

The College at Brockport

Athletic Training Program



*Athletic Training Student
Handbook*

2018-2019

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The College at Brockport Athletic Training Education Program

2017-2018 Athletic Training Program Handbook

I. Introduction

a. Mission

The Athletic Training major at The College at Brockport is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The major is committed to preparing students to become extraordinary certified athletic trainers and is comprised of highly motivated students who are pursuing a career in the athletic training field. The major curriculum is designed to provide athletic training students with a thorough education in athletic training through comprehensive didactic coursework and supervised clinical education. The Athletic Training major is a program of recognized excellence whose graduates are leaders in the allied health community.

b. Educational Goals

1. To provide undergraduate students at The College at Brockport an avenue for attainment of national certification by the Board of Certification.
2. To provide undergraduate students accepted into the Athletic Training major with the required didactic knowledge through classroom instruction in the following areas: Risk Management and Injury Prevention; Pathology of Injuries and Illnesses; Assessment and Evaluation; Acute Care of Injury and Illness; Pharmacology; Therapeutic Modalities; Therapeutic Exercise; General Medical Conditions and Disabilities; Nutritional Aspects on Injury and Illness; Psychosocial Intervention and Referral; Health Care Administration; and Professional Development and Responsibilities.
3. To provide undergraduate students accepted into the Athletic Training major with the required clinical instruction in the areas of: Risk Management and Injury Prevention; Pathology of Injuries and Illnesses; Assessment and Evaluation; Acute Care of Injury and Illness; Pharmacology; Therapeutic Modalities; Therapeutic Exercise; General Medical Conditions and

Disabilities; Nutritional Aspects on Injury and Illness; Psychosocial Intervention and Referral; Health Care Administration; and Professional Development and Responsibilities.

4. To provide undergraduate students accepted into the Athletic Training major the opportunity to incorporate both clinical and didactic knowledge into the clinical experience in order to develop the specific competencies pertaining to the domains of health care to the physically active while under the supervision of a Preceptor.
5. To provide the undergraduate students accepted into the Athletic Training major with the opportunity to successfully complete each of the specific competencies and clinical integration proficiencies pertaining to the Affective, Psychomotor, and Cognitive domains in the areas of Risk Management and Injury Prevention; Pathology of Injuries and Illnesses; Assessment and Evaluation; Acute Care of Injury and Illness; Pharmacology; Therapeutic Modalities; Therapeutic Exercise; General Medical Conditions and Disabilities; Nutritional Aspects on Injury and Illness; Psychosocial Intervention and Referral; Health Care Administration; and Professional Development and Responsibilities.
6. To provide undergraduate students accepted into the athletic training major with the opportunity to complete the necessary requirements in order to be eligible to take the Board of Certification Exam.
7. To produce professional, high quality Athletic Trainers to enter the profession of Athletic Training.

c. Student Learning Objectives

1. Student will be able to employ injury evaluation and management techniques
2. Student will be able to employ strengthening, conditioning and rehabilitation techniques in athletic training
3. Student will demonstrate the ability to apply the concepts of injury etiology and pathology to specific injuries
4. Student will demonstrate the ability to analyze rehabilitation and conditioning techniques
5. Student will demonstrate the ability to describe the basic administrative concepts in athletic training
6. Student will demonstrate the ability to apply injury prevention strategies and techniques
7. Student will successfully perform each of the Clinical Integration Proficiencies in athletic training
8. Student will be able to apply administrative concepts and practices to their clinical experience and clinical integration proficiencies
9. Student will successfully complete the BOC, Inc. certification exam

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III. Professional Program

a. Overview

The professional education program in Athletic Training is comprehensive and includes both classroom and clinical segments. These two segments should not be viewed as separate entities. The classroom segment focuses on the theory and knowledge underlying the practice of Athletic Training. The clinical segment focuses on the application of this knowledge in managing injuries and illnesses to the physically active. Information that is gained in the classroom is applied to actual situations in the clinical setting. Students should understand that the clinical experience courses are part of the educational curriculum and they are a vital part of the professional experience. During the clinical experience students are assigned to specific Preceptor's who will supervise their clinical education within a specific clinical setting. The clinical experience will frequently involve some autonomy in activity and decision-making by the student, but students will **never** be the primary person responsible for the care of an athlete or team.

b. Academic Program

Admission to the professional component of the Athletic Training Major is competitive and is based on a combination of academic performance, clinical observation performance, and a personal interview. Admission to the concentration is limited to no more than 14 students annually. The program is designed to be completed by full-time students in five consecutive semesters following admission to the professional component of the Athletic Training Major.

Athletic Training Major Requirements: (minimum grade of "C" or "S")-students entering on/after Fall 2015

| | | |
|---------|-------------------------------------|-----------|
| BIO 221 | Survey of Anatomy & Physiology | 4 credits |
| BIO 321 | Anatomy & Physiology I | 4 credits |
| BIO 322 | Anatomy & Physiology II | 4 credits |
| PES 385 | Basic Athletic Training | 3 credits |
| PES 411 | Advanced Athletic Training | 3 credits |
| PEP 412 | Athletic Injury Assessment I | 3 credits |
| PEP 413 | Athletic Injury Assessment II | 3 credits |
| PEP 255 | Taping for Athletic Training | 1 credit |
| PEP 356 | Therapeutic Modalities | 3 credits |
| PEP 358 | Therapeutic Exercise | 3 credits |
| PEP 359 | Organization & Administration of AT | 3 credits |
| PEP 362 | Strength & Conditioning for AT | 3 credits |
| PEP 414 | Seminar in AT I | 1 credit |
| PEP 415 | Seminar in AT II | 1 credit |
| PEP 416 | Seminar in AT III | 1 credit |

| | | |
|---------|--------------------------------------|-----------|
| PEP 417 | Seminar in AT IV | 1 credit |
| PEP 418 | Seminar in AT V | 1 credit |
| PEP 471 | Clinical Experience in AT I | 2 credits |
| PEP 472 | Clinical Experience in AT II | 2 credits |
| PEP 473 | Clinical Experience in AT III | 2 credits |
| PEP 474 | Clinical Experience in AT IV | 2 credits |
| PEP 475 | Clinical Experience in AT V | 2 credits |
| PES 325 | Kinesiological Bases for Ex. & Sport | 4 credits |
| PES 335 | Physiological Bases for Ex. & Sport | 4 credits |
| PES 420 | Biomechanics | 3 credits |
| PES 430 | Foundations of Sport & Ex Psych | 3 credits |
| PES 439 | Motor Learning | 3 credits |
| PSH 202 | Introductory Statistics | 3 credits |
| PSH 110 | Principles of Psychology | 3 credits |
| PBH 301 | Principles of Healthy Living or | |
| PBH 306 | Contemporary Issues in Health | 3 credits |
| PES 415 | Nutrition for Exercise and Sport | 3 credits |

c. Clinical Experience

The clinical education portion of the academic program is completed through PEP 471-475: Clinical Experience in Athletic Training I-V. A minimum of three semesters of the clinical experience will take place within the athletic program at The College at Brockport and one or two semesters may take place at an off campus clinical site (i.e., hospital, clinic, high school, etc.). During the clinical experience courses the students will be evaluated for fulfillment of the clinical integration proficiencies for athletic training. **The five clinical experience courses (PEP 471-475) are completed over a minimum of three academic years (not including summers) and include a minimum of 225 clock hours each semester and a maximum of 400 clock hours each semester.** The level of skill necessary and responsibility given to each student progressively increases with each clinical experience. Generally, students should average between 18-20 clinical experience hours/week each semester. **Athletic Training students should receive a minimum of one day off from their clinical experience assignments every seven days. In addition, students are not permitted to receive any monetary remuneration for their time during clinical experiences, excluding scholarships.**

