

The College at Brockport

*Athletic Training Education
Program*



*Athletic Training Student
Handbook*

2011-2012

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The College at Brockport Athletic Training Education Program

2011-2012 Athletic Training Program Handbook

I. Introduction

a. Mission

The Athletic Training major at The College at Brockport is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The major is committed to preparing students to become extraordinary certified athletic trainers and is comprised of highly motivated students who are pursuing a career in the athletic training field. The major curriculum is designed to provide athletic training students with a thorough education in athletic training through comprehensive didactic coursework and supervised clinical education. The Athletic Training major is a program of recognized excellence whose graduates are leaders in the allied health community.

b. Educational Objectives

1. To provide undergraduate students at The College at Brockport an avenue for attainment of Certification by the Board of Certification.
2. To provide undergraduate students accepted into the Athletic Training program with the required didactic knowledge through classroom instruction in the following areas: Risk Management and Injury Prevention; Pathology of Injuries and Illnesses; Assessment and Evaluation; Acute Care of Injury and Illness; Pharmacology; Therapeutic Modalities; Therapeutic Exercise; General Medical Conditions and Disabilities; Nutritional Aspects on Injury and Illness; Psychosocial Intervention and Referral; Health Care Administration; and Professional Development and Responsibilities.
3. To provide undergraduate students accepted into the Athletic Training program with the required clinical instruction in the areas of: Risk Management and Injury Prevention; Pathology of Injuries and Illnesses; Assessment and Evaluation; Acute Care of Injury and Illness; Pharmacology; Therapeutic Modalities; Therapeutic Exercise; General Medical Conditions and Disabilities; Nutritional Aspects on Injury and Illness; Psychosocial Intervention and Referral; Health

Care Administration; and Professional Development and Responsibilities.

4. To provide undergraduate students accepted into the Athletic Training program the opportunity to incorporate both clinical and didactic knowledge into the clinical experience in order to develop the specific competencies pertaining to the domains of health care to the physically active while under the supervision of an Approved Clinical Instructor.
5. To provide the undergraduate students accepted into the Athletic Training program with the opportunity to successfully complete each of the specific competencies and clinical proficiencies pertaining to the Affective, Psychomotor, and Cognitive domains in the areas of Risk Management and Injury Prevention; Pathology of Injuries and Illnesses; Assessment and Evaluation; Acute Care of Injury and Illness; Pharmacology; Therapeutic Modalities; Therapeutic Exercise; General Medical Conditions and Disabilities; Nutritional Aspects on Injury and Illness; Psychosocial Intervention and Referral; Health Care Administration; and Professional Development and Responsibilities.
6. To provide undergraduate students accepted into the Athletic Training program with the opportunity to complete the necessary requirements in order to be eligible to take the Board of Certification Exam.
7. To produce professional, high quality Certified Athletic Trainers to enter the profession of Athletic Training.
8. To develop an appreciation for the Profession of Athletic Training and the Certified Athletic Trainer within the Rochester community.

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III. Professional Program

a. Overview

The professional education program in Athletic Training is comprehensive and includes both classroom and clinical segments. These two segments should not be viewed as separate entities. The classroom segment focuses on the theory and knowledge underlying the practice of Athletic Training. The clinical segment focuses on the application of this knowledge in managing injuries and illnesses to the physically active. Information that is gained in the classroom is applied to actual situations in the clinical setting. Students should understand that the clinical experience courses are part of the educational curriculum and they are a vital part of the professional experience. During the clinical experience students are assigned to specific Approved Clinical Instructors (ACI's) who will supervise their clinical education within a specific clinical setting. The clinical experience will

frequently involve some autonomy in activity and decision-making by the student, but students will **never** be the primary person responsible for the care of an athlete or team.

b. Academic Program

Admission to the professional component of the Athletic Training Major is competitive and is based on a combination of academic performance, clinical observation performance, and a personal interview. Admission to the concentration is limited to no more than 12-16 students annually. The program is designed to be completed by full-time students in five consecutive semesters following admission to the professional component of the Athletic Training Major.

