



The College at
BROCKPORT
STATE UNIVERSITY OF NEW YORK

Biennial Review 2008

**Office of the Vice President for Enrollment Management and Student Affairs
Office of Health Promotion and Prevention Services
2008 Biennial Review**

Introduction

Part 86, the Drug-Free Schools and Campuses Regulations, requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, an Institution of Higher Education (IHE) must certify that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

In order to certify its compliance with the regulations, an IHE must adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities. Creating a program that complies with the regulations requires an IHE to do the following:

1. Prepare a written policy on alcohol and other drugs.
2. Develop a sound method for distribution of the policy to every student and IHE staff member each year.
3. Prepare a biennial review report on the effectiveness of its alcohol and other drug (AOD) programs and the consistency of policy enforcement.
4. Maintain its biennial review report on file, so that, if requested to do so by the U.S. Department of Education, the campus can submit it.

Historical Overview of the College's Alcohol Program

The College at Brockport adopted the environmental management approach to reduce binge drinking in the academic year 2000-2001. This alcohol prevention program included an a) alcohol task force b) President's Commission on Alcohol c) annual assessment of alcohol and alcohol related behaviors through the CORE survey, alcohol screenings, substance abuse screenings at the counseling center and policy violations d) revision of the alcohol policy along with consistent enforcement e) developed alcohol workshops for policy violations f) increased outreach & cognitive behavioral educational efforts to first-year and high risk groups such as first-years, athletes and Greeks g) continued a safe rides program h) good neighbor committee to communicate efforts to reduce the impact of alcohol in the Brockport community i) comprehensive social norms campaign from 2001 - 2004 along with the 21st Birthday card j) peer education SSTEP k) Web based e-CHUG and l) active participation in a regional college alcohol consortium. The prevention initiatives were funded by grants from NYS Office of Alcohol and Substance Abuse (OASAS) and State University of New York Central Administration during the academic years 2004-2005 and 2006-2007.

Prevention staff included an Alcohol Counselor (.75 counseling and .25 outreach initiatives) and a Health Promotion Coordinator (.25 alcohol prevention and .75 general health/wellness program) and a part-time graduate assistant. Prevention staff members were trained on coalition building and strategic planning for AOD prevention by the US Dept. of Education's Higher Education Center for Alcohol and other Drug Abuse and Violence Prevention. At that time there was an active HEC community coalition

with local high school and Monroe County Sheriff's dept. AOD counselor, health center and health promotion staff trained in Brief Alcohol Screening and Intervention for College Students (BASICS) by George Parks (University of Washington). The College at Brockport is an active member in the Higher Education Center on Alcohol and Drugs Network program and a representative attends the annual meeting.

Historical Assessment of Alcohol Program:

- a) CORE alcohol and other drug survey administered yearly from 1999-2005.
- b) ACHA administered 2006.
- c) AUDIT: individual alcohol screenings were done campus-wide every semester targeting freshmen, athletes and Greeks.
- d) Program evaluations: APS presentations, residence hall programs, alcohol workshops and all alcohol and other drug related programs.

Results from implementation of the environmental management approach to alcohol prevention which included a comprehensive universal/selected social norms campaign:

- a) 12.1% reduction in binge drinking over a two year period (from 2001-2003).
- b) Up to a 5% reduction in report of serious negative consequences from drinking (2001 - 2004)
- c) Reduction in property damage in the residence halls reported by Residential Life & Learning Communities
- d) Increased referrals to the counseling center for alcohol assessments from residence life, local courts, faculty and staff and coaches.

Alcohol and Other Drug Prevention at The College at Brockport Fall 2006 – Spring 2008

The Alcohol and Other Drug Prevention program is housed in the Office of Health Promotion and Prevention Services, Student Health Services. The efforts of the Health Promotion and Prevention Services staff are guided and supported by recommendations from the Alcohol Task Force, consisting of members from across campus departments and local community officials and best practices in the field of college alcohol prevention and college health. For the academic year 2007-2008 the members of the Alcohol Task Force are:

Joshua Fegley , Chair Health Promotion Coordinator Student Health Services	Karen Logsdon , Chair Assistant to the Vice President for Student Affairs and Enrollment Management	Robert Kehoe Chief of University Police University Police	Jeremy Babcock Student Conduct Coordinator Residential Life/Learning Communities
Scott Sigel Alcohol & Drug Counselor Counseling Center	Jennifer Heim Assistant Health Promotion Coordinator Student Health Center	Susan Hoffman Associate Athletic Director Athletics	Tammara Wiley Assistant Director Campus Life
Andrea Newman First Year Experience Coordinator Student Retention	Robert Pauly Coordinator, Intramural & Club Sports Recreational Services	Desirae Rengert Student Representative Greek Life	Christopher Dailey Student Representative Brockport Student Government
Dominic Gonzalez Student Representative Athletics			

