



SUPPORT GROUP FOR WOMEN WHO HAVE EXPERIENCED SEXUAL ASSAULT.

This 10-week group is designed to provide an educational and supportive environment for group participants to discuss the impact of rape and sexual assault. The group will identify common reactions to sexual violence and exchange strategies for self-care, empowerment, and moving forward with hope. Through discussion and exercises, members are encouraged to share their experiences.

TOPICS INCLUDE:

- Safety
- Shame/guilt/anger
- Trust
- Intimacy
- Power
- Esteem

A pre-group meeting is required. For more information contact Diana Fox at the Counseling Center (585) 395-2207 or dfox@brockport.edu.

Tuesdays, 5:45 – 7:45 pm
10 weeks, September 22 – November 24, 2009



The College at
BROCKPORT
STATE UNIVERSITY OF NEW YORK