Athletic Training Major Requirements: (minimum grade of “C” or “S”)

BIO 221	Survey of Anatomy & Physiology	4 credits
BIO 321	Anatomy & Physiology I	4 credits
BIO 322	Anatomy & Physiology II	4 credits
PES 385	Basic Athletic Training	3 credits
PES 411	Advanced Athletic Training	3 credits
PES 412	Athletic Injury Assessment	3 credits
PEP 255	Taping for Athletic Training	1 credit
PEP 356	Therapeutic Modalities	3 credits
PEP 357	Muscle Testing	3 credits
PEP 358	Therapeutic Exercise	3 credits
PEP 359	Organization & Administration of AT	3 credits
PEP 362	Strength & Conditioning for AT	3 credits
PEP 471	Clinical Experience in AT I	1 credit
PEP 472	Clinical Experience in AT II	1 credit
PEP 473	Clinical Experience in AT III	1 credit
PEP 474	Clinical Experience in AT IV	1 credit
PEP 475	Clinical Experience in AT V	1 credit
PES 325	Kinesiological Basis for Ex. & Sport	4 credits
PES 335	Physiological Basis for Ex. & Sport	4 credits
PES 420	Biomechanics	3 credits
PES 430	Foundations of Sport & Ex Psych	3 credits
PES 439	Motor Learning	3 credits
PSH 202	Introductory Statistics	3 credits
PSH 110	Principles of Psychology	3 credits
HLS 301	Principles of Healthy Living or	
HLS 306	Contemporary Issues in Health	3 credits
HLS 311	Nutrition	3 credits

c. Clinical Experience

The clinical education portion of the academic program is completed through PEP 471-475: Clinical Experience in Athletic Training I-V. A minimum of three semesters of the clinical experience will take place within the athletic program at The College at Brockport and one or two semesters may take place at an off campus clinical site (i.e., hospital, clinic, high school, etc.). During the clinical experience courses the students will be evaluated for fulfillment of the clinical proficiencies for athletic training. The five clinical experience courses (PEP 471-475) are completed over a minimum of three academic years (not including summers) and include a minimum of 225 clock hours each semester. The level of skill necessary and responsibility given to each student progressively increases with each clinical experience.

During the clinical experience portion of the program the students will be assigned to a specific Approved Clinical Instructor (ACI) each semester. The student will work with their assigned ACI for one semester. Generally, each student will be assigned to each ACI at least once during their five semesters of clinical experience. While assigned to a particular ACI, the student will work with all of the teams that the ACI is responsible for during the semester. **The clinical experience for each student begins when their assigned ACI begins their team coverage. This may include pre-season and intersession coverage.**

During the course of all five of the clinical experience courses (PEP 471-PEP475) the students will be exposed to General Medical Conditions. This takes place in The College at Brockport Athletic Training Room, Hazen Health Center, and Lakeside Memorial Hospital Emergency Department. General Medical Conditions are covered in the didactic portion of the curriculum in PES 385 Basic Athletic Training, PES 411 Advanced Athletic Training and PES 412 Athletic Injury Assessment.

Exposure to Upper Extremity Sports, Lower Extremity Sports, and Equipment Intensive Sports will be formally attained during PEP 472 Clinical Experience in Athletic Training II, PEP 473 Clinical Experience in Athletic Training III, PEP 474 Clinical Experience in Athletic Training IV, and PEP 475 Clinical Experience in Athletic Training V. These formal experiences for the student are designed to occur during the second, third, fourth and fifth semesters in the program when they are enrolled in and following the completion of PES 412 Athletic Injury Assessment and PEP 357 Muscle Testing coursework. This will allow the student the opportunity to apply injury evaluation and testing skills that they attained through this coursework. In addition, each athletic training student will have the opportunity to work with both male and female athletes.

Evaluation of the students' clinical experience will be performed at mid-semester and conclusion of each semester. In addition to the written evaluations, each student is required to demonstrate mastery in each of the

clinical proficiencies highlighted for their respective semester (I-V). These proficiencies are outlined in the clinical proficiency handbook that each student receives at the commencement of the clinical experience. Failure to complete all of the clinical proficiencies (signed off by ACI) will result in a grade of “Incomplete” as detailed in the Clinical Experience Syllabi. These evaluations will be utilized to assess the student’s progress toward the fulfillment of required competencies and clinical proficiencies and will be performed by the assigned ACI and discussed between the student, the ACI, and the program director.

Although one of the major objectives in each clinical experience is for students to gain autonomy in their skills, students should never confuse autonomy with unsupervised practice. Students enrolled in the Clinical Experience courses will not receive academic credit or approved hours for any hours that are not under the direct supervision of an ACI.

Each student is expected to be present for ALL assigned clinical experiences as assigned by your ACI. Practices and games that are supervised by an ACI and take place in the evenings, weekends, etc. are part of the clinical experience and attendance at these events is not optional. If you have a conflict with a clinical experience assignment you need to speak with your ACI, however, weekends are not optional.