The Alcohol Task Force meets monthly to discuss current alcohol and drug related trends on campus, in the local community, and nationally. The Alcohol Task Force makes policy recommendations to the college as well as recommendations to the College's Alcohol Prevention Program. Members of the task force coordinate data collection and analyses, prevention efforts such as Awareness Week and work collaboratively to provide education and training to faculty, staff, and students on alcohol and other drugs..

The current Alcohol and Drug Policies mirror state laws that prohibit the use of alcohol by individuals under the age of 21 and prohibit the use of illegal substance. The College at Brockport's smoking policy prohibits smoking inside and within 25 feet of all buildings. The College's Alcohol Policy can be found on the Student Policy Web page at www.brockport.edu/policies/ and at www.brockport.edu/reslife/Forms/AlcoholPolicy.pdf. This policy applies to students living in on-campus residence halls and student townhomes. Alcohol and Drug Policy information is distributed through the following venues:

- College at Brockport Student Policy Web page www.brockport.edu/policies/
- Student Handbook/Planner distributed to all new students (first-year and transfer students)
- Code of Student Social Conduct found on the Student Policy Web page
- Academic Policy on the Use of alcohol or drugs in the classroom found on the Student Policy Web page
- Residence Hall Opening of School Mandatory Meetings
- Academic Planning Seminar and Peer Education programming
- Human Resources website (Employee Policy) and copy of this policy is mailed to faculty and staff <http://www.brockport.edu/hr/procedures/documents/alcoholdrugpolicy.doc>
- Educational workshops for first time policy offenders
- Summer Orientation Sessions discussed in student presentations and available at the Information Fair (Student Conduct Coordinator and Health Promotion Coordinator)

Current Alcohol and Other Drug Assessments indicate that student alcohol and other drug use is consistent with national trends and other campuses in the Western New York area. The following statistics from the Spring 2007 *National College Health Assessment* provide a "snapshot" of alcohol use and the impact it has on student life at The College at Brockport.

- 7.9% of students surveyed reported alcohol having a negative impact on their academics.
- 58.9% of students surveyed reported using alcohol within the last 9 days.
- 26.2% of students drank more than 6 drinks last time they "partied" or socialized. 50.9% of males and 16.3% of females fall into this category.
- 28% of students surveyed usually or always avoid drinking games.
- 18.2% of males surveyed reported being involved in a fight due to their alcohol use
- The following consequences of drinking were reported by students:
 - Doing something they later regretted (31%)
 - Forgetting where they were or what they had done (29.9%)
 - Having unprotected sex (19.5%)
 - Being physically injured (17.4%)

The main concerns from this survey are the high numbers of students participating in binge drinking episodes and the negative physical, mental and academic outcomes of their use.

Spring 2008 *Alcohol Use Disorders Identification Test* (AUDIT) results (n=598), implemented in all residence halls and in the Seymour College Union, provide additional insight into the alcohol use trends at The College at Brockport.

- 32.7% of males and 10.8% of females binge drink on a weekly basis (4+ drinks for females, 5+ drinks for males).
- 23% of male students drink 10 or more drinks on a typical day when drinking.
- 27.6% of students reported a family history (immediate family member) of alcoholism or problem drinking behaviors.
- 14.6% of males and 5% of females self-reported driving after they had too much to drink.

A two-year comprehensive awareness effort (2005- 2007) presentations, posters, peer education programs, etc. were implemented to increase students knowledge and skills of what to do in cases of suspected **alcohol poisoning**. Students are encouraged to notify RA, RD and/or UP and are strongly advised not to take any chances with the health and safety of their peers. Subsequently, **Alcohol-related emergency room transports and visits** have increased over the past few years from 5 ER visits in fall 2005 to 14 in fall 2006 and 23 in fall 2007, resulting in a 77.3% increase in two-year period. Residential students are mandated through the Student Conduct System to meet with the Alcohol Counselor for an evaluation and ongoing sessions as prescribed by the Counseling Center. Parents of students under 21 were notified

Targeted interventions as a result of this increase in alcohol-related ER visits: 1) Alcohol screening at all freshmen halls 07-08 with follow up appointments at HPPS since the students were primarily freshmen 2) Alcohol Intervention implemented with one student that had a repeat alcohol-related ER visit fall 07. Otherwise, recidivism rate was low (.05%) for repeated alcohol-related visits to the Emergency Room. 3) Targeted alcohol prevention presentations in APS classes and freshmen residence halls.