During the clinical experience portion of the program the students will be assigned to a specific Preceptor each semester. The student will work with their assigned Preceptor for one semester. Generally, each student will be assigned to each Preceptor at least once during their five semesters of clinical experience. While assigned to a particular Preceptor, the student will work with all of the teams that the Preceptor is responsible for during the semester. **The clinical experience for each student begins when their assigned Preceptor begins their team coverage. This may include pre-season and intersession coverage.**

During the course of all five of the clinical experience courses (PEP 471-PEP475) the students will be exposed to Non-Sport Patient Populations and General Medical

Conditions. This takes place in The College at Brockport Athletic Training Room, Hazen Health Center, Strong West Emergency Department and Strong West Urgent Care in Spencerport. General Medical Conditions are covered in the didactic portion of the curriculum in PES 385 Basic Athletic Training, PES 411 Advanced Athletic Training and PEP 412 Athletic Injury Assessment I.

Exposure to Upper Extremity Sports, Lower Extremity Sports, and Equipment Intensive Sports will be formally attained during PEP 472 Clinical Experience in Athletic Training II, PEP 473 Clinical Experience in Athletic Training III, PEP 474 Clinical Experience in Athletic Training IV, and PEP 475 Clinical Experience in Athletic Training V. These formal experiences for the student are designed to occur during the second, third, fourth and fifth semesters in the program when they are enrolled in and following the completion of PEP 412 Athletic Injury Assessment I and PEP 413 Athletic Injury Assessment II coursework. This will allow the student the opportunity to apply injury evaluation and testing skills that they attained through this coursework. In addition, each athletic training student will have the opportunity to work with both male and female athletes.

Evaluation of the students' clinical experience will be performed at mid-semester and conclusion of each semester. In addition to the written evaluations, each student is required to demonstrate mastery in each of the clinical integration proficiencies (CIP's) highlighted for their respective semester (I-V). These CIP's are outlined in the clinical proficiency binder that each student receives at the commencement of the clinical experience and on the ATRACK online system. Failure to complete all of the CIP's (signed off by Preceptor) will result in a grade of "Incomplete" as detailed in the Clinical Experience Syllabi. These evaluations will be utilized to assess the student's progress toward the fulfillment of required competencies and CIP's and will be performed by the assigned Preceptor and discussed between the student, the Preceptor, and the program director/clinical education coordinator.

Although one of the major objectives in each clinical experience is for students to gain autonomy in their skills, students should never confuse autonomy with unsupervised practice. Students enrolled in the Clinical Experience courses will not receive academic credit or approved hours for any hours that are not under the direct supervision of a Preceptor. If, at any time, a student feels like they are not being supervised appropriately, they should notify the Clinical Education Coordinator immediately.

Each student is expected to be present for ALL assigned clinical experiences as assigned by your Preceptor. Practices and games that are supervised by a Preceptor and take place in the evenings, weekends, etc. are part of the clinical experience and attendance at these events is not optional. If you have a conflict with a clinical experience assignment you need to speak with your Preceptor, however, weekends are not optional.

Teams that Preceptor's are responsible for:

Lee Cohen

Fall

Football
Tennis
NT - Baseball

Winter

Swimming

Spring

Baseball
NT - Football

Erin Chapman

Fall

Field Hockey
NT – Women's Lax

Winter

Ice Hockey
Gymnastics
Indoor Track and Field

Spring

Women's Lacrosse

Jeremiah Sorenson

Fall

Men's Soccer
NT – Men's Lax

Winter

Men's Basketball
Women's Basketball

Spring

Men's Lacrosse
Track and Field
NT – Men's Soccer

John Jackson

Fall

Women's Soccer
Volleyball
X-Country
NT – Softball

Winter

Wrestling

Spring

Softball
NT - Volleyball
NT – Women's Soccer

d. Clinical Education Activities

Students may only perform athletic training activities when under the supervision of a Preceptor. Students may never perform athletic training activities outside their educational program or when they are unsupervised.

In order to take part in the clinical aspect of the Athletic Training Program each student must produce evidence of current certification in First Aid and CPR/AED for the Professional Rescuer (or equivalent).

e. Athletic Training Student Travel

Athletic Training Students will only travel with intercollegiate athletic teams when accompanied by a Preceptor for The College at Brockport.

If an Athletic Training Student would like to provide their own transportation to an away event, approval must be obtained from the Head Athletic Trainer and Athletic Director. The travel request form is located in the Athletic Training Clinic.

If an Athletic Training Student will be missing class because of an away trip, class excuse forms are required. These should be signed by the Preceptor and given to the course instructor. The class excuse forms are located in the Athletic Training Clinic.

f. Retention in Program

To be retained in the Athletic Training Concentration, students must:

1. Complete all required coursework with a grade of “C” or better
**Students will not be allowed to progress to the next course in the Athletic Training sequence until a grade of “C” or better is attained
2. Complete required clinical experiences (five consecutive semesters)
**All clinical integration proficiencies associated with each semester of clinical experiences must be completed in order to progress to the next clinical experience course
3. Complete required competencies and clinical integration proficiencies
4. Demonstrate on-going compliance with all technical standards and immunization requirements (see Athletic Training Web site)
5. Adhere to all policies and procedures outlined in the Athletic Training Handbook
6. Adhere to regulations governing the practice of Athletic Training in New York State (Article 162, Section 8350)(Appendix B)
7. Adhere to National Athletic Trainers’ Association Code of Ethics (Appendix C)
8. Maintain current certification in First Aid and CPR/AED.

**Failure to comply with the above criteria will result in dismissal from the Athletic Training Program.

g. Athletic Training Student Health Policy

All students admitted into the Athletic Training major must undergo a physical examination in order to assess the students’ ability to comply with the Technical Standards for Athletic Training. Each student will undergo a physical examination prior to admittance into the program. This examination will assess the medical components of physical health and other disabilities and verify appropriate immunization history. All students must verify immunizations for hepatitis B, measles, mumps, rubella, tetanus, and diphtheria. All students must provide documentation of a negative PPD test annually.

****No student will be allowed to perform direct patient care prior to receiving the Hepatitis B vaccination series (or declining via written statement) or annual bloodborne pathogen training**

All students must comply with the Communicable Disease Policy (Appendix D). Any student suspected of exposure/contact to infective illness will be referred to Hazen Health Center for evaluation and treatment. In the case of infective illness Athletic Training Students will not be permitted to participate in the clinical experience aspect of the concentration until cleared by Hazen Health Center.

h. Bloodborne Pathogen Training and Workplace Practices

All students enrolled in the Athletic Training major will complete annual bloodborne pathogen training in accordance with the Occupational Safety and Health Administration (OSHA) Standards. For first year students, this training will take place during the program orientation prior to the commencement of any clinical experience coursework. For returning students (second or third year) bloodborne pathogen training will take place at the end beginning of each academic year. All students completing off-campus clinical experiences will receive site specific BBP training prior to beginning their clinical experience at the site. A post-exposure plan is available to all students in the event of accidental exposure to a bloodborne pathogen.