Teams that ACI’s are responsible for:

Lee Cohen

Fall

Football
Tennis
NT - Baseball

Winter

Swimming

Spring

Baseball
NT - Football

Erin Chapman

Fall

Field Hockey
NT – Men’s Lax

Winter

Men’s Basketball
Women’s Basketball
Indoor Track and Field

Spring

Men’s Lacrosse
Track and Field
NT – Field Hockey

Mike Militello

Fall

Men’s Soccer
NT – Women’s Lax

Winter

Ice Hockey
Gymnastics

Spring

Women’s Lacrosse
NT – Men’s Soccer

John Jackson

Fall

Women's Soccer
Volleyball
X-Country
NT – Softball

Winter

Wrestling

Spring

Softball
NT - Volleyball
NT – Women's Soccer

d. Clinical Education vs. First Aider Activities

Students may only perform athletic training activities when under the supervision of an Approved Clinical Instructor. Students may never perform athletic training activities outside their educational program or when they are unsupervised. If the student finds they are in an unsupervised situation, students shall not perform athletic training activities and shall act as a First Aider. Every student will read, understand, and sign an agreement at the beginning of each academic year that clarifies the permissible activities of a student when unsupervised. Students are referred to this agreement form for specific details about unsupervised activities.(Appendix A)

The permissible activities of acting as a First Aider involve providing basic first aid and prophylactic procedures. The athletic training student may not make any decisions regarding the evaluation, care, rehabilitation, or playing status of an athlete/patient until the ACI returns to the scene and can oversee the student's activities. In order to take part in the clinical aspect of the Athletic Training Program each student must produce evidence of current certification in American Red Cross (or equivalent) First Aid and CPR/AED for the Professional Rescuer (or equivalent).

e. Athletic Training Student Travel

Athletic Training Students will only travel with intercollegiate athletic teams when accompanied by an ACI for The College at Brockport.

If an Athletic Training Student would like to provide their own transportation to an away event, approval must be obtained from the Head Athletic Trainer and Athletic Director. The travel request form is located in the Athletic Training Room.

If an Athletic Training Student will be missing class because of an away trip, class excuse forms are required. These should be signed by the ACI and given to the course instructor. The class excuse forms are located in the Athletic Training Room.

f. Retention in Program

To be retained in the Athletic Training Concentration, students must:

1. Complete all required coursework with a grade of “C” or better
**Students will not be allowed to progress to the next course in the Athletic Training sequence until a grade of “C” or better is attained
2. Complete required clinical experiences (five consecutive semesters)
**All clinical proficiencies associated with each semester of clinical experiences must be completed in order to progress to the next clinical experience course
3. Complete required competencies and clinical proficiencies
4. Demonstrate compliance with all technical standards and immunization requirements (see Athletic Training Web site)
5. Adhere to all policies and procedures outlined in the Athletic Training Handbook
6. Adhere to regulations governing the practice of Athletic Training in New York State (Article 162, Section 8350)(Appendix B)
7. Adhere to National Athletic Trainers’ Association Code of Ethics (Appendix C)
8. Maintain current certification in First Aid and CPR/AED.

**Failure to comply with the above criteria will result in dismissal from the Athletic Training Program.

g. Athletic Training Student Health Policy

All students admitted into the Athletic Training Program must undergo a physical examination in order to assess the students’ ability to comply with the Technical Standards for Athletic Training. Each student will undergo a physical examination prior to admittance into the program. This examination will assess the medical components of physical health and other disabilities and verify appropriate immunization history. All students must verify immunizations for hepatitis B, measles, mumps, rubella, tetanus, and diphtheria..

****No student will be allowed to perform direct patient care prior to receiving the Hepatitis B vaccination series (or declining via written statement) or annual bloodborne pathogen training**

All students suspected of exposure/contact to infective illness will be referred to Hazen Health Center for evaluation and treatment. In the case of infective illness Athletic Training Students will not be permitted to participate in the clinical experience aspect of the concentration until cleared by Hazen Health Center.

h. Bloodborne Pathogen Training and Workplace Practices

All students enrolled in the Athletic Training Education Program will complete annual bloodborne pathogen training in accordance with the Occupational Safety and Health Administration (OSHA) Standards. For first year students, this training will take place during the program orientation prior to the commencement of any clinical experience coursework. For returning students (second or third year) bloodborne pathogen training will take place at the end of each academic year in order to prepare the student for preseason coverage when returning for the following fall semester.

During all clinical experiences athletic training staff and students will be required to follow the OSHA Universal Precautions for the management of bloodborne pathogens. Protective equipment and materials are available in all the clinical settings. The procedures will include the use of the following:

- Gloves
- Gowns
- Sharps containers
- Eye protection
- Biohazard containers
- Surface decontaminant(bleach -10:1, zorbicide)

i. Athletic Training Student Malpractice Liability Insurance

All students admitted into the Athletic Training Program must purchase malpractice liability insurance through the State University of New York. Students will not be permitted to participate in the clinical experience until documentation of insurance is produced. The liability insurance is billed through a “clinical instruction fee” as part of the student’s bill. The current fee for the 2011-2012 year is \$21.00/semester.