NOTE: Current prevention and education used to address the increased trend of alcohol-related visits are contained in *Experience in Effective Prevention: The U.S. Department of Education's Alcohol and Other Drug Prevention Models on College Campuses Grants (2007)*. The College at Brockport's prevention and education efforts are listed in Appendix I of this publication.

Summary of Alcohol and Drug Prevention (Fall 2006-Spring 2008) program:

- There is a **growing** campus-wide, broad-based and multi-disciplinary awareness, support and involvement in education and prevention efforts as pertaining to alcohol and other drugs.
- The number of evening residence hall programs, facilitated by peer educators and Health Promotion and Prevention Services staff increased during the 2007-2008 academic year.
- The number of **AUDIT Alcohol Screenings** and **brief interventions** completed in the Spring 2008 semester doubled from past semesters, from approximately 300 to 598. The brief

intervention sessions (one-on-one with students) were facilitated in the residence halls allowing for greater privacy than the dining halls from previous year. Students that scored an 18 or higher were referred to the Alcohol Counselor in the Counseling Center. Approximately 40 students followed up at the Health Promotion & Prevention Services office with concerns for family and friends and

- Efforts targeted at reaching **at-risk populations**, including members of Greek organizations, Club Sports participants, student athletes, and first-year students increased during the 2007-2008 academic year.
- **Community partnerships** have enabled us to link our alcohol and other drug prevention and education efforts to efforts in closely related topics, including sexual assault prevention and violence prevention. The active participation of Joshua Fegley, Health Promotion Coordinator, and Karen Logsdon, Assistant to the Vice President for Enrollment Management and Student Affairs, on the **Finger Lakes Collegiate Task Force on Alcohol and Other Drugs** has developed access to materials and resources at the local, state, and national levels.
- Joshua Fegley, Health Promotion Coordinator, was part of a grant writing team that was awarded the **2008 College Community Coalition Grant**, sponsored by The New York State Office of Alcoholism and Substance Abuse Services. This grant was used to fund trainings on Brief Alcohol Screenings and Interventions for College Students (BASICS) and Social Norms Theory, as well as to purchase educational materials for 13 local colleges and 2 community agencies. Speakers were G. Parks (national expert on BASICS) and Wes Perkins (national expert on social norms). Four professional staff members and 3 student interns participated in both sessions.
- **Late Night with Ellsworth** programming events were implemented during the Spring 2008 semester as an alternative to alcohol and drug use during the hours of 10 pm and 2 am on Friday or Saturday evenings. Six events were sponsored by a student grant initiative to encourage students in the planning, implementing and evaluating of this new program. Approximately 600 students participated and evaluated the program as worthwhile and would refer program to a friend.

Alcohol and Drug Prevention Areas for Improvements and Action

- Implement the **CONNECT: Alcohol, Drug, and Violence Prevention and Education Program**, as presented by Joshua Fegley, Health Promotion Coordinator, at the May Alcohol Task Force meeting. The mission of the program is as follows:

The CONNECT Alcohol and Other Drug Prevention and Education Program utilizes a social ecological approach to preventing high risk drinking drug abuse within The College at Brockport community. Targeted outreach and evidence-based prevention approaches will be used to:

- Create a social, academic, and residential experience that supports health-promoting norms
- Develop, implement, and assess health protection strategies to guard students from short-term consequences of alcohol and drug use
- Intervene, treat, and provide referrals to students with alcohol and drug use problems

The CONNECT Alcohol and Other Drug Prevention and Education Program is modeled using the National Institute of Alcoholism and Alcohol Abuse's (NIAAA) "3 in 1 Framework" and provides interventions at the following levels:

- **Individuals**, including at-risk or alcohol dependent drinkers
- **Student population** as a whole and sub-populations
- **College and surrounding community**

The CONNECT program will be managed through the Health Promotion and Prevention Services Office and will be guided by The College at Brockport, Alcohol Task Force.

The complete CONNECT program proposal can be found in Appendix II.