During all clinical experiences athletic training staff and students will be required to follow the OSHA Universal Precautions for the management of bloodborne pathogens. Protective equipment and materials are available in all the clinical settings. The procedures will include the use of the following:

- Gloves
- Gowns
- Sharps containers
- Eye protection
- Biohazard containers
- Surface decontaminant(bleach -10:1, zorbicide)

i. Athletic Training Student Malpractice Liability Insurance

All students admitted into the Athletic Training Program must purchase malpractice liability insurance through the State University of New York. Students will not be permitted to participate in the clinical experience until documentation of insurance is produced. The liability insurance is billed through a “clinical instruction fee” as part of the student’s bill. The current fee for the 2018-2019 year is \$21.00/semester.

j. Athletic Training Social Media Policy

Posting of personal information or material of a sensitive or potentially damaging nature on any social networking site (i.e. Facebook, Twitter, Instagram, Snapchat, Vine, YouTube, etc.) is strongly discouraged. In addition, any misrepresentation of the Athletic Training Program, the Department of Kinesiology, Sports Studies or Physical Education or The College at Brockport in text, photo or video format is strictly prohibited. At no time should an ATS engage in posting pictures or comments about anything related to their clinical education.

II. Professional Responsibilities

Professionalism will be demanded from all athletic training program students and staff at all times. The student should view the clinical experience as a professional environment and should conduct themselves accordingly at all times.

a. Dress Code

Students should be aware that the clinical experience requires specific professional attire. Students who do not comply with the dress code for their clinical rotation may be excused from the rotation for the day. An ongoing pattern of inappropriate dress may be grounds for dismissal from the program. All students should adhere to the following dress code:

1. Dress should be clean, neat, and functional.
 - a. All shirts should be tucked in
 - b. No shirts allowed that do not cover the stomach and low back at all times
 - c. All tattoos should be covered at all times
2. Practice good hygiene. Hands should be clean and finger nails short. Use discretion in make-up, cologne, long hair, etc.
3. When covering games the ATS should wear Brockport Athletic Training Shirts.
 - a. All students covering the same game should wear the same color shirt
 - b. If you are cold you need to wear either your Athletic Training jacket or a sweater over your Athletic Training Shirt
4. All ATS's should dress like the team for travel
 - a. If the team dresses up, you dress up
5. No hooded sweatshirts in the Athletic Training Clinic or for games or contests
 - a. Except Athletic Training Sweatshirts(not for games)
6. No jeans should be worn. Dress pants are required.
7. Cut-off shorts and sweatpants are forbidden...Dress shorts are required.
 - a. Shorts must have pockets
8. Collared shirts must be worn at all times during the clinical experience....no exceptions!!!
9. Skirts or dresses are not professionally appropriate in the athletic training clinic.
10. Sandals, clogs, platform heels, or other non-functional shoes are not acceptable.
11. Facial jewelry and piercings are prohibited in the Athletic Training clinical setting. Piercings are limited to the ears for females only.

**During the pre-season and inter-session experiences students should wear either the Brockport Athletic Training t-shirts, polos or sweatshirts.

b. Expectations/Responsibilities of the Athletic Training Student

1. Abiding by the clinical site's policies and procedures
2. Abiding by the Athletic Training Major policies and procedures
3. Reporting for all assigned clinical sessions including, but not limited to, practice sessions, competitions, treatment sessions, rehabilitation sessions, training sessions, meetings, in-services, and appointments
4. Completing all coursework, assignments, and competencies and proficiencies associated with the respective clinical experience course
5. Providing or obtaining transportation to and from the clinical sites and paying for all associated costs (i.e. fuel, parking, permits, etc.). This includes, but is not limited to, the expenses associated with fuel and parking. The Athletic Training Major is not responsible for costs or damages incurred while traveling to or from the clinical sites.
6. Obtaining the uniform or type of clothing deemed appropriate for the clinical site
7. Maintaining current CPR/AED certification
8. Informing the clinical site supervisor AND PD/CEC of any questions or concerns regarding the clinical rotations or clinical site
9. Informing the clinical site supervisor AND PD/CEC of any violations of local laws, state laws, federal laws, policies and procedures of the clinical site and/or the Athletic Training Major, and/or the NATA's Code of Ethics
10. Informing the PD/CEC and Preceptor of his/her health status changes
11. Informing the Program Director/Clinical Education Coordinator and Preceptor of his/her health status changes
12. Be punctual for all duties and rotations
13. Maintain a professional relationship with the athletic training staff, coaches, athletes, other athletic training students, and other allied health personnel.
14. Carry out evaluations, treatments, rehabilitation, and recording of injuries and illnesses under the supervision of the PRECEPTOR
15. Maintain complete and accurate records regarding medical care

16. Prepare ice, water, kits, splints, etc. for daily practice/game coverage
17. Prepare a daily injury report for coaches in concert with PRECEPTOR
18. Complete daily check-list for Athletic Training Clinic maintenance and clean-up
19. Return equipment and supplies to their proper area and restock depleted areas
20. Follow all Athletic Training Clinic policies and procedures

** Each athletic training student will be allowed three excused absences from their clinical assignment each semester. These should be conserved and used for emergency situations that may arise during the semester. Examples: illness, doctor's appointment, etc. As a reminder, all clinical experience assignments that take place under the supervision of a Preceptor are mandatory (weekends included). These must be approved ahead of time by your Preceptor and

documented on the calendar in the Athletic Training Clinic. In addition, the athletic training student is responsible for finding coverage for their assignment. Excessive absences will be reflected in the Clinical Experience Grade.

**** Students should not have food while covering practices/games. Drinks are acceptable, however, all consumption of food should be completed prior to athletic training clinical assignments.**

c. Unacceptable Performance

All athletic training students are required to follow all procedures described within this handbook. Failure to comply with any of these (i.e. technical standards, late for an assignment, social media policy, unsatisfactory dress, etc.) on three separate occasions will result in dismissal from the program. Following each violation a letter will be put in the student's file and the student will be notified by the program director of their status. Students may be permanently dismissed from the program after one violation if the violation is deemed serious. Behaviors that violate College guidelines or state, local, or federal laws will be reported to the appropriate authorities.

Unacceptable Performance during the Clinical Experience

Preceptors/Clinical supervisors may remove a student from the clinical rotation, at any time, if the supervisor feels that the student has (a) behaved in an inappropriate manner; (b) placed a patient in a potentially harmful situation as a result of the ATS using unsafe clinical practice; (c) violated the site's guidelines (d) violated the guidelines included in the Preceptor handbook; or (e) violated the guidelines included in the ATS handbook.

It is the clinical supervisor's responsibility to inform the Program Director/Clinical Education Coordinator of any instances in which the student violates the guidelines on appropriate behavior and/ or is asked to leave a clinical rotation for inappropriate behavior. If a violation of guidelines occurs, the clinical supervisor is to contact the Program Director as soon as possible after the occurrence. The offending student will be required to meet with the Program Director to discuss the situation before the student will be allowed to return to the clinical setting. Students may or may not be reinstated to the clinical rotation depending on the severity of the violation. This determination will be made by the Program Director and the clinical site supervisor. Students that are removed from the clinical rotation will NOT be reassigned to another clinical site until the next rotation period. Students may be permanently prevented from participating in future clinical rotations if the violation is deemed serious and / or the student demonstrates recurring inappropriate behaviors (three separate occasions as described above). Behaviors that violate College guidelines or state, local, or federal laws will be reported to the appropriate authorities.

d. Athletic Training Student Relationships

With coaches - Communication between the athletic training student and the coach is important. Information about an athlete's condition should be reported daily via the "coaches injury report" by the athletic training student assigned to that particular team. Any questions concerning the injury report should be directed to a staff athletic trainer.