II. Professional Responsibilities

Professionalism will be demanded from all athletic training program students and staff at all times. The student should view the clinical experience as a professional environment and should conduct themselves accordingly at all times.

a. Dress Code

Students should be aware that the clinical experience requires specific professional attire. Students who do not comply with the dress code for their clinical rotation may be excused from the rotation for the day. An ongoing pattern of inappropriate dress may be grounds for dismissal from the program. All students should adhere to the following dress code:

1. Dress should be clean, neat, and functional.
 - a. All shirts should be tucked in
 - b. No shirts allowed that do not cover the stomach and low back at all times
 - c. All tattoos should be covered at all times
2. Practice good hygiene. Hands should be clean and finger nails short. Use discretion in make-up, cologne, long hair, etc.
3. When covering games the ATS should wear Brockport Athletic Training Shirts.
 - a. All students covering the same game should wear the same color shirt
 - b. If you are cold you need to wear either your Athletic Training jacket or a sweater over your Athletic Training Shirt
4. All ATS's should dress like the team for travel
 - a. If the team dresses up, you dress up
5. No hooded sweatshirts in the Athletic Training Room or for games or contests
 - a. Except Athletic Training Sweatshirts(not for games)
6. No jeans should be worn. Dress pants are required.
7. Cut-off shorts and sweatpants are forbidden...Dress shorts are required.
 - a. Shorts must have pockets
8. Collared shirts must be worn at all times during the clinical experience....no exceptions!!!
9. Skirts or dresses are not professionally appropriate in the athletic training room
10. Sandals, clogs, platform heels, or other non-functional shoes are not acceptable.

b. Responsibilities of the Athletic Training Student

The following list is provided as a guideline for the athletic training student to follow during the clinical experience.

The student should:

- i. be punctual for all duties and rotations
- ii. maintain a professional relationship with the athletic training staff, coaches, athletes, other athletic training students, and other allied health personnel.
- iii. carry out evaluations, treatments, rehabilitation, and recording of injuries and illnesses under the supervision of the ACI
- iv. maintain complete and accurate records regarding medical care
- v. prepare ice, water, kits, splints, radios, etc. for daily practice/game coverage
- vi. prepare a daily injury report for coaches in concert with ACI

- vii. complete daily check-list for Athletic Training Room maintenance and clean-up
- viii. return equipment and supplies to their proper area and restock depleted areas
- ix. follow all Athletic Training Room policies and procedures

** Each athletic training student will be allowed three excused absences from their clinical assignment each semester. These should be conserved and used for emergency situations that may arise during the semester. Examples: illness, doctor's appointment, etc. As a reminder, all clinical experience assignments that take place under the supervision of an ACI are mandatory (weekends included). These must be approved ahead of time by your ACI and documented on the calendar in the Athletic Training Room. In addition, the athletic training student is responsible for finding coverage for their assignment. Excessive absences will be reflected in the Clinical Experience Grade.

**** Students should not have food while covering practices/games. Drinks are acceptable, however, all consumption of food should be completed prior to athletic training clinical assignments.**

c. Unacceptable Performance

All athletic training students are required to follow all procedures described within this handbook. Failure to comply with any of these (i.e. technical standards, late for an assignment, unsatisfactory dress, etc.) on three separate occasions will result in dismissal from the program. Following each violation a letter will be put in the student's file and the student will be notified by the program director of their status. Students may be permanently dismissed from the program after one violation if the violation is deemed serious. Behaviors that violate College guidelines or state, local, or federal laws will be reported to the appropriate authorities.

Unacceptable Performance during the Clinical Experience

Clinical supervisors may remove a student from the clinical rotation, at any time, if the supervisor feels that the student has (a) behaved in an inappropriate manner; (b) placed a patient in a potentially harmful situation as a result of the ATS using unsafe clinical practice; (c) violated the site's guidelines (d) violated the guidelines included in the ACI handbook; or (e) violated the guidelines included in the ATS handbook.

It is the clinical supervisor's responsibility to inform the Program Director of any instances in which the student violates the guidelines on appropriate behavior and/ or is asked to leave a clinical rotation for inappropriate behavior. If a violation of guidelines occurs, the clinical supervisor is to contact the Program Director as soon as possible after the occurrence. The

offending student will be required to meet with the Program Director to discuss the situation before the student will be allowed to return to the clinical setting. Students may or may not be reinstated to the clinical rotation depending on the severity of the violation. This determination will be made by the Program Director and the clinical site supervisor. Students that are removed from the clinical rotation will NOT be reassigned to another clinical site until the next rotation period. Students may be permanently prevented from participating in future clinical rotations if the violation is deemed serious and / or the student demonstrates recurring inappropriate behaviors (three separate occasions as described above). Behaviors that violate College guidelines or state, local, or federal laws will be reported to the appropriate authorities.

d. Athletic Training Student Relationships

With coaches - Communication between the athletic training student and the coach is important. Information about an athlete's condition should be reported daily via the "coaches injury report" by the athletic training student assigned to that particular team. Any questions concerning the injury report should be directed to a staff athletic trainer.