- A more comprehensive and ecological approach will be implemented during the Fall 2008 semester to target students who have been **sanctioned for alcohol and marijuana use/possession**. The new approach will include personalized feedback on alcohol/marijuana use, cognitive-behavioral skills training, a one-on-one meeting with a health educator, and an environmental component (workshops will be on Saturday mornings).
- Provide separate **workshops for alcohol violators and marijuana violators** to better address the needs of the two groups.
- Implement a **"Party Smart" campaign** that focuses education and prevention efforts on off-campus students and students living on-campus in the student townhomes. Components of this program will include Fundamentals of Intoxication Recognition (FAIR) Training presented by the Monroe County Sheriffs Office, a social norming campaign, and marketing/education on alcohol poisoning, social host laws, responsible party planning tips, and harm reduction methods.
- Continue to sponsor **Late Night with Ellsworth programming** and seek divisional or grant funding to expand the program.
- Develop a more structured **tobacco cessation program** in conjunction with The Greater Rochester Area Tobacco Cessation Center (GRATCC). Components of the program will included a one-on-one and group sessions with a health educator, stress management skill building, and nicotine replacement gum or patches for students who qualify.
- Continually assess all aspects of the CONNECT program and prepare materials to apply for the 2010 *Department of Education Experiences in Effective Prevention Grant Competition*. The following assessments will be used to validate the effectiveness of our prevention efforts:

- **CORE Alcohol and Other Drug Survey** - administered Spring 2008 and Spring 2010, funded by NYS OASAS
 - **American College Health Assessment (ACHA)** – administered in Spring 2007 and Spring 2009, funding to be determined
 - **AUDIT Alcohol Screenings** – administered each November and February/March in each residence hall and student union
AUDIT tool being redeveloped for Fall 2008 to include questions on problem gambling and tobacco use
 - **Program Evaluations** – APS courses, residence hall programs, alcohol and marijuana workshops, etc.
 - **E-Chug/E-Toke Assessments** – required of all Level I Alcohol and/or Substance Abuse policy violators (beginning Fall 2008)
 - **Other Data** – alcohol related hospital visits, alcohol and prohibited substance policy violations, student conduct reports, etc.
- Redevelop the current structure of the Alcohol Task Force to include a small working group of stakeholders who meet more frequently and report progress to the larger group for feedback. Also, the Task Force will propose to administration adding other drugs/substances to its mission and title academic year 2008-2009.

Attachments

Appendix I – College at Brockport Alcohol and Other Drug Prevention and Education Activities

Appendix II – CONNECT: Alcohol, Drug, and Violence Prevention and Education Program

Appendix III- Drug-Free Schools and Communities Act Policy

For questions or concerns about the Biennial Review please contact the Office of the Vice President for Enrollment Management and Student Affairs at 585.395.2137.

**The College at Brockport
Biennial Review – June 2008
Appendix I**

**The College at Brockport Alcohol and Drug Prevention, Education, and Intervention
Activities/Program
Fall 2007 and Spring 2008**

Prevention, Education, and Intervention Activities/Programs	
“Late Night with Ellsworth” Programming	Six “Late Night with Ellsworth” events were sponsored during the Spring 2008 semester. Each event was designed to provide an alcohol and drug-free alternative for students on Friday and Saturday nights between the hours of 10 pm and 2 am. Approximately 600 students attended the programs.
New Greek Member Orientation	New members of Greek organizations received training on the following topics: bystander education and intervention, hazing and team-building, alcohol and other drugs, The College at Brockport Greek Relationship Statement, and time-management.
“Sound Off Theater”	All incoming freshmen are presented with a number of vignettes on topics including alcoholism, drug use, sexual assault, and depression/suicide. Discussions follow each vignette and students are presented with campus resources that pertain to each issue.
Student Leader Trainings	Health Promotion and Prevention Services staff presented to the Orientation Student Advisors, Welcome Weekend Assistants, athletic teams, Leadership Academy participants, and Resident Assistants on topics including alcohol and other drugs. These trainings took place prior to the beginning of each semester and throughout the semester at conferences and staff meetings.
Evening Residence Hall Program	Students Striving to Educate Peers (SSTEP) and Health Promotion and Prevention Staff presented over 50 alcohol and other drug related evening programs in the residence halls and students townhomes during the 2007-2008 academic year.
Academic Planning Seminar Courses	Health Promotion and Prevention Services staff presented to 42 APS courses on topics related to alcohol, other drugs, sexual assault prevention, and sexual responsibility.
Club Sports Mandatory Hazing Prevention Program	Each Club Sports participants is required to attend a mandatory educational session on hazing prevention. Topics of alcohol and others drugs are incorporated into this training.
Informational and Social Norming Campaigns	Various marketing materials are used to create a healthy learning promotion learning/living community and to create awareness around issues pertaining to alcohol poisoning, alcohol and drug policies, expressing concern for a friend’s alcohol or drug use, the negative consequences of alcohol and drug use, and harm reduction methods for alcohol use.
Alcohol Awareness Week	An Alcohol Awareness Week is sponsored each fall and offers programming and information campaigns pertaining to alcohol and drug use. The main purpose of the week is to highlight healthy activities and options that are available on-campus and in the community. Typically, a major speaker is part of the week (Mike Green, Fall 2007).
AUDIT Alcohol Screenings	Alcohol Screenings are offered each semester in the Seymour College Union. Each student who completes a screening receive personalized feedback on their drinking behaviors and referrals to campus resources if necessary. During the Spring 2008 semester, screenings were offered in the residence halls, more than doubling the number of students reached.
Level I and Level II Alcohol and Drug Workshops	Adjudicated students are required to attend a 3 hours educational/skill building workshops after their first alcohol or marijuana offense. After a first-offense, students are required to participate in Counseling Center intake with the Alcohol and Other Drug Counselor. The current policy requires students to participate in counseling as the counselor sees fit. Students who are sanctioned for a substance other than alcohol or marijuana are required to participate in an intake with the AOD Counselor.