With Athletes - Patient/athlete health matters are confidential and treated in a professional manner. Discussion of patient cases and conditions will not be tolerated. What is seen and heard in the athletic training clinic should not be discussed in public. Information about an athlete's condition will be released by the team physician or staff athletic trainers only, with written permission from the athlete.

With Staff certified athletic trainers - The staff athletic trainers are here to teach, help, advise, and interact with students. Athletic training students at Brockport are expected to develop the qualities of dependability, loyalty, dedication and professionalism. These same qualities are expected and will be conveyed by the staff athletic trainers.

With Team physician and/or Physician Assistant - Athletic training students are expected to work with the team physician and or physician assistant in a professional manner. The team physician and/or physician assistant supervise the athletic training team and the student is expected to perform whatever tasks are assigned.

e. Confidentiality

Patient confidentiality is of the utmost importance. At no time should the confidentiality of the patients be breached. Students should not discuss confidential patient information with anyone (fans, friends, roommates, parents, etc.) other than the Athletic Training staff or other qualified allied health personnel. All records are confidential and should never be removed from the clinical site without permission of the clinical supervisor. All students must comply with the provisions of the Healthcare Information Portability and Accountability Act (HIPAA) and the Family Educational Rights and Privacy Act (FERPA). Breaches of confidentiality may result in dismissal from the program.

The College at Brockport Athletic Training Policies on Protected Health Information

Policies for the consent for treatment, release of, maintenance and disposal of protected health information are as follows:

- a. Each patient evaluated by a Certified Athletic Training Staff member shall imply consent by signing in to the Mediat Electronic Medical Record system.
- b. Each patient shall sign a consent for release of information form when warranted and necessary. In the event protected health information must be faxed to or from the Athletic Training Clinic it shall be handled by the Athletic Training Staff and kept confidential

- c. Each patient shall have their protected health information maintained in the Medcat Electronic Medical Record system with Athletic Training Staff and Hazen Health Center access only
- d. Each patients protected health information shall be disposed of after 10 years from the date they are initially evaluated in the Athletic Training Clinic.

f. Conduct When Traveling with Athletic Teams

When teams are competing on the road, accompanying athletic training student(s) are expected to comply with all team rules associated with that particular team. Just like student-athletes, athletic training students are representatives of that individual sport, as well as the Athletic Training Program, the Office of Intercollegiate Athletics, the Department of Kinesiology, Sport Studies and Physical Education and the institution itself. Any conduct which may lead to an unfavorable impression of that team and /or any of the above stated constituencies will not be tolerated. The conduct rule applies to all road trips, but is specifically directed to encompass overnight trips and those scheduled during spring break. This includes any and all regulations pertaining to, but not limited to, drinking policy, curfew, and acceptable behavior in hotels, vans, or buses, and at playing or practice sites. Failure to adhere to these team rules may result in suspension or termination from the Athletic Training Program. Decisions concerning disciplinary measures will be handled by the Athletic Training Program Director and the Head Athletic Trainer, in consultation with the Director of Athletics and the Vice President for Enrollment Management.

g. Brockport Athletic Training Clinic Procedures

The athletic training clinic is a co-ed health care facility meeting highly professional standards and will be treated as such. Only the highest degree of professional attitude will be tolerated in this facility. The following procedures and rules are designed to ensure smooth function of the athletic training clinic.

1. Procedure

- a. First time injured athletes must see a staff athletic trainer for evaluation, treatment, rehabilitation via signing in to the Medcat Electronic Medical Records system.
- b. New injuries must be evaluated by a staff athletic trainer so that proper treatment or referral can be initiated.
- c. After the initial injury evaluation has taken place, each time the athlete reports to the Athletic Training Clinic for subsequent follow up care they must sign in to the Medcat Electronic Medical Records system to be seen by an Athletic Training Staff person (student or certified)

- d. Athletes who are reconditioning injuries must have their individual treatment form and reconditioning chart available for the staff or athletic training student to monitor and record their exercise.
- e. Any practice/game limitations or misses (by the athlete due to injury) are recorded and placed in the year-end report for each team.
- f. Athletes needing tape should proceed to the taping area. They do not need to sign into Medicat.

Injured athletes often require medical equipment to aid with healing i.e. ace wraps, crutches, etc. Equipment will be issued when a checkout and return form has been completed. The use of this form helps to ensure return of equipment to the athletic training room.

2. Rules

- a. The athletic training clinic hours of operation are 12:00-until the end of practices daily. Hours vary on the weekends depending on scheduled athletic contests. This schedule may change if the situation warrants a change, only at the discretion of staff athletic trainers.
- b. Respect and maturity should be observed at all times by everyone, particularly since it is a co-ed facility.
- c. Cleated shoes are not allowed in the athletic training clinic.
- d. Proper dress of athletes is required (i.e. shirt, shorts, sweatpants, sneakers).
- e. Horseplay and improper language will not be tolerated.
- f. Self treatments and taping are not allowed. Staff and/or Athletic Training students will perform these duties.
- g. Tobacco products are not allowed in the athletic training clinic.
- h. Loitering is not allowed.
- i. Athletes are not allowed in the training clinic office unless accompanied by a staff athletic trainer or athletic training student.
- j. Athletes needing referral to Hazen Health Center, team physician, or hospital are referred by the staff athletic trainers. Transportation is provided in the event of an emergency situation by ambulance. Transportation is not provided for non-emergency situations.

h. Athletic Practice and Contest Coverage

1. Classification of Patients

12. In-season athletes – full athletic training services shall be available for all in-season athletes

13. Out-of-season athletes and non-athletes – must first be examined by a Certified Athletic Trainer who will setup a treatment/rehabilitation protocol or refer patient to the Health Center

2. Home Contest Supplies

The following supplies should be available:

- i. Fully stocked athletic training kit
- ii. Ice
- iii. Water/Cups as needed

3. Visiting Team Athletic Training Service

The visiting team is provided the same high quality care provided for Brockport athletes. When requested, taping is performed by the home athletic training staff with supplies provided by visiting teams. If supplies are not available, the staff athletic trainer covering the contest must be contacted regarding providing supplies.

The athletic training student assigned to the contest is responsible to ensure that both teams' athletic training needs are met.