With Athletes - Patient/athlete health matters are confidential and treated in a professional manner. Discussion of patient cases and conditions will not be tolerated. What is seen and heard in the athletic training room should not be discussed in public. Information about an athlete's condition will be released by the team physician or staff athletic trainers only, with written permission from the athlete.

With Staff certified athletic trainers - The staff athletic trainers are here to teach, help, advise, and interact with students. Athletic training students at Brockport are expected to develop the qualities of dependability, loyalty, dedication and professionalism. These same qualities are expected and will be conveyed by the staff athletic trainers.

With Team physician and/or Physician Assistant - Athletic training students are expected to work with the team physician and or physician assistant in a professional manner. The team physician and/or physician assistant supervise the athletic training team and the student is expected to perform whatever tasks are assigned.

e. Confidentiality

Patient confidentiality is of the utmost importance. At no time should the confidentiality of the patients be breached. Students should not discuss confidential patient information with anyone (fans, friends, roommates, parents, etc.) other than the Athletic Training staff or other qualified allied health personnel. All records are confidential and should never be removed

from the clinical site without permission of the clinical supervisor. All students must comply with the provisions of the Healthcare Information Privacy and Portability Act (HIPPA). Breaches of confidentiality may result in dismissal from the program.

All Certified Athletic Trainers and Athletic Training Students shall sign and keep on file a statement regarding patient personal and confidential health information.

i. The College at Brockport Athletic Training Policies on Protected Health Information

Policies for the consent for treatment, release of, maintenance and disposal of protected health information are as follows:

- a. Each patient evaluated by a Certified Athletic Training Staff member shall sign a consent for treatment statement attached to each personal injury form
- b. Each patient shall sign a consent for release of information form when warranted and necessary. In the event protected health information must be faxed to or from the Athletic Training Room it shall be handled by the Athletic Training Staff and kept confidential
- c. Each patient shall have their protected health information maintained in a file located in the Athletic Training Room office with Athletic Training Staff access only
- d. Each patients protected health information shall be disposed of after 10 years from the date they are initially evaluated in the Athletic Training Room

f. Conduct When Traveling with Athletic Teams

When teams are competing on the road, accompanying athletic training student(s) are expected to comply with all team rules associated with that particular team. Just like student-athletes, athletic training students are representatives of that individual sport, as well as the Athletic Training Program, the Office of Intercollegiate Athletics, the Department of Kinesiology, Sport Studies and Physical Education and the institution itself. Any conduct which may lead to an unfavorable impression of that team and /or any of the above stated constituencies will not be tolerated. The conduct rule applies to all road trips, but is specifically directed to encompass overnight trips and those scheduled during spring break. This includes any and all regulations pertaining to, but not limited to, drinking policy, curfew, and acceptable behavior in hotels, vans, or buses, and at playing or practice sites. Failure to adhere to these team rules may result in suspension or termination from the Athletic Training Program. Decisions concerning disciplinary measures will be handled by the Athletic Training

Program Director and the Head Athletic Trainer, in consultation with the Director of Athletics and the Vice President for Enrollment Management.

g. Athletic Training Room Procedures

The athletic training room is a co-ed health care facility meeting highly professional standards and will be treated as such. Only the highest degree of professional attitude will be tolerated in this facility. The following procedures and rules are designed to ensure smooth function of the athletic training room.

1. Procedure

- a. First time injured athletes must see a staff athletic trainer for evaluation, treatment, rehabilitation or to obtain a referral to a physician (infirmery or team physician) before issuance of an individual treatment form.
- b. New injuries must be evaluated by a staff athletic trainer so that proper treatment or referral can be initiated.
- c. After the initial injury evaluation has taken place, each time the athlete reports to the Athletic Training Room they must have his/her individual injury/treatment form (Appendix H) pulled from their team folder in the secured office by an Athletic Training Staff person (student or certified)
- d. Athletes who are reconditioning injuries must have their individual treatment form and reconditioning chart available for the staff or athletic training student to monitor and record their exercise.
- e. Any practice/game limitations or misses (by the athlete due to injury) are recorded and placed in the year-end report for each team.
- f. Athletes needing tape should proceed to the taping area. They do not need to have a treatment form.
- g. Injured athletes often require medical equipment to aid with healing i.e. ace wraps, crutches, etc. Equipment will be issued when a checkout and return form has been completed. The use of this form helps to ensure return of equipment to the athletic training room.