**The College at Brockport
Biennial Review – June 2008
Appendix II**

**CONNECT: Alcohol, Drug, and Violence Prevention and Education Program
Fall 2008 Implementation**

**CONNECT: Alcohol, Drug, and Violence Prevention and Education Program –
(Fall 2008 – Spring 2010)**

Health Promotion and Prevention Services
Student Health Services
Division of Enrollment Management and Student Affairs
State University of New York College at Brockport

CONNECT Mission

The CONNECT Alcohol and Other Drug Prevention and Education Program utilizes a social ecological approach to preventing high risk drinking drug abuse within The College at Brockport community. Targeted outreach and evidence-based prevention approaches will be used to:

- Create a social, academic, and residential experience that supports health-promoting norms
- Develop, implement, and assess health protection strategies to guard students from short-term consequences of alcohol and drug use
- Intervene, treat, and provide referrals to students with alcohol and drug use problems

The CONNECT Alcohol and Other Drug Prevention and Education Program is modeled using the National Institute of Alcoholism and Alcohol Abuse's (NIAAA) "3 in 1 Framework" and provides interventions at the following levels:

- **Individuals**, including at-risk or alcohol dependent drinkers
- **Student population** as a whole and sub-populations
- **College and surrounding community**

The CONNECT program will be housed in Health Promotion and Prevention Services and will be guided by the efforts of the College at Brockport Alcohol ask Force.

Why CONNECT?

The name **CONNECT** was chosen for The College at Brockport's Alcohol and Other Drug Prevention Program for three reasons.

- The name illustrates that alcohol and other drug use and abuse is a concern that transcends all campus departments and organizations and that the campus works collaboratively and consistently to address these issues and support students
- Studies indicate that students who feel connected to the campus community are more likely to persist in their educational efforts
- Each component of the CONNECT program is closely linked to each other and essential for the success of the program

The **CONNECT** program consists of **SIX CONNECTING POINTS** that encompass interventions at all levels and when combined represent the four essential characteristics of prevention work, as described by the US Department of Education's *Experience in Effective Prevention: Alcohol and Other Drug Prevention Models on College Campuses Grants* (2007). The four essential characteristics outlined are

- Strategic planning – define problem, establish goals, examine existing program, identify needs
- Program evaluation – update assessment tools, gather data from applicable areas (Student Conduct, Health and Counseling, Police, etc.)
- Program sustainability – continually develop campus-community coalitions, incorporate faculty, staff, students and other stakeholders
- “Taking the long view” – understand that changing the culture of student drinking and substance use takes time

The SIX CONNECTING POINTS outlined in the CONNECT program are:

CONNECTING POINT 1: Assessment and Evaluation

The CONNECT program will be guided by needs assessments coordinated by Health Promotion and Prevention Services. Data will be collected to determine the effectiveness of alcohol and drug prevention efforts, as well as other health topics including gambling, violence, depression and anxiety, and sexual responsibility and their links to substance use. Appropriate assessment and data collection is necessary to prepare for the 2010 *Department of Education Experiences in Effective Prevention Grant Competition*, local and state level grant programs, and to assess the effectiveness of program components. The following assessments will be used during the 2008-2009 and 2009-2010 academic years:

- **CORE Alcohol and Other Drug Survey** - administered Spring 2008 and Spring 2010, funded by NYS OASAS
- **American College Health Assessment (ACHA)** – administered in Spring 2007 and Spring 2009, funding to be determined
- **AUDIT Alcohol Screenings** – administered each November and February/March in each residence hall and student union
AUDIT tool being redeveloped for Fall 2008 to include questions on problem gambling and tobacco use
- **Program Evaluations** – APS courses, residence hall programs, alcohol and marijuana workshops, etc.
- **E-Chug/E-Toke Assessments** – required of all Level I Alcohol and/or Substance Abuse policy violators (beginning Fall 2008)
- **Other Data** – alcohol related hospital visits, alcohol and prohibited substance policy violations, student conduct reports, etc.

CONNECTING POINT II: Leadership, Policy, and Enforcement

Leadership

- A major goal of the CONNECT program for the 2008-2009 academic year will be to evaluate the current structure and mission of The College at Brockport Alcohol Task Force. Recommendations have been made that task force membership be limited to a small, functional leadership team that reports to an advisory group of campus constituents on the progress of the CONNECT program. The task force will also be expanded to address issues pertaining to substance use and abuse.
- Active membership in the **Finger Lakes Collegiate Task Force on Alcohol and Other Drugs** will be continued to facilitate community partnerships and access to resources through NYS OASAS.
- At the student level, **Student Health Advocates** will be utilized to organize and facilitate alcohol and other drug related programming in residence halls and to student groups. Student Health Advocates will be trained in alcohol and drug content areas, as well as leadership, “helping skills,” and advocacy.
- The current **Level I workshop** is being redeveloped to incorporate **leadership skills and cognitive-behavioral skills** exercises to address the need for assertiveness training and bystander education in the adjudicated student population

Policy

- Current policy revisions are being researched, including **expanding policy to off-campus offenders** and **changing the Level II sanction** that restricts a student from living in an on-campus residence. With these policies revisions, it is hoped that we can provide more structure, intervention, and education to off-campus students and provide increased support to repeat offenders who may be experiencing alcohol or drug dependence issues.
- Discussion regarding a **medical amnesty policy** for students requesting medical attention for themselves or their peers is expected to continue in the Summer and Fall of 2008. The need for such a policy will be assessed by the Alcohol Task Force. Recent discussions and Student Conduct reports suggest that students do summon help for themselves or their peers when necessary.
- A **website** outlining alcohol and other drug policies, services, E-CHUG, and related information to extend access to off-campus students, parents, and community members. Other efforts will be made to make policies and services more accessible and visible.

Enforcement

- Training will be provided to the Residential Life and Learning Communities staff, Student Conduct Officers, and Student Conduct Board regarding the importance of **appropriate and consistent**

enforcement of alcohol and other drug policies. Training will be prepared and facilitated by the Student Conduct Coordinator and Health Promotion Coordinator.

- **Alternative and educational sanctions** being explored for students involved in incidents pertaining to **harassment, vandalism, violence, and bias-related incidents**. Current discussions suggest that a bystander education workshop will be implemented in Fall 2008. These workshops will be facilitated by the Student Conduct Coordinator and Health Promotion Coordinator.

CONNECTING POINT III: “Late Night with Ellsworth” Programming

The College at Brockport **“Late Night with Ellsworth”** programming series was piloted during the Spring 2008 semester with the goal of providing students with alcohol-free late night activities on Thursday, Friday, and Saturday evenings. A grant competition was developed to encourage student involvement in the development of “Late Night with Ellsworth” initiatives. Five “Late Night with Ellsworth” grants were awarded in the Spring 2008 semester. Additional funding and support were provided by the following student groups and campus departments:

Benedict Hall Residence Council
Colleges Against Cancer
Health Promotion and Prevention Services
Office of Campus Life
Recreational Services
Women’s Center

Brockport Student Government
English Club
Mortimer Hall Residence Council
Phi Sigma Sigma
Students Striving to Educate Peers
Women’s Studies Organization

The initial success of the Spring 2008 “Late Night with Ellsworth” programming series suggest that it be a central piece of the CONNECT prevention plan. Assessments of the first three “Late Night with Ellsworth” events show the following:

- 28% of students in attendance reported “typically drinking between 4 and 10 drinks” while partying.
- 2% of students reported drinking prior to the event, while 0% reported drinking after the event.