III. Emergency Procedures

In the event of a serious injury the following procedures must be followed:

1. Certified athletic trainer or coach, (if certified athletic trainer is unavailable), in charge shall attend immediately to the injured athlete and activate EMS via University Police: **395-2222**.
2. Certified athletic trainer or coach in charge instructs someone, preferably an athletic training student or coach, to immediately do the following:
 - a. Contact a certified athletic trainer, if available, via cell phone or athletic training room phone (**395-5374**).
 - b. Call University Police and ask for an ambulance to be dispatched to your location. **395-2222**.
 - i. Give the following information
 1. Your name and title.
 2. Nature of injury to the athlete.
 3. Specific location of injured athlete:
 - a) TN gymnasium/Ice arena/WR room/GYM room/TN pool, TS gymnasium, Stadium, FH field, FB practice field, Tennis courts, Soccer game fields, SERC **all located at or behind Tuttle Complex, south off of New Campus Drive.**
 - b) BB/SB fields, Soccer/LAX practice fields **located on the west side of Commencement Drive.**
 - c) MSoccer practice field at **Sweden town park on west side of Redman Road.**
 4. Have an athletic trainer or coach meet the ambulance at the entrance closest to the facility where the injured athlete is located.
3. Athletic trainer or coach attending to the athlete should keep him/her comfortable. Stabilize the condition and wait for help.

*Check vital signs: Airway
Breathing/Bleeding
Pulse
Consciousness

4. University Police and/or the ambulance personnel will notify the hospital that an injured athlete is being transported.

5. **Phone Locations:**

- a. TN gymnasiums, Stadium and surrounding fields- cell phone, emergency phone on south external wall of TS at base of ramp from the weight room/FB locker room.
 - b. Baseball/softball/Soccer/Lacrosse practice fields- cell phone
 - c. Ice arena/wrestling room- cell phone, emergency phone on wall near home locker room in ice arena.
 - d. TS gymnasium, all purpose room- cell phone, phone in athletic training room.
6. Equipment available:
- a. AED- various locations in TN/TS, mobile (4) at practice/game sights.
 - b. Vacuum Splints (2 sets) mobile at practice/game sights.
 - c. Stocked athletic training kits at all practice/game sights.
 - d. Backboard/cervical collar located in ATR/TN pool, mobile for practice/game sights.



Eunice Kennedy Shriver Stadium

Emergency Personnel:

Certified Athletic Trainer and student assistant(s) on site for practice and competition: all available coaching and department staff.

Emergency Communication:

- Athletic Trainer's Office (585) 395-5374
- University Police (585) 395-2222
- EMS (585) 395-2222

Emergency Equipment:

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of equipment. Emergency equipment location is listed below for your perusal.

AED location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

First Aid kit location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

Roles of First Responders:

- Immediate care of the injured or ill student-athlete/patron.
- Emergency equipment retrieval.
- Making the Call: Emergency number
 - University Police (585) 395-2222
- Scene control: limit scene to first aid providers and move bystanders away from area.
- Complete accident/incident report.

Lightning Safety Measures:

At the first signs of lightning or thunder suspend all activity. Athletes are to take shelter in the Tuttle South Gymnasium until it is safe to return to the field or until the event is cancelled.

Venue Directions: Eunice Kennedy Shriver Stadium

It would be most efficient to meet the emergency personnel at the northeast entrance of the stadium.



Jim and John Vlogianitis Gymnasium

Emergency Personnel:

Certified Athletic Trainer and student assistant(s) on site for practice and competition: all available coaching and department staff.

Emergency Communication:

- Athletic Trainer's Office (585) 395-5374
- University Police (585) 395-2222
- EMS (585) 395-2222

Emergency Equipment:

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of equipment. Emergency equipment location is listed below for your perusal.

AED location:

- On-site supplied by Athletic Training room office
- Fire Tunnel at South West corner of Gymnasium
- Athletic Training Room

First Aid kit location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

Roles of First Responders:

- Immediate care of the injured or ill student-athlete/patron.
- Emergency equipment retrieval.
- Making the Call: Emergency number
– University Police (585) 395-2222
- Scene control: limit scene to first aid providers and move bystanders away from area.
- Complete accident/incident report.

Venue Directions: Jim and John Vlogianitis Gymnasium

It would be most efficient to meet the emergency personnel at the loop in Lot T located at Southeast entrance for Tuttle North. Emergency personnel can be directed up the stairs and to the gymnasium or, if they need use of an elevator, down the ramp through the hallway and up the elevator.



Tuttle North Ice Arena

Emergency Personnel:

Certified Athletic Trainer and student assistant(s) on site for practice and competition: all available coaching and department staff.

Emergency Communication:

- Athletic Trainer's Office (585) 395-5374
- University Police (585) 395-2222
- EMS (585) 395-2222

Emergency Equipment:

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of equipment. Emergency equipment location is listed below for your perusal.

AED location:

- On-site supplied by Athletic Training room office
- Athletic Training Room
- South east end of Ice Arena to the left of the men's locker room

First Aid kit location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

Roles of First Responders:

- Immediate care of the injured or ill student-athlete/patron.
- Emergency equipment retrieval.
- Making the Call: Emergency number
 - University Police (585) 395-2222
- Scene control: limit scene to first aid providers and move bystanders away from area.
- Complete accident/incident report.

Venue Directions: Tuttle North Ice Arena

It would be most efficient to meet the emergency personnel at the north entrance on ground level just east of the front entrance of the SERC.



The College at
BROCKPORT
STATE UNIVERSITY OF NEW YORK

Clark V. Whited Complex

Emergency Personnel:

Certified Athletic Trainer and student assistant(s) on site for practice and competition: all available coaching and department staff.

Emergency Communication:

- Athletic Trainer's Office (585) 395-5374
- University Police (585) 395-2222
- EMS (585) 395-2222

Emergency Equipment:

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of equipment. Emergency equipment location is listed below for your perusal.

AED location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

First Aid kit location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

Roles of First Responders:

- Immediate care of the injured or ill student-athlete/patron.
- Emergency equipment retrieval.
- Making the Call: Emergency number
 - University Police (585) 395-2222
- Scene control: limit scene to first aid providers and move bystanders away from area.
- Complete accident/incident report.

Lightning Safety Measures:

At the first signs of lightning or thunder suspend all activity. Visiting athletes are to take shelter on their bus. Brockport athletes are to take shelter in their vehicles with their windows rolled up until it is safe to return to the field or until the event is cancelled.

Venue Directions: Clark V. Whited Complex

It would be most efficient to meet the emergency personnel at the east entrance to the complex off of Commencement Drive. In the event of a lightning emergency, athletes should take shelter in Tuttle South Gymnasium until it is safe to return to the field or the event is cancelled. Visiting team may stay on their bus or go to the Tuttle South Gymnasium.



James B. Fulton Natatorium

Emergency Personnel:

Certified Athletic Trainer and student assistant(s) on site for practice and competition: all available coaching and department staff.

Emergency Communication:

- Athletic Trainer's Office (585) 395-5374
- University Police (585) 395-2222
- EMS (585) 395-2222

Emergency Equipment:

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of equipment. Emergency equipment location is listed below for your perusal.

AED location:

- On-site supplied by Athletic Training room office
- Athletic Training Room
- South end of pool directly next to men's locker room entrance

First Aid kit location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

Roles of First Responders:

- Immediate care of the injured or ill student-athlete/patron.
- Emergency equipment retrieval.
- Making the Call: Emergency number
 - University Police (585) 395-2222
- Scene control: limit scene to first aid providers and move bystanders away from area.
- Complete accident/incident report.

Venue Directions: James B. Fulton Natatorium

It would be most efficient to meet the emergency personnel at the loop in Lot T located at Southeast entrance for Tuttle North. Emergency personnel can be directed down the ramp and to the Natatorium.