2. Rules

- a. The athletic training room hours of operation are 12:00-until the end of practices daily. Hours vary on the weekends depending on scheduled athletic contests. This schedule may change if the situation warrants a change, only at the discretion of staff athletic trainers.
- b. Respect and maturity should be observed at all times by everyone, particularly since it is a co-ed facility.
- c. Cleated shoes are not allowed in the athletic training room.
- d. Proper dress of athletes is required (i.e. shirt, shorts, sweatpants, sneakers).
- e. Horseplay and improper language will not be tolerated.
- f. Self treatments and taping are not allowed. Staff and/or Athletic Training students will perform these duties.
- g. Tobacco products are not allowed in the athletic training room.
- h. Loitering is not allowed.
- i. Athletes are not allowed in the training room office unless accompanied by a staff athletic trainer or athletic training student.
- j. Athletes needing referral to the infirmary, school orthopedist, or hospital are referred by the staff athletic trainers. Transportation is provided in the event of an emergency situation by ambulance. Transportation is not provided for non-emergency situations.

h. Athletic Practice and Contest Coverage

1. Classification of Patients

- ii. In-season athletes – full athletic training services shall be available for all in-season athletes
- iii. Out-of-season athletes and non-athletes – must first be examined by a Certified Athletic Trainer who will setup a treatment/rehabilitation protocol or refer patient to the Health Center

2. Home Contest Supplies

The following supplies should be available:

- i. Fully stocked athletic training kit
- ii. Ice
- iii. Water/Water bottles

3. Visiting Team Athletic Training Service

The visiting team is provided the same high quality care provided for Brockport athletes. When requested, taping is performed by the home athletic training staff with supplies provided by visiting teams. If supplies are not available, the staff athletic trainer covering the contest must be contacted regarding providing supplies.

The athletic training student assigned to the contest is responsible to ensure that both teams' athletic training needs are met.

III. Emergency Procedures

In the event of a serious injury the following procedures must be followed:

1. Certified athletic trainer or coach, (if certified athletic trainer is unavailable), in charge shall attend immediately to the injured athlete and activate EMS via University Police: **395-2222.**
2. Certified athletic trainer or coach in charge instructs someone, preferably an athletic training student or coach, to immediately do the following:
 - a. Contact a certified athletic trainer, if available, via radio, athletic training room phone (**395-5374**), or cell phone.
 - b. Call University Police and ask for an ambulance to be dispatched to your location. **395-2222.**
 - i. Give the following information
 1. Your name and title.
 2. Nature of injury to the athlete.
 3. Specific location of injured athlete:
 - a) TN gymnasium/Ice arena/WR room/GYM room/TN pool, TS gymnasium, Stadium, FH field, FB practice field, Tennis courts, Soccer game fields **all located at or behind Tuttle Complex, south off of New Campus Drive.**
 - b) BB/SB fields, Soccer/LAX practice fields **located on the west side of Commencement Drive.**
 - c) MSoccer practice field at **Sweden town park on west side of Redman Road.**
 4. Have an athletic trainer or coach meet the ambulance at the entrance closest to the facility where the injured athlete is located.
3. Athletic trainer or coach attending to the athlete should keep him/her comfortable. Stabilize the condition and wait for help.

*Check vital signs: Airway
Breathing/Bleeding
Pulse
Consciousness

4. University Police and/or the ambulance personnel will notify the hospital that an injured athlete is being transported.

5. **Phone Locations:**

- a. TN gymnasiums, Stadium and surrounding fields- cell phone, emergency phone on south external wall of TS at base of ramp from the weight room/FB locker room.
- b. Baseball/softball/Soccer/Lacrosse practice fields- cell phone
- c. Ice arena/wrestling room- cell phone, emergency phone on wall near home locker room in ice arena.
- d. TS gymnasium, all purpose room- cell phone, phone in athletic training room.

6. Equipment available:

- a. AED- various locations in TN/TS, mobile (4) at practice/game sights.
- b. Vacuum Splints (2 sets) mobile at practice/game sights.
- c. Stocked athletic training kits at all practice/game sights.
- d. Backboard/cervical collar located in ATR/TN pool, mobile for practice/game sights.

Appendix A

The College at BROCKPORT ATHLETIC TRAINING EDUCATION PROGRAM 2011-2012

Athletic Training Student Roles and Responsibilities

All Athletic Training Students at The College at Brockport must comply with all of the roles and responsibilities outlined in this document. These roles are derived from the CAATE guidelines as well as the New York State practice act for Athletic Training. Failure to act within the roles defined here will result in dismissal from the Athletic Training Education Program.