These events have had **a positive influence on student drinking habits and behaviors and provide the campus community with healthy late night activities that do not involve alcohol or other drugs.**

The Fall 2008 kick-off event will be Friday, September 5, 2008 and will be coordinated by Health Promotion and Prevention Services. This date coincides with The College at Brockport’s Alcohol Awareness Week.

CONNECTING POINT IV: Develop a Health Promoting Learning/Living Community

Social Norms marketing and education have been shown to be effective approaches to reducing alcohol use when implemented correctly (NIAAA, 2005). Spring 2008 CORE data will be used to develop

appropriate social norms messages. The following social norms efforts will be implemented in the Fall 2008 semester and evaluated for effectiveness:

- Social norms marketing targeted at specific student populations (athletes, Greeks, male, female)
- Social norms message will be infused in APS curriculum, Level I alcohol workshop, and alcohol and drug programming to challenge alcohol expectancies and provide normative feedback on college student drinking and drug use
Clickers to be purchased using OASAS grant secured in Spring 2008 for use in social norming program
- Infuse social norming into our informational campaigns and Summer Orientation efforts

CONNECTING POINT V: Interventions (Level I, Level II, Court Referred) and Education

Interventions

- Level I Alcohol policy violators are required to complete the **Level I Alcohol workshop**. The Level I workshops has been revised to encompasses evidence-based prevention approaches, a social-environmental approach to intervention, personalized harm reduction education, and cognitive-behavioral skill development. Further information regarding the Level I Alcohol Workshop can be found in Appendix I.
- A separate **Level I Marijuana workshop** has been developed for Fall 2008 to better address the needs of sanctioned students. Further information on Level I Marijuana workshop can be found in Appendix II.
- **Level II Alcohol and Substance screenings** with Alcohol and Other Drug Counselor.
- Updated **alcohol screenings** will once again be administered in all residence halls and in the student union. These screenings will be used to provide **brief interventions, referrals, and information** to students.

Education

Alcohol and other drug education and outreach initiatives will be redesigned for Fall 2008 to encompass the use of evidence based approaches. The following are educational initiatives that will target the student population as a whole:

- **Alcohol Awareness Week** (September 3– 10, 2008)
This annual event has been moved from late October to the second week of classes to provide students with information, education, alternatives to alcohol and drugs, and enhance the quality of their college experience. Although recent research suggests that awareness programs do little to change behavior, our goals are to **highlight alcohol/drug-free initiatives** that are available year round (“Late Night with Ellsworth” Recreational Services, etc.), utilize **social norming** messages to provide accurate perceptions of college drinking, market alcohol and drug services on campus, **establish the link between alcohol and drug use and other health issues** (sexual assault,

depression, etc.), and provide opportunities for campus departments to **engage students** early in the academic year.

- **Alcohol Screenings** (November 2008 and February/March 2009)
Health Promotion and Prevention Services staff, Counseling Center staff, and Counselor Education Interns administer alcohol screenings in each residence hall and in the Seymour College Union. Students are provided information and awareness materials and incentives for participating. Students whose scores indicate pattern of problem drinking, including DWI and violence, receive a **brief intervention** facilitated by a staff member or intern that highlight tips on drinking responsibly and harm reduction methods. Students whose scores suggest alcohol dependence are **referred to the AOD counselor**. Screening data is used to further guide prevention efforts and target specific at-risk residencies and student populations.

Current screening forms are being updated to include questions on **problem gambling** and **tobacco use**.

- **Student Health Advocate and Students Striving to Educate Peers** (Fall and Spring semesters)
Our two teams of peer educators will work collaboratively to facilitate evening residence hall programs on the topics of **alcohol and drug use and abuse, sexual responsibility, stress management, communication and team-building, and fitness and nutrition**. In each of these programs, **topics of alcohol and drug use will be infused**. Violence prevention and non-violent conflict resolution will be addressed when applicable.
- **Party Smart Campaign** (Fall 2008 Implementation)
This **informational and social norming campaign** will utilize CORE survey results on “pre-gaming to encourage responsible drinking. Additional materials will include a “Party Smart” party planning checklist, information on identifying and responding to alcohol poisoning, and campus and state regulations regarding alcohol and drug possession and use. **FAIR (Fundamentals of Alcohol Intoxication Recognition)** training will also be sponsored by the Monroe County Sherriff Office and Health Promotion and Prevention Services. This campaign will be primarily used to educate off-campus students and townhomes residents. A **21st Birthday Campaign** will also be instituted. Each student turning 21 will receive a birthday care from the Alcohol Task Force that highlights responsible drinking. A birthday card will also be mailed to the students’ parents or guardians, in hopes of starting a dialogue about celebrating safely and responsibly. This program will be administered by the Student Health Advocate staff on behalf of the Alcohol Task Force.
- **“Brockport Kicks Butts” Smoking Cessation Program** (Fall 2008 Implementation)
This program will be administered by the professional and student staff of Health Promotion and Prevention Services and will provide support to those who wish to quit smoking. This program will utilize Health Center staff and an existing partnership with the Greater Rochester Area Tobacco Cessation Center (GRATCC) to secure free nicotine replacement therapy gum or patches for participants, as well as educate them on topics such as responding to nicotine cravings, triggers, nutrition, fitness, and stress management. This program will consist of one-on-one consultations with the Health Promotion Coordinator, as well as group activities and support and education using ANGEL.