A. Huntley Parker Jr. Field

Emergency Personnel:

Certified Athletic Trainer and student assistant(s) on site for practice and competition: all available coaching and department staff.

Emergency Communication:

- Athletic Trainer's Office (585) 395-5374
- University Police (585) 395-2222
- EMS (585) 395-2222

Emergency Equipment:

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of equipment. Emergency equipment location is listed below for your perusal.

AED location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

First Aid kit location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

Roles of First Responders:

- Immediate care of the injured or ill student-athlete/patron.
- Emergency equipment retrieval.
- Making the Call: Emergency number
 - University Police (585) 395-2222
- Scene control: limit scene to first aid providers and move bystanders away from area.
- Complete accident/incident report.

Lightning Safety Measures:

At the first signs of lightning or thunder suspend all activity. Athletes are to take shelter in the Tuttle South Gymnasium until it is safe to return to the field or until the event is cancelled.

Venue Directions: A. Huntley Parker Jr. Field

It would be most efficient to meet the emergency personnel at the south end of Parking Lot V which is located directly west of the SERC.



Brockport Gymnastics Center

Emergency Personnel:

Certified Athletic Trainer and student assistant(s) on site for practice and competition: all available coaching and department staff.

Emergency Communication:

- Athletic Trainer's Office (585) 395-5374
- University Police (585) 395-2222
- EMS (585) 395-2222

Emergency Equipment:

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of equipment. Emergency equipment location is listed below for your perusal.

AED location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

First Aid kit location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

Roles of First Responders:

- Immediate care of the injured or ill student-athlete/patron.
- Emergency equipment retrieval.
- Making the Call: Emergency number
– University Police (585) 395-2222
- Scene control: limit scene to first aid providers and move bystanders away from area.
- Complete accident/incident report.

Venue Directions: Brockport Gymnastics Center

It would be most efficient to meet the emergency personnel at the loop in Lot T located at Southeast entrance for Tuttle North. Emergency personnel can be directed down the ramp, through the hallway, and down the elevator to the Gymnastics Center.



Brockport Tennis Courts

Emergency Personnel:

Certified Athletic Trainer and student assistant(s) on site for practice and competition: all available coaching and department staff.

Emergency Communication:

- Athletic Trainer's Office (585) 395-5374
- University Police (585) 395-2222
- EMS (585) 395-2222

Emergency Equipment:

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of equipment. Emergency equipment location is listed below for your perusal.

AED location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

First Aid kit location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

Roles of First Responders:

- Immediate care of the injured or ill student-athlete/patron.
- Emergency equipment retrieval.
- Making the Call: Emergency number
 - University Police (585) 395-2222
- Scene control: limit scene to first aid providers and move bystanders away from area.
- Complete accident/incident report.

Lightning Safety Measures:

At the first signs of lightning or thunder suspend all activity. Athletes are to take shelter in the Tuttle South Gymnasium until it is safe to return to the field or until the event is cancelled.

Venue Directions: Brockport Tennis Courts

It would be most efficient to meet the emergency personnel at the south end of Parking Lot V which is located directly west of the SERC.



Brockport Field

Emergency Personnel:

Certified Athletic Trainer and student assistant(s) on site for practice and competition: all available coaching and department staff.

Emergency Communication:

- Athletic Trainer's Office (585) 395-5374
- University Police (585) 395-2222
- EMS (585) 395-2222

Emergency Equipment:

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of equipment. Emergency equipment location is listed below for your perusal.

AED location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

First Aid kit location:

- On-site supplied by Athletic Training room office
- Athletic Training Room

Roles of First Responders:

- Immediate care of the injured or ill student-athlete/patron.
- Emergency equipment retrieval.
- Making the Call: Emergency number
– University Police (585) 395-2222
- Scene control: limit scene to first aid providers and move bystanders away from area.
- Complete accident/incident report.

Lightning Safety Measures:

At the first signs of lightning or thunder suspend all activity. Athletes are to take shelter in the Tuttle South Gymnasium until it is safe to return to the field or until the event is cancelled.

Venue Directions: Brockport Field

It would be most efficient to meet the emergency personnel at the northwest entrance of the stadium. In the event of a lightning emergency, athletes should take shelter in Tuttle South Gymnasium until it is safe to return to the field or the event is cancelled. Visiting team may stay on their bus or go to the Tuttle South Gymnasium.

Appendix A

Article 162, Athletic Training

[§8350. Introduction.](#) | [§8351. Definition.](#) | [§8352. Definition of practice of athletic training.](#) | [§8353. Use of the title "certified athletic trainer".](#) | [§8354. State committee for athletic trainers.](#) | [§8355. Requirements and procedure for professional certification.](#) | [§8356. Special provisions.](#) | [§8357. Non-liability of certified athletic trainers for first aid or emergency treatment.](#) | [§8358. Separability.](#)

§8350. Introduction.

This article applies to the profession of athletic training. The general provisions of all professions contained in article one hundred thirty of this chapter shall apply to this article.

§8351. Definition.

As used in this article "athletic trainer" means any person who is duly certified in accordance with this article to perform athletic training under the supervision of a physician and limits his or her practice to secondary schools, institutions of postsecondary education, professional athletic organizations, or a person who, under the supervision of a physician, carries out comparable functions on orthopedic athletic injuries, excluding spinal cord injuries, in a health care organization. Supervision of an athletic trainer by a physician shall be continuous but shall not be construed as requiring the physical presence of the supervising physician at the time and place where such services are performed.

The scope of work described herein shall not be construed as authorizing the reconditioning of neurologic injuries, conditions or disease.

§8352. Definition of practice of athletic training.

The practice of the profession of athletic training is defined as the application of principles, methods and procedures for managing athletic injuries, which shall include the preconditioning, conditioning and reconditioning of an individual who has suffered an athletic injury through the use of appropriate preventative and supportive devices, under the supervision of a physician and recognizing illness and referring to the appropriate medical professional with implementation of treatment pursuant to physician's orders. Athletic training includes instruction to coaches, athletes, parents, medical personnel and communities in the area of care and prevention of athletic injuries.

The scope of work described herein shall not be construed as authorizing the reconditioning of neurologic injuries, conditions or disease.

§8353. Use of the title "certified athletic trainer".

Only a person certified or otherwise authorized under this article shall use the title "certified athletic trainer".

§8354. State committee for athletic trainers.

A state committee for athletic trainers shall be appointed by the board of regents, upon the recommendation of the commissioner and shall assist on matters of certification and professional conduct in accordance with section six thousand five hundred eight of this title. The committee shall consist of five members who are athletic trainers certified in this state. The committee shall assist the state board for medicine in athletic training matters. Nominations and terms of office of the members of the state committee for athletic trainers shall conform to the corresponding provisions relating thereto for state boards under article one hundred thirty of this chapter. Notwithstanding the foregoing, the members of the first committee need not be certified prior to their appointment to the committee.

§8355. Requirements and procedure for professional certification.

For certification as a certified athletic trainer under this article, an applicant shall fulfill the following requirements:

1. Application: file an application with the department;
 2. Education: have received an education including a bachelor's, its equivalent or higher degree in accordance with the commissioner's regulations;
 3. Experience: have experience in accordance with the commissioner's regulations;
 4. Examination: pass an examination in accordance with the commissioner's regulations;
 5. Age: be at least twenty-one years of age; and
 6. Fees: pay a fee for an initial certificate of one hundred dollars to the department; and a fee of fifty dollars for each triennial registration period.
-

§8356. Special provisions.