Clinical Education: Clinical education represents the athletic training students' formal acquisition, practice, and ACI evaluation of the Entry-Level Athletic Training Clinical Proficiencies through classroom, laboratory, and clinical education **experiences under the direct supervision of an ACI or clinical instructor.**

Direct Supervision: This applies to the instruction and evaluation of the clinical proficiencies by an ACI. **Constant visual and auditory interaction between the student and the ACI is required.** The instructor shall be physically present for proficiency instruction and evaluation.

First Aider: When a student is unsupervised (not within direct visual or auditory contact by an ACI) **the athletic training student is required to act only as a First Aider.**

Duties that the Athletic Training Student may perform while acting as a First Aider:

1. Ice, compression, elevation, splint
2. Activation of Emergency Medical System
3. Cardiopulmonary resuscitation
4. Other emergency medical procedures which the athletic training student may be qualified to perform
5. Prophylactic taping/bracing procedures
6. Stretching/flexibility procedures
7. General first aid/wound care/cleansing/bandaging

Duties that the Athletic Training Student may not perform while acting as a First Aider:

1. Acute injury treatment (electrical stimulation, etc.)
 - a. R.I.C.E. procedures may be performed
2. Evaluation other than for EMS referral
 - a. Evaluation of acute injuries must be performed by the host ATC
3. Rehabilitation procedures
4. Decisions about the disposition of an injured/ill athlete
 - a. All return to play decisions must be made by the host ATC
 - b. In the absence of a host ATC, the coach must make the return to play decision

**** Under no circumstances will the Athletic Training Student make a return to play decision**

**** Athletic Training Students should understand that all unsupervised activity is voluntary and is not a requirement of the Athletic Training Program**

.....

I have read and understand the contents of this document and agree to comply, at all times, with the roles and responsibilities defined for the Athletic Training Student. I understand that failure to comply with these responsibilities may result in my dismissal from the Athletic Training Education Program at The College at Brockport.

Printed Name of Student

Signature

Date

Appendix B

Article 162, Athletic Training

[§8350. Introduction.](#) | [§8351. Definition.](#) | [§8352. Definition of practice of athletic training.](#) | [§8353. Use of the title "certified athletic trainer".](#) | [§8354. State committee for athletic trainers.](#) | [§8355. Requirements and procedure for professional certification.](#) | [§8356. Special provisions.](#) | [§8357. Non-liability of certified athletic trainers for first aid or emergency treatment.](#) | [§8358. Separability.](#)

§8350. Introduction.

This article applies to the profession of athletic training. The general provisions of all professions contained in article one hundred thirty of this chapter shall apply to this article.

§8351. Definition.

As used in this article "athletic trainer" means any person who is duly certified in accordance with this article to perform athletic training under the supervision of a physician and limits his or her practice to secondary schools, institutions of postsecondary education, professional athletic organizations, or a person who, under the supervision of a physician, carries out comparable functions on orthopedic athletic injuries, excluding spinal cord injuries, in a health care organization. Supervision of an athletic trainer by a physician shall be continuous but shall not be construed as requiring the physical presence of the supervising physician at the time and place where such services are performed.

The scope of work described herein shall not be construed as authorizing the reconditioning of neurologic injuries, conditions or disease.

§8352. Definition of practice of athletic training.

The practice of the profession of athletic training is defined as the application of principles, methods and procedures for managing athletic injuries, which shall include the preconditioning, conditioning and reconditioning of an individual who has suffered an athletic injury through the use of appropriate preventative and supportive devices, under the supervision of a physician and recognizing illness and referring to the appropriate medical professional with implementation of treatment pursuant to physician's orders. Athletic training includes instruction to coaches, athletes, parents, medical personnel and communities in the area of care and prevention of athletic injuries.

The scope of work described herein shall not be construed as authorizing the reconditioning of neurologic injuries, conditions or disease.

§8353. Use of the title "certified athletic trainer".

Only a person certified or otherwise authorized under this article shall use the title "certified athletic trainer".

§8354. State committee for athletic trainers.

A state committee for athletic trainers shall be appointed by the board of regents, upon the recommendation of the commissioner and shall assist on matters of certification and professional conduct in accordance with section six thousand five hundred eight of this title. The committee shall consist of five members who are athletic trainers certified in this state. The committee shall assist the state board for medicine in athletic training matters. Nominations and terms of office of the members of the state committee for athletic trainers shall conform to the corresponding provisions relating thereto for state boards under article one hundred thirty of this chapter. Notwithstanding the foregoing, the members of the first committee need not be certified prior to their appointment to the committee.

§8355. Requirements and procedure for professional certification.