- **Other Educational Programming and Events**

Alcohol, drug, and violence prevention topics are presented throughout the year **in residence halls, academic courses, community forums, and to student and professional staffs** each year. In addition, the majority of campus-wide health and awareness events focus on these issues, including Fall and Spring Health Fairs, Walk a Mile in My Shoes, and C.R.E.W. (Community Responsibility, Education, and Wellness) Week.

In addition to targeting the student populations as a whole, education and prevention curriculum have been developed for student sub-populations. Specific programming and prevention approaches will be developed and implemented for:

- First-year students
- Adjudicated students
- Members of Greek Organizations
- Off-Campus Students
- Student Athletes



OVERVIEW: This policy provides information on the College's compliance with the regulations set forth by the Drug-free Schools and Communities Act concerning our alcohol and drug prevention services, program and policies and publication of the Biennial Review.

OFFICE/DEPARTMENT RESPONSIBLE: Office of the Vice President for Enrollment Management and Student Affairs and Student Health Services

DATE UPDATED: June 25, 2008

Drug-free Schools and Communities Act Amendments of 1989

In compliance with the Drug-free Schools and Communities Act Amendments of 1989, as mandated by section 22 of Public Law 101-226, The College at Brockport provides the following information to all students and employees annually:

1. Standards of conduct prohibiting the unlawful possession, use or distribution of illicit drugs and alcohol and the disciplinary sanctions the College will impose for violations of laws and standards of conduct are contained in the Code of Student Social Conduct, the Residence Halls and Student Townhomes Alcohol Policy, and the Office of Human Resources employee policy on [Drug and Alcohol use in the Workplace](#) found online at www.brockport.edu/hr/procedures/.
2. The health risks associated with the use of illicit drugs and alcohol abuse are found at www.brockport.edu/healthctr/promotions or visit the Health Promotion and Prevention Services office in Hazen Hall to meet with the Health Promotion Coordinator.
3. The legal sanctions imposed by local, state and federal laws for the illegal possession and/or distribution of illicit drugs or alcohol can be found on the [New York state Law Web page](#) online at <http://ypdcrime.com/penal.law/index.htm>. Refer to NYS Penal Law Section 220.00 – 221.55.
4. Information on counseling and treatment programs are available in the following offices located in Hazen Hall: Counseling Center, Student Health Center, Health Promotion and Prevention Services and/or Employee Assistance Program located in the Office of Human Resources. Refer to the [Counseling Center Web page](#) found online at www.brockport.edu/cc for resources both on and off campus concerning treatment of substance abuse disorders.
5. The Biennial Review is available at the Office of the Vice President for Enrollment Management and Student Affairs, 7th floor of Allen Administration Building. This report contains a comprehensive analysis of the College's alcohol and drug prevention program, including policy and enforcement. The report can be accessed on the [Student Health Center's Web page](#) at www.brockport.edu/healthctr.

Part 86, the Drug-Free Schools and Campuses Regulations (Education Department General Administrative Regulations [EDGAR]): As a condition of receiving funds or any other form of financial assistance under any federal program, an institution of higher education (IHE) must certify

that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

Link to the Drug-Free Schools and Campuses Regulations Compliance Checklist: "[Part 86 Compliance Checklist](http://www.higheredcenter.org/files/mandates/djsca/compliance-checklist.pdf)" found online at *http://www.higheredcenter.org/files/mandates/djsca/compliance-checklist.pdf*.

For further information refer to the US Department of Education Web site at *www.ed.gov/policy/fund/reg/edgarReg/edlite-part86a.html*.