COURSES ACCEPTED AS MEETING
THE COACHES FIRST AID AND CPR/AED REQUIREMENT
(Updated) January 2014

*FIRST AID – All cards must be renewed every 3 years or per certifying agency requirements – NO ONLINE COURSES ARE ACCEPTED

1. A State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years) (www.emsc.nysed.gov/ciai/physed.html)
   - Click on Toolkit, then on Approved Coaching Courses
2. American Red Cross (Please send a copy of your certificate):
   a. The following Responding to Emergencies courses NOW VALID FOR ONLY 2 YEARS per ARC
      Responding to Emergencies First Aid
      Responding to Emergencies Adult and Child First Aid/CPR
      Responding to Emergencies Adult and Child First Aid/CPR/AED
      Responding to Emergencies Adult and Pediatric First Aid/CPR
      Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
      Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
      Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training
   b. Lifeguarding/First Aid/CPR/AED
   c. Lifeguarding/First Aid
   d. Waterfront Lifeguarding
3. NYS DOH/Bureau of Emergency Medical Services:
   a. Certified First Responder (meets FA & CPR certification)
4. National Safety Council:
   a. Advanced First Aid, CPR & AED (meets FA & CPR certification)
5. Emergency Care & Safety Institute (ECSI) (Please send a copy of your card)
   a. Sports First Aid & Injury Prevention-NYS Coaches
   b. First Aid, CPR, & AED, Essentials-NYS Coaches
   c. Health Care Provider CPR & AED
6. American Safety & Health Institute (ASHI) Advanced First Aid

*ADULT CARDIOPULMONARY RESUSCITATION (CPR) – All cards must be renewed every 1 - 2 years per certifying agency requirements – NO ONLINE COURSES ARE ACCEPTED

1. A State Education Department approved agency that offers CPR using the NEW SED course outline and time requirements: 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid) check out www.emsc.nysed.gov/ciai/physed.html - Click Toolkit, then on Approved Coaching Courses
2. National Safety Council (NSC):
   a. CPR/ AED Course
   b. Advanced First Aid, CPR & AED

*For further clarification on other specific First Aid/CPR certifications not listed, please contact the Associate in Physical Education at (518) 474-5922.
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3. American Heart Association Courses (AHA):
   a. Advanced Cardiac Life Support (ACLS) – *(credited only for CPR/AED)*
   b. Basic Life Support for Health Care Providers (BLS)
   c. Heartsaver AED (includes CPR)
   d. Heartsaver First Aid/CPR/AED

4. American Red Cross Courses (Please send a copy of your certificate):
   a. Adult CPR/AED (Note: For High School level coaches only)
   b. Adult & Child CPR/AED
   c. CPR/AED for the Professional Rescuer *(credited for CPR and AED)*
   d. Lifeguarding
   e. Lifeguarding/First Aid/CPR/AED
   f. Waterfront Lifeguarding
   g. Responding to Emergencies courses listed as follows:
      Responding to Emergencies Adult and Child First Aid/CPR/AED
      Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
      Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
      Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training

   g. CPR/AED for Professional Rescuers and Health Care Provider

5. American Safety & Health Institute (ASHI) (Please send a copy of your card)
   a. Adult CPR/AED (For High School Coaches only)

6. Emergency Care & Safety Institute (ECSI) (Please send a copy of your card)
   a. Sports First Aid & Injury Prevention-NYS Coaches
   b. First Aid, CPR, & AED, Essentials-NYS Coaches
   c. Health Care Provider CPR & AED

SED does not require the following to have separate certification in First Aid to coach, HOWEVER A VALID CPR CERTIFICATE WILL BE REQUIRED:

   a. All Nurses   b. Physician – Physician Assistant   c. Certified EMT/Paramedic   d. Certified Athletic Trainer
   e. Fire & Police Officers (full time)   f. Dentists (Includes Oral and Maxillofacial Surgeons)
   g. Physical Therapists   h. Optometrists

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