For certification as a certified athletic trainer under this article, an applicant shall fulfill the following requirements:

1. Application: file an application with the department;
 2. Education: have received an education including a bachelor's, its equivalent or higher degree in accordance with the commissioner's regulations;
 3. Experience: have experience in accordance with the commissioner's regulations;
 4. Examination: pass an examination in accordance with the commissioner's regulations;
 5. Age: be at least twenty-one years of age; and
 6. Fees: pay a fee for an initial certificate of one hundred dollars to the department; and a fee of fifty dollars for each triennial registration period.
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§8356. Special provisions.

A person shall be certified without examination provided that, within three years from the effective date of regulations implementing the provisions of this article, the individual:

1. files an application and pays the appropriate fees to the department; and
2. meets the requirements of subdivisions two and five of section eight thousand three hundred fifty-five of this article and who in addition:

- a. has been actively engaged in the profession of athletic training for a minimum of four years during the seven years immediately preceding the effective date of this article; or
- b. is certified by a United States certifying body acceptable to the department.

§8357. Non-liability of certified athletic trainers for first aid or emergency treatment.

Notwithstanding any inconsistent provision of any general, special or local law, any certified athletic trainer who voluntarily and without the expectation of monetary compensation renders first aid or emergency treatment at the scene of an accident or other emergency, outside a hospital, doctor's office or any other place having proper and necessary athletic training equipment, to a person who is unconscious, ill or injured, shall not be liable for damages for injuries alleged to have been sustained by such person or for damages for the death of such person alleged to have occurred by reason of an act or omission in the rendering of such first aid or emergency treatment unless it is established that such injuries were or such death was caused by gross negligence on the part of such athletic trainer. Nothing in this section shall be deemed or construed to relieve a certified athletic trainer from liability for damages for injuries or death caused by an act or omission on the part of an athletic trainer while rendering professional services in the normal and ordinary course of his or her practice.

§8358. Separability.

If any section of this article, or part thereof, shall be adjudged by any court of competent jurisdiction to be invalid, such judgment shall not affect, impair or invalidate the remainder of any other section or part thereof.

Appendix C

NATA CODE OF ETHICS

September 28, 2005

PREAMBLE

The National Athletic Trainers' Association Code of Ethics states the principles of ethical behavior that should be followed in the practice of athletic training. It is intended to establish and maintain high standards and professionalism for the athletic training profession.

The principles do not cover every situation encountered by the practicing athletic trainer, but are representative of the spirit with which athletic trainers should make decisions. The principles are written generally; the circumstances of a situation will determine the interpretation and application of a given principle and of the Code as a whole. When a conflict exists between the Code and the law, the law prevails.

PRINCIPLE 1:

Members shall respect the rights, welfare and dignity of all.

1.1 Members shall not discriminate against any legally protected class.

1.2 Members shall be committed to providing competent care.

1.3 Members shall preserve the confidentiality of privileged information and shall not release such information to a third party not involved in the patient's care without a release unless required by law.

PRINCIPLE 2:

Members shall comply with the laws and regulations governing the practice of athletic training.

2.1 Members shall comply with applicable local, state, and federal laws and institutional guidelines.

2.2 Members shall be familiar with and abide by all National Athletic Trainers' Association standards, rules and regulations.

2.3 Members shall report illegal or unethical practices related to athletic training to the appropriate person or authority.

2.4 Members shall avoid substance abuse and, when necessary, seek rehabilitation for chemical dependency.

PRINCIPLE 3:

Members shall maintain and promote high standards in their provision of services.

3.1 Members shall not misrepresent, either directly or indirectly, their skills, training, professional credentials, identity or services.

3.2 Members shall provide only those services for which they are qualified through education or experience and which are allowed by their practice acts and other pertinent regulation.

3.3 Members shall provide services, make referrals, and seek compensation only for those services that are necessary.

3.4 Members shall recognize the need for continuing education and participate in educational activities that enhance their skills and knowledge.

3.5 Members shall educate those whom they supervise in the practice of athletic training about the Code of Ethics and stress the importance of adherence.

3.6 Members who are researchers or educators should maintain and promote ethical conduct in research and educational activities.

PRINCIPLE 4:

Members shall not engage in conduct that could be construed as a conflict of interest or that reflects negatively on the profession.

4.1 Members should conduct themselves personally and professionally in a manner that does not compromise their professional responsibilities or the practice of athletic training.

4.2 National Athletic Trainers' Association current or past volunteer leaders shall not use the NATA logo in the endorsement of products or services or exploit their affiliation with the NATA in a manner that reflects badly upon the profession.

4.3 Members shall not place financial gain above the patient's welfare and shall not participate in any arrangement that exploits the patient.

4.4 Members shall not, through direct or indirect means, use information obtained in the course of the practice of athletic training to try to influence the score or outcome of an athletic event, or attempt to induce financial gain through gambling.