A person shall be certified without examination provided that, within three years from the effective date of regulations implementing the provisions of this article, the individual:

1. files an application and pays the appropriate fees to the department; and
2. meets the requirements of subdivisions two and five of section eight thousand three hundred fifty-five of this article and who in addition:

- a. has been actively engaged in the profession of athletic training for a minimum of four years during the seven years immediately preceding the effective date of this article; or
 - b. is certified by a United States certifying body acceptable to the department.
-

§8357. Non-liability of certified athletic trainers for first aid or emergency treatment.

Notwithstanding any inconsistent provision of any general, special or local law, any certified athletic trainer who voluntarily and without the expectation of monetary compensation renders first aid or emergency treatment at the scene of an accident or other emergency, outside a hospital, doctor's office or any other place having proper and necessary athletic training equipment, to a person who is unconscious, ill or injured, shall not be liable for damages for injuries alleged to have been sustained by such person or for damages for the death of such person alleged to have occurred by reason of an act or omission in the rendering of such first aid or emergency treatment unless it is established that such injuries were or such death was caused by gross negligence on the part of such athletic trainer. Nothing in this section shall be deemed or construed to relieve a certified athletic trainer from liability for damages for injuries or death caused by an act or omission on the part of an athletic trainer while rendering professional services in the normal and ordinary course of his or her practice.

§8358. Separability.

If any section of this article, or part thereof, shall be adjudged by any court of competent jurisdiction to be invalid, such judgment shall not affect, impair or invalidate the remainder of any other section or part thereof.

Appendix B

NATA CODE OF ETHICS September 28, 2005, Revised 2016

PREAMBLE

The National Athletic Trainers' Association Code of Ethics states the principles of ethical behavior that should be followed in the practice of athletic training. It is intended to establish and maintain high standards and professionalism for the athletic training profession. The principles do not cover every situation encountered by the practicing athletic trainer, but are representative of the spirit with which athletic trainers should make decisions. The principles are written generally; the circumstances of a situation will determine the interpretation and application of a given principle and of the Code as a whole. When a conflict exists between the Code and the law, the law prevails.

1. MEMBERS SHALL PRACTICE WITH COMPASSION, RESPECTING THE RIGHTS, WELFARE, AND DIGNITY OF OTHERS

1.1 Members shall render quality patient care regardless of the patient's race, religion, age, sex, ethnic or national origin, disability, health status, socioeconomic status, sexual orientation, or gender identity.

1.2. Member's duty to the patient is the first concern, and therefore members are obligated to place the welfare and long-term well-being of their patient above other groups and their own self-interest, to provide competent care in all decisions, and advocate for the best medical interest and safety of their patient at all times as delineated by professional statements and best practices.

1.3. Members shall preserve the confidentiality of privileged information and shall not release or otherwise publish in any form, including social media, such information to a third party not involved in the patient's care without a release unless required by law.

2. MEMBERS SHALL COMPLY WITH THE LAWS AND REGULATIONS GOVERNING THE PRACTICE OF ATHLETIC TRAINING, NATIONAL ATHLETIC TRAINERS' ASSOCIATION (NATA) MEMBERSHIP STANDARDS, AND THE NATA CODE OF ETHICS

2.1. Members shall comply with applicable local, state, federal laws, and any state athletic training practice acts.

2.2. Members shall understand and uphold all NATA Standards and the Code of Ethics.

2.3. Members shall refrain from, and report illegal or unethical practices related to athletic training.

2.4. Members shall cooperate in ethics investigations by the NATA, state professional licensing/regulatory boards, or other professional agencies governing the athletic training profession. Failure to fully cooperate in an ethics investigation is an ethical violation.

2.5. Members must not file, or encourage others to file, a frivolous ethics complaint with any organization or entity governing the athletic training profession such that the complaint is unfounded or willfully ignore facts that would disprove the allegation(s) in the complaint.

2.6. Members shall refrain from substance and alcohol abuse. For any member involved in an ethics proceeding with NATA and who, as part of that proceeding is seeking rehabilitation for substance or alcohol dependency, documentation of the completion of rehabilitation must be provided to the NATA Committee on Professional Ethics as a requisite to complete a NATA membership reinstatement or suspension process.

3. MEMBERS SHALL MAINTAIN AND PROMOTE HIGH STANDARDS IN THEIR PROVISION OF SERVICES

3.1. Members shall not misrepresent, either directly or indirectly, their skills, training, professional credentials, identity, or services.

3.2. Members shall provide only those services for which they are qualified through education or experience and which are allowed by the applicable state athletic training practice acts and other applicable regulations for athletic trainers.

3.3. Members shall provide services, make referrals, and seek compensation only for those services that are necessary and are in the best interest of the patient as delineated by professional statements and best practices.

3.4. Members shall recognize the need for continuing education and participate in educational activities that enhance their skills and knowledge and shall complete such educational requirements necessary to continue to qualify as athletic trainers under the applicable state athletic training practice acts.

3.5. Members shall educate those whom they supervise in the practice of athletic training about the Code of Ethics and stress the importance of adherence.

3.6. Members who are researchers or educators must maintain and promote ethical conduct in research and educational activities.

4. MEMBERS SHALL NOT ENGAGE IN CONDUCT THAT COULD BE CONSTRUED AS A CONFLICT OF INTEREST, REFLECTS NEGATIVELY ON THE ATHLETIC TRAINING PROFESSION, OR JEOPARDIZES A PATIENT'S HEALTH AND WELL-BEING.

4.1. Members should conduct themselves personally and professionally in a manner that does not compromise their professional responsibilities or the practice of athletic training.

4.2. All NATA members, whether current or past, shall not use the NATA logo in the endorsement of products or services, or exploit their affiliation with the NATA in a manner that reflects badly upon the profession.

4.3. Members shall not place financial gain above the patient's welfare and shall not participate in any arrangement that exploits the patient.

4.4. Members shall not, through direct or indirect means, use information obtained in the course of the practice of athletic training to try and influence the score or outcome of an athletic event, or attempt to induce financial gain through gambling.

4.5. Members shall not provide or publish false or misleading information, photography, or any other communications in any media format, including on any social media platform, related to athletic training that negatively reflects the profession, other members of the NATA, NATA officers, and the NATA office

Appendix C

The College at Brockport Athletic Training Major Communicable Disease Policy

An infectious disease is any disease that results from a microorganism invading the body. There are a number of different microorganisms that can invade the body including bacteria, viruses, parasites, and fungi (Taber's, 2001, p.1087).

A communicable disease is any infectious disease that can pass from one individual to another. Microorganisms are typically passed through direct contact with an infected individual or direct contact with the bodily fluids of an infected individual.

The purpose of this policy is to teach the athletic training student how to prevent the spread of communicable diseases to themselves, student athletes, other members of The College at Brockport Athletic Training staff, coaches, and support personnel.

Communicable Disease in the Athletic Training Setting

It is not possible to prevent exposure from all communicable disease. In the setting of the athletic training room and various athletic facilities, an athletic training student will be exposed to a variety of different microorganisms that are capable of passing from one individual to another. However, with the proper precautions, the spread of communicable disease in the athletic training setting may be controlled.

The following guidelines should be followed by athletic training students to prevent the spread of communicable disease:

- Athletic training students should practice universal precautions at all times. All bodily fluids should be treated as if they were potentially infected with some sort of communicable disease. Gloves should be worn when contact is made with any bodily fluids, open wounds, or mucus membranes. Masks and eye protection should also be used if the situation warrants their use.
- Frequent hand washing can help prevent self-infections, and should be practiced regularly by athletic training students.
- Bandages, towels, syringes, or other materials that come into contact with bodily fluids should be properly disposed of in the appropriate biohazard or sharps container.

- Athletic training students should make a sincere effort to keep the athletic training room as clean as possible. Appropriate cleaning supplies should be used to disinfect all counters, tables, chairs, desks, whirlpools, floors, and any other surface in the athletic training room that may be home to microorganisms.
- Athletic training students should practice good personal hygiene. These practices, if followed by athletic training students, should decrease the spread of communicable disease in the athletic training setting. There are times when an athletic training student may be at an increased risk for contracting or spreading a communicable disease. During these times, the athletic training student should speak with his or her Preceptor to determine the best course of action. Keep in mind that the action taken should be in the best interest of all parties involved (the athletic training student, the Preceptor, other members of the sports medicine staff, student athletes, coaches, and all support personal) and not just the athletic training student.

The following situations and/or conditions may place an athletic training student at an increased risk for contraction or spreading communicable disease:

- Any skin lesions may provide an entry point for a microorganism to enter the body. Skin lesions may also be able to pass microorganisms to another individual by direct or indirect contact. In the athletic training setting, all skin lesions should be properly covered to avoid contact with other individuals.
- If an athletic training student is suffering from an illness, he or she will be considered contagious, and able to pass microorganisms to others. It may be assumed that an athletic training student is suffering from some form of illness if he or she has a fever, is vomiting, or has diarrhea.

A diagnosis of any highly contagious disease (strep throat, mononucleosis, conjunctivitis...) would put an athletic training student at risk for spreading or contracting microorganisms.

- If an athletic training student has been diagnosed with a chronic bloodborne pathogen (HIV, HBV...) he or she may participate in the athletic training setting. However, the student must practice universal precautions at all times.
- Any other chronic medical condition that may result in an athletic training student contracting or spreading a microorganism should be evaluated by physician. The physician should determine the athletic training student's ability to return to the clinical setting. If an athletic training student feels that he or she may be at risk for contracting or spreading a microorganism, or if the athletic training student's clinical instructor feels that the athletic training student may be at risk for contracting or

spreading a microorganism, a physician referral will be necessary. Once a physician referral has been made, the physician will ultimately determine the ability of the athletic training student to continue in the clinical setting.

- ❖ **I have read the communicable disease policy and I agree to fully comply with all conditions covered by this policy:**

Name of Athletic Training Student

Student Signature

Date

Appendix D

Athletic Training Program Bloodborne Pathogens Exposure Control Plan

Approved by The College at Brockport, Office of Environmental Health and Safety,
February 2018

In accordance with the Occupational Safety Health Administration (OSHA) Bloodborne Pathogens Standard, 29 CFR 1910.1030, the following Exposure Control Plan has been developed to document measures used to protect Brockport Athletic Training employees/students from the health hazards associated with occupational exposure to pathogenic organisms present in blood or other bodily fluids.

1. Exposure Determination

OSHA requires employers to perform an exposure determination concerning which students/employees may incur occupational exposure to blood or other potentially infectious materials (OPIM). The OSHA Bloodborne Pathogens standard applies to employees/students with occupational exposure to human blood, blood products and other potentially infectious materials. Under the standard, occupational exposure is defined as reasonably anticipated skin, eye, mucous membrane, or parenteral contact with blood or OPIM that results in the performance of an employee's duties. According to the OSHA standard, blood and OPIMs include:

- Human blood, human blood components, and products made from human blood;
- The following human body fluids: semen; vaginal secretions; cerebrospinal fluid; synovial fluid; pleural fluid; pericardial fluid; peritoneal fluid; amniotic fluid; saliva in dental procedures; any body fluid that is visibly contaminated with blood; all body fluids in situations where it is difficult or impossible to differentiate between body fluids;
- Any unfixed tissue or organ (other than intact skin) from a human, living or dead; and
- Human Immunodeficiency Virus (HIV)-containing cell or tissue cultures, organ cultures, and HIV- or hepatitis B Virus (HBV)-containing culture medium or other solutions; and blood, organs, or other tissues from experimental animals infected with HIV or HBV.

The exposure determination is made without regard to frequency of exposure or the use of personal protective equipment (i.e., employees are considered to be exposed even if they wear personal protective equipment). This exposure determination affects all full-time athletic trainers on staff and athletic training students at The College at Brockport working directly with The College at Brockport athletes or athletes participating on the College campus as part of a program sponsored by or hosted by The College at Brockport. This also covers athletic training students who are completing a required clinical experience at an off-campus affiliated clinical site.

The job classifications and associated tasks for these categories are as follows:

- A. Athletic Training Staff members will be expected to provide emergency treatment for life-threatening emergencies, including administering mouth-to-mouth resuscitation and controlling bleeding occurring due to participation in athletics. Also, the staff member may be involved in assisting the team physician with suturing, draining blisters, applying band-aids, or shaving calluses.
- B. Athletic Training Students will often be required to perform the same tasks when the situation requires.

2. Implementation Schedule and Methodology

OSHA also requires that this plan include a schedule and method of implementation for the various requirements of the standard. The following complies with this requirement:

A. Implementation Methods

Universal Precautions will be observed at this facility in order to prevent contact with blood, blood products, or other potentially infectious materials. All blood, blood product, or other potentially infectious material will be treated as if known to be infectious regardless of the perceived status of the source or source individual.

Engineering and work practice controls will be used to eliminate or minimize exposure to employees at this facility. Where occupational exposure remains after institution of these controls, personal protective equipment shall also be used. **(All staff and athletic training students will use personal protective equipment in dealing with any potentially infectious material).** At this facility, sharps containers, waste disposable bags, and clearly marked biohazardous waste containers will be used as engineering controls.

The above controls will be examined and maintained on a regular basis, with attention given to the contents of the engineering controls to insure removal once the containers reach $\frac{1}{2}$ to $\frac{3}{4}$ of capacity.

Hand washing facilities are also available to the employees who incur exposure to blood or other potentially infectious materials. OSHA requires that these facilities be readily accessible after incurring exposure. At this facility there are two-hand washing facilities located in the athletic training clinic, in each athletic locker room and in each of the public restrooms. As an alternative a personal antimicrobial wipe is stored in each athletic training student's fanny pack, or athletic training kit on the site. If this alternate method is used, the hands are to be washed with soap and running water as soon as feasible following an exposure.

After proper removal and disposal of personal protective gloves or other personal protective equipment, staff and athletic training student shall wash their hands or any other potentially contaminated skin area immediately or as soon as feasible with soap and water. If staff and athletic training student incur exposure to their skin or mucous membranes, then those areas shall be washed or flushed with water as appropriated or as soon as feasible following contact.

1. Needles and Sharps Handling Practices

Contaminated needles and other contaminated sharps objects will not be bent, recapped, removed, sheared, or purposely broken. Following usage needles or other contaminated sharps objects will be disposed of in a clearly marked biohazardous, sharps container. OSHA allