

2008 - 2009 Top Individual Female Performances					
Event	Name	Performance	Place	Date	Meet
55 meter dash	Melissa Scorse	<b>7.17*</b>	1	March 7, 2009	ECACs
	Nicole Sosnoski	7.62	3h	February 28, 2009	SUNYACs
	Jenny Ruhlman	7.75	6	January 24, 2009	St. Lawrence
60 meter dash	Melissa Scorse	<b>7.82*</b>	2	January 31, 2009	Colgate
	Nicole Sosnoski	8.34	3 h	February 14, 2009	Cornell
	Lauren Campanella	8.85	22	January 31, 2009	Colgate
200 meter dash	Melissa Scorse	<b>25.94*</b>	7	February 21, 2009	Kent State
	Randi DeBoy	26.49	14	February 21, 2009	Kent State
	Kaitlin Breed	27.15	88	February 13, 2009	Boston Univ.
	Shannon O'Keeffe	27.52	2	January 24, 2009	St. Lawrence
	Nicole Sosnoski	27.54	11	January 31, 2009	Colgate
	Britney Falcon	28.19	18	January 31, 2009	Colgate
	Jenny Ruhlman	28.31	9	January 24, 2009	St. Lawrence
	Ashley Redino	29.93	24	January 24, 2009	St. Lawrence
300 meter dash	Randi DeBoy	42.99	7	December 6, 2008	Cornell
	Britney Falcon	45.86	28	December 6, 2008	Cornell
	Ashley Mrozek	46.56	35	December 6, 2008	Cornell
	Jordan Lane	49.03	45	December 6, 2008	Cornell
400 meter dash	Randi DeBoy	58.96	20	February 13, 2009	Boston Univ.
	Amanda Elias	60.17	1	January 24, 2009	St. Lawrence
	Kaitlin Breed	60.76	60	February 13, 2009	Boston Univ.
	Christine Reamer	64.31	14	February 28, 2009	SUNYACs
	Laura Finke	69.09	27	February 7, 2009	Syracuse
500 meter dash	Amanda Elias	<b>1:19.76*</b>	6	December 6, 2008	Cornell
	Christine Reamer	1:25.14	13	February 7, 2009	Syracuse
	Stephanie Van Deven	1:28.45	22	December 6, 2008	Cornell

\* denotes school record

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800 meter dash	Amanda Elias	<b>2:16.80*</b>	3	March 7, 2009	ECACs
	Melissa Wassink	2:23.29	10	February 21, 2009	Kent State
	Brittany Streeter	2:30.47	26	February 7, 2009	Syracuse
	Stephanie Van Deven	2:31.00	28	February 21, 2009	Kent State
	Katy Kohls	2:32.77	5	January 24, 2009	St. Lawrence
	Ashley Mrozek	2:32.78	32	February 21, 2009	Kent State
	Christine Reamer	2:40.34	19	January 31, 2009	Colgate
	Laura Finke	2:41.57	21	February 14, 2009	Cornell
	Liz Jones	2:43.69	56	February 7, 2009	Syracuse
Jordan Lane	2:57.35	11	February 13, 2009	Cornell Multi	
1000 meter run	Stephanie Van Deven	3:27.59	8	January 24, 2009	St. Lawrence
1 Mile run	Brittany Streeter	5:16.94	4	February 28, 2009	SUNYACs
	Melissa Wassink	5:20.54	61	February 13, 2009	Boston Univ.
	Katy Kohls	5:25.79	72	February 13, 2009	Boston Univ.
	Katie Filozof	5:37.44	35	February 21, 2009	Kent State
	Roxanne Smith	5:46.64	16	January 24, 2009	St. Lawrence
	Liz Jones	6:10.10	27	January 31, 2009	Colgate
3000 meter run	Brittany Streeter	10:19.37	2	March 7, 2009	ECACs
	Caitlin McAneney	11:02.07	21	January 31, 2009	Colgate
	Katy Kohls	11:12.90	18	February 21, 2009	Kent State
	Katie Filozof	11:16.91	11	February 28, 2009	SUNYACs
	Jen Fasciano	11:24.06	33	January 31, 2009	Colgate
	Roxanne Smith	11:42.61	41	January 31, 2009	Colgate
	Liz Jones	DNF		December 6, 2008	Cornell
5000 meter run	Caitlin McAneney	18:42.67	45	February 13, 2009	Boston Univ.
	Jen Fasciano	19:25.27	21	February 21, 2009	Kent State
	Brittany Streeter	19:44.76	8	December 6, 2008	Cornell
	Katie Filozof	20:06.72	9	February 14, 2009	Cornell
55 meter hurdles	Shannon O'Keeffe	8.71	3	February 28, 2009	SUNYACs
	Ashley Redino	9.32	11	February 28, 2009	SUNYACs
	Brittany Dodd	9.61	19	February 7, 2009	Syracuse
	Jordan Lane	9.61	14	February 28, 2009	SUNYACs
	Ashley Mrozek	10.10	19	February 28, 2009	SUNYACs
60 meter hurdles	Shannon O'Keeffe	9.53	20	February 21, 2009	Kent State
	Brittany Dodd	10.06	3 h	February 14, 2009	Cornell
	Ashley Redino	10.25	43	February 21, 2009	Kent State
	Jordan Lane	10.32	44	February 21, 2009	Kent State
	Ashley Mrozek	10.76	15	February 13, 2009	Cornell Multi

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Event	Name	Performance	Place	Date	Meet
800 meter relay	Randi DeBoy Nicole Sosnoski Melissa Scorse Jenny Ruhlman	1:49.54	1	January 24, 2009	St. Lawrence
800 meter relay	Ashley Redino Jordan Lane Lauren Campanella Britney Falcon	1:57.21	7	January 24, 2009	St. Lawrence
1600 meter relay	Randi DeBoy Kaitlin Breed Shannon O'Keeffe Amanda Elias	<b>3:59.41*</b>	5	March 7, 2009	ECACs
1600 meter relay	Kaitlin Breed Shannon O'Keeffe Randi DeBoy Amanda Elias	4:01.15	5	February 21, 2009	Kent State
3200 meter relay	Stephanie Van Deven Katie Filozof Laura Finke Roxanne Smith	10:28.02	4	February 14, 2009	Cornell
3200 meter relay					
Distance Medley	Melissa Wassink Randi DeBoy Amanda Elias Brittany Streeter	<b>12:12.33*</b>	6	March 6, 2009	ECACs @ Tufts
Distance Medley	Melissa Wassink Randi DeBoy Amanda Elias Brittany Streeter	12:29.06	20	February 14, 2009	Boston Univ.
Long Jump	Shannon O'Keeffe	5.28	3	February 14, 2009	Cornell
	Nicole Sosnoski	5.20	8	February 21, 2009	Kent State
	Lauren Campanella	5.09	5	February 28, 2009	SUNYACs
	Britney Falcon	5.03	4t	January 24, 2009	St. Lawrence
	Ashley Mrozek	4.72	21	February 7, 2009	Syracuse
	Jordan Lane	4.63	24	February 7, 2009	Syracuse
Triple Jump	Shannon O'Keeffe	<b>11.84*</b>	3	March 6, 2009	ECACs @ Tufts
	Britney Falcon	10.92	6	February 21, 2009	Kent State
	Nicole Sosnoski	10.26	9	February 28, 2009	SUNYACs
	Lauren Campanella	10.19	11	February 7, 2009	Syracuse
	Jordan Lane	10.04	14	February 7, 2009	Syracuse

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Event	Name	Performance	Place	Date	Meet
High Jump	Ashley Mrozek	1.42	14t	February 7, 2009	Syracuse
	Jordan Lane	1.42	14t	February 7, 2009	Syracuse
Pole Vault	Becky Fabbiano	3.15	3	February 28, 2009	SUNYACs
	Lauren Campanella	2.95		February 21, 2009	Kent State
	Ashley Redino	2.90	9t	February 7, 2009	Syracuse
Shot Put	Stacey Gibbins	11.10	26	February 21, 2009	Kent State
	Bridget Mayne	11.08	3	December 6, 2008	Cornell
	Stephanie Powell	10.19	33	February 21, 2009	Kent State
	Maggie Needham	9.94	16	February 14, 2009	Cornell
	Morgan Sullivan	9.66	21	December 6, 2008	Cornell
	Hannah Cushman	9.67	12	February 28, 2009	SUNYACs
	Ashley Mrozek	7.62		February 13, 2009	Cornell Multi
	Jordan Lane	7.35		February 13, 2009	Cornell Multi
Weight Throw	Bridget Mayne	15.59	2	February 28, 2009	SUNYACs
	Stacey Gibbins	13.69	3	February 7, 2009	Syracuse
	Stephanie Powell	13.71	5	February 28, 2009	SUNYACs
	Hannah Cushman	12.77	6	December 6, 2008	Cornell
	Morgan Sullivan	12.61	8	December 6, 2008	Cornell
	Maggie Needham	9.20	27	January 31, 2009	Colgate
Pentathlon	Ashley Mrozek	2490	11	February 13, 2009	Cornell Multi
	Jordan Lane	2333	13	February 13, 2009	Cornell Multi

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