

2008 - 2009 Top Individual Male Performances

Event	Name	Performance	Place	Date	Meet
55 meter dash	Cevon Carver	6.53*	2	February 28, 2009	SUNYACs
	Jeff Suhr	6.78	14	February 7, 2009	Syracuse
	Matt Haintz	6.80	15	February 28, 2009	SUNYACs
	Khalil Jones	FS		February 7, 2009	Syracuse
60 meter dash	Cevon Carver	7.28	8	January 31, 2009	Colgate
	Jeff Suhr	7.35	15	January 31, 2009	Colgate
	Khalil Jones	7.45	21	January 31, 2009	Colgate
	Matt Haintz	7.46	22	January 31, 2009	Colgate
	Kevin Stephan	7.47	24	February 14, 2009	Cornell
	Brandon Lindsay	7.52	27	January 31, 2009	Colgate
	Dylan Jay	7.54	42	December 6, 2008	Cornell
200 meter dash	Jeff Suhr	22.83	21	February 21, 2009	Kent State
	Cevon Carver	23.10	6	February 28, 2009	SUNYACs
	Steve Reiss	23.14	82	February 14, 2009	Boston Univ.
	Khalil Jones	23.71	16	February 28, 2009	SUNYACs
	Matt Haintz	23.81	18	February 28, 2009	SUNYACs
	Zach Hine	23.93	27	January 31, 2009	Colgate
	Eric Hine	23.94	28	January 31, 2009	Colgate
	Tim Parsons	24.46	36	February 7, 2009	Syracuse
	Dylan Jay	24.72	41	February 7, 2009	Syracuse
Kevin Stephan	24.77	48	January 24, 2009	St. Lawrence	
300 meter dash	Steve Reiss	36.44*	16	December 6, 2008	Cornell
	Jeff Suhr	37.71	37	December 6, 2008	Cornell
	Dylan Jay	38.79	53	December 6, 2008	Cornell
400 meter dash	Steve Reiss	49.82	35	February 14, 2009	Boston Univ.
	Eric Hine	50.97	72	February 14, 2009	Boston Univ.
	Rusty Landon	51.74	107	February 14, 2009	Boston Univ.
	Zack Hine	51.94	51	February 21, 2009	Kent State
	Cameron Johnson	52.82	133	February 14, 2009	Boston Univ.
	Ben Pierce	52.96	18	February 28, 2009	SUNYACs
	Dan Wilcox	53.92	24	February 7, 2009	Syracuse
	Tim Parsons	53.98	25	January 24, 2009	St. Lawrence
	Jeromy Wurthman	54.41	23	February 14, 2009	Cornell
	Sam Craven	54.59	19	January 24, 2009	St. Lawrence
500 meter dash	Sam Craven	1:08.45	14	February 7, 2009	Syracuse
	Dan Wilcox	1:09.94	11	February 14, 2009	Cornell

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Event	Name	Performance	Place	Date	Meet
800 meter dash	Sam Craven	1:58.38	6	February 28, 2009	SUNYACs
	Dan Wilcox	2:03.73	45	February 21, 2009	Kent State
	Michael Vrabel	2:07.59	41	February 7, 2009	Syracuse
	Cameron Johnson	2:08.46	19	January 24, 2009	St. Lawrence
1000 meter run	Doug Teed	2:51.59	13	January 24, 2009	St. Lawrence
	Brandon Lindsay	2:58.49		March 6, 2009	ECACs @ Tufts
	Cevon Carver	3:16.88		February 13, 2009	Cornell Multi
1 Mile run	Matt Avery	4:36.62	27	February 7, 2009	Syracuse
	Michael Vrabel	4:38.68	38	February 21, 2009	Kent State
	Ryan Gilmore	4:41.61	43	February 21, 2009	Kent State
	Doug Teed	4:45.39	14	January 24, 2009	St. Lawrence
	Greg Selke	4:46.88	50	February 7, 2009	Syracuse
	Geoff Hurley	4:49.81	52	February 7, 2009	Syracuse
	Chris Stewart	5:15.32	31	January 24, 2009	St. Lawrence
3000 meter run	Doug Teed	9:04.15	19	February 21, 2009	Cornell
	Matt Avery	9:10.49	26	January 31, 2009	Colgate
	Greg Selke	9:31.46	40	January 31, 2009	Colgate
	Jarrett Parks	9:49.11	45	February 7, 2009	Syracuse
5000 meter run	Matt Avery	15:32.33	21	February 21, 2009	Kent State
	Greg Selke	16:22.33	9	February 14, 2009	Cornell
	Doug Teed	16:13.21	82	February 14, 2009	Boston Univ.
	Geoff Hurley	17:26.11	27	February 14, 2009	Cornell
	Jarrett Parks	17:34.21	31	February 14, 2009	Cornell
	Ryan Gilmore	DNF		December 6, 2008	Cornell
55 meter hurdles	Cevon Carver	7.93	2	February 28, 2009	SUNYACs
	Brandon Lindsay	8.19	5	January 24, 2009	St. Lawrence
60 meter hurdles	Cevon Carver	8.67		February 13, 2009	Cornell Multi
	Brandon Lindsay	8.68		February 13, 2009	Cornell Multi

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Event	Name	Performance	Place	Date	Meet
800 meter relay	Jeff Suhr Rusty Landon Eric Hine Steve Reiss	1:32.55	10	March 6, 2009	ECACs @ Tufts
800 meter relay	Kevin Stephan Brandon Lindsay Jeff Suhr Cevon Carver	1:33.83	2	January 24, 2009	St. Lawrence
1600 meter relay	Jeff Suhr Eric Hine Rusty Landon Steve Reiss	3:23.66*	27	February 14, 2009	Boston Univ.
1600 meter relay	Jeff Suhr Eric Hine Rusty Landon Steve Reiss	3:23.95	5	March 7, 2009	ECACs
3200 meter relay	Ryan Gilmore Michael Vrabel Jarrett Parks Greg Selke	9:06.07	7	February 14, 2009	Cornell
3200 meter relay					
Distance Medley	Ryan Gilmore Cameron Johnson Sam Craven Michael Vrabel	11:02.86	6	February 28, 2009	SUNYACs
Distance Medley	Michael Vrabel Ben Pierce Sam Craven Matt Avery	11:19.65	4	January 24, 2009	St. Lawrence
Long Jump	Cevon Carver	7.00	1	February 28, 2009	SUNYACs
	Brandon Lindsay	6.56		February 13, 2009	Cornell Multi
	Dylan Jay	5.79	25	February 7, 2009	Syracuse
	Joe Hitchcock	5.21	18	January 24, 2009	St. Lawrence
Triple Jump	Brandon Lindsay	13.24	10	December 6, 2008	Cornell
	Cevon Carver	12.34	13	February 28, 2009	SUNYACs

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Event	Name	Performance	Place	Date	Meet
High Jump	Joe Hitchcock	1.93	1	January 31, 2009	Colgate
	Cevon Carver	1.87	3	January 24, 2009	St. Lawrence
	Brandon Lindsay	1.77	9	January 24, 2009	St. Lawrence
Pole Vault	Nick Mienev	4.20	16	December 6, 2008	Cornell
	Adam Girdner	4.08	8	February 28, 2009	SUNYACs
	Kevin Tylock	4.08	9	February 28, 2009	SUNYACs
	Zach Hine	3.78	5t	January 24, 2009	St. Lawrence
	Eric Hine	3.78	5t	January 24, 2009	St. Lawrence
	David Beauchamp	NH		December 6, 2008	Cornell
Shot Put	Ray Lund	13.97	4	February 28, 2009	SUNYACs
	Zach Williamson	13.73	3t	January 24, 2009	St. Lawrence
	Matt Hand	11.84	17	January 31, 2009	Colgate
	Cevon Carver	10.31		February 13, 2009	Cornell Multi
	Dom Gonzalez	9.99	28	February 14, 2009	Cornell
	Brandon Lindsay	9.97		March 6, 2009	ECACs @ Tufts
Weight Throw	Ray Lund	17.88	1	February 14, 2009	Cornell
	Dom Gonzalez	16.77	2	February 28, 2009	SUNYACs
	Matt Hand	16.69	10	February 21, 2009	Kent State
	Greg Parizek	13.81	6	January 31, 2009	Colgate
Pentathlon	Brandon Lindsay	3193	4	February 13, 2009	Cornell Multi
	Cevon Carver	3130	6	February 13, 2009	Cornell Multi

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