

Appendix A:

Exercise Science Major PEP 458 - Internship Application

Name: _____ **Cell phone:** _____

Banner ID: _____ **E-mail address:** _____

Overall GPA: _____

Major GPA: _____

Grades: Write grade for each course taken to right of course credits below:

Pre-requisite to PES 335 = BIO 321 & 322 OR **BIO 221** Survey of Anatomy and Physiology __

REQUIRED DIVISION (57 credits)			ELECTIVE DIVISION (9– 12 credits)		
Course Title	Cr	Gr	Course Title	Cr	
BIO 321 Anatomy and Physiology I	4		PES 350 History of Sport	3	
BIO 322 Anatomy and Physiology II	4		PES 430 Foundations of Sport and Exercise Psychology	3	
PES 325 Kinesiological Bases for Exercise and Sport	4		PES 441 Sport and Society	3	
PES 335 Physiological Bases for Exercise and Sport	4		PES 445 Social Psychology of Sport	3	
PES 420 Biomechanics	3		PES 446 Sport Spectating in the United States	3	
PES 460 Ethics of Sports	3		PES 451 The Modern Olympic Games	3	
PEP 305 Strength Training and Conditioning for Exercise Science	3		PES 401 Physical Activity in Adulthood	3	
			PES 405 Obesity and Society	3	
PES 311 Basic Athletic Training for ES	3		PES 439 Motor Learning	3	
PES 413 Motor Development	3		PES 495 Directed Study	3	
PES 415 Nutrition for Exercise and Sport	3		PES 499 Independent Study	3	
PBH 488 Applied Biostatistics and Epidemiology	3		BIO 285 Biology of Aging	3	
CHM 205 College Chemistry I	4		BIO 467 Biochemistry I	3	
CHM 206 College Chemistry II	4		BIO 468 Biochemistry II	3	
PES 410 Physiology of Exercise II	3		CHM 305 Organic Chemistry I	4	
PES 416 Laboratory Techniques in Exercise Physiology	3		CHM 306 Organic Chemistry II	4	
PEP 361 Cardiac Rehabilitation: Theory and Applications	3		MTH 201 Calculus I	3	
PES 417 Exercise Testing and Prescription	3		PHS 205 College Physics I w/ Laboratory	4	
PEP 455 Practicum in Exercise Programming	3		PHS 210 College Physics II w/ Laboratory	4	

PEP 458 Internship in Exercise Science	6			
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Due dates of application: For internships in the **summer** or **fall** semester, applications are due to the internship coordinator in exercise science by the **last week in February**. For internships in the **spring** semester, applications are due to the faculty by the **mid October**. You will be required to attend a mandatory informational meeting regarding the internship in which you'll bring the completed application and your current DegreeWorks audit report. You will receive an e-mail regarding exact meeting date from Ms. Amanda Shearer.

Very important: Once you have been placed for an internship, you **MUST register for PEP 458 during the semester you are completing your internship** in order to get credit for the internship and to complete the major in exercise science!!!!

Other important information:

Please indicate if you will be doing your internship Locally _____ (Rochester and surrounding area) or Out of Area/State/Country _____ Where? _____

Please indicate what type of internship you are interested in doing – strength and conditioning, personal training, cardiac rehab, corporate fitness, etc.. Also indicate if you have made any contacts for possible placement. I will ultimately need a contact person, with name and phone number, who is willing to be your supervisor.

Why do you believe this type of internship is right for you? Give some thought to your own field-related interests and career goals.
