



PERSONAL ENHANCEMENT SIGN IN SHEET

TEAM: _____

DATE: _____

EVENT: _____

PLAYER(S) NAMES:

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

SAAC Rep signature: _____

Event Sponsor signature: _____

Examples of Personal Enhancement:

- Attending a Resume Writing Seminar or other lecture
- Personal volunteer work not through the team
- Empire State Games for the Physically Challenged
- Make a Difference Day
- Giving Blood
- Volunteer Coaching/Officiating
- Defensive Driving Class
- Hoops for Heart
- Relay for Life
- CPR Training