell Relays
	Ken Ciolek	9.05	2nd h	February 4, 2006	Syracuse
	Ethan Senecal	9.18	16th	February 11, 2006	Cornell
	Tim Moran	9.20	17th	February 11, 2006	Cornell
	James Kennedy	9.46	14th	February 4, 2006	Syracuse
	Justin McElligott	9.53	22nd	December 3, 2005	Cornell Relays
	Brandon Noland	10.25	26th	December 3, 2005	Cornell Relays

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Event	Name	Performance	Place	Date	Meet
800 meter relay	Chris Catalano	1:33.18*	5th	February 24, 2006	NYSCTCs @ RIT
	Josh Faeger				
	Steve Reiss				
	John Brennan				
800 meter relay	Chris Catalano	1:33.80	12th	March 4, 2006	ECACs @ Ursinus
	Josh Faeger				
	Steve Reiss				
	John Brennan				
1600 meter relay	Chris Catalano	3:25.07*	23rd	February 11, 2006	Boston University
	Josh Faeger				
	John Brennan				
	Steve Reiss				
1600 meter relay	Chris Catalano	3:26.42	2nd	February 25, 2006	NYSCTCs @ RIT
	Josh Faeger				
	Steve Reiss				
	John Brennan				
3200 meter relay	Brian Suhr	8:02.83	3rd	March 4, 2006	ECACs @ Ursinus
	Matt Sikora				
	Mike Keating				
	Steve Rettke				
3200 meter relay	Matt Sikora	8:04.69	2nd	February 25, 2006	NYSCTCs @ RIT
	Brian Suhr				
	Steve Rettke				
	Mike Keating				
Distance Medley	Mike Keating	10:27.51	5th	February 24, 2006	NYSCTCs @ RIT
	Josh Faeger				
	Matt Sikora				
	Steve Rettke				
Distance Medley	Mike Keating	10:36.69	10th	February 11, 2006	Boston University
	Anthony Valente				
	Brian Suhr				
	Steve Rettke				
Long Jump	Ryan Allen	7.06	2nd	February 11, 2006	Cornell
	John Brennan	6.87	2nd	February 24, 2006	NYSCTCs @ RIT
	Steve Blanch	6.66	10th	December 3, 2005	Cornell Relays
	Ken Ciolek	6.48	16th	January 28, 2006	St. Lawrence
	Ethan Senecal	6.28	18th	December 3, 2005	Cornell Relays
	James Kennedy	6.09	11th	February 4, 2006	Syracuse
	Tim Moran	5.91	25th	February 11, 2006	Cornell
	Chris Brhel	5.50	15th	February 4, 2006	Syracuse
Triple Jump	Steve Blanch	13.23	8th	December 3, 2005	Cornell Relays
	Tim Moran	12.76	6th	February 18, 2006	SUNYACs @ Hobart
	Ken Ciolek	12.71	5th	February 4, 2006	Syracuse
	Ethan Senecal	12.02	13th	February 11, 2006	Cornell
	John Brennan	10.89	13th	February 18, 2006	SUNYACs @ Hobart
High Jump	John Brennan	1.93	4th	February 18, 2006	SUNYACs @ Hobart
	Ken Ciolek	1.88	tie 2nd	January 21, 2006	RIT
	Joe Hitchcock	1.88	tie 2nd	January 21, 2006	RIT
	James Kennedy	1.83		March 3, 2006	ECACs @ Ursinus
	Steve Blanch	1.78	tie 7th	January 21, 2006	RIT
	Ethan Senecal	1.67	14th	January 28, 2006	St. Lawrence
	James Neville	NH		December 3, 2005	Cornell Relays
	Brandon Noland	NH		December 3, 2005	Cornell Relays

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Event	Name	Performance	Place	Date	Meet
Pole Vault	Chris Brhel	4.56*	2nd	February 18, 2006	SUNYACs @ Hobart
	Ethan Senecal	3.96	6th	February 18, 2006	SUNYACs @ Hobart
	James Kennedy	3.90	tie 8th	February 4, 2006	Syracuse
Shot Put	Josh Dupuis	16.80*	6th	March 11, 2006	NCAAs @ St. Olaf
	Aaron Ferrari	13.33	9th	February 18, 2006	SUNYACs @ Hobart
	James Kennedy	11.87	21st	February 11, 2006	Cornell
	Jake Basher	11.38	12th	January 28, 2006	St. Lawrence
	Greg Parizek	11.21	14th	January 28, 2006	St. Lawrence
	Ethan Senecal	10.24		March 3, 2006	ECACs @ Ursinus
	Ken Ciolek	10.19	31st	January 21, 2006	RIT
	John Brennan	9.44	35th	January 21, 2006	RIT
Weight Throw	Jake Basher	17.24	1st	March 4, 2006	ECACs @ Ursinus
	Dom Gonzalez	15.77	6th	March 4, 2006	ECACs @ Ursinus
	Aaron Ferrari	15.09	7th	March 4, 2006	ECACs @ Ursinus
	Greg Parizek	12.22	16th	February 18, 2006	SUNYACs @ Hobart
Pentathlon	James Kennedy	3234*	4th	March 3, 2006	ECACs @ Ursinus
	Ethan Senecal	3075	5th	March 3, 2006	ECACs @ Ursinus
	John Brennan	3066	4th	February 19, 2006	NYSCTCs @ Cornell
	Ken Ciolek	DNF		February 19, 2006	NYSCTCs @ Cornell

* denotes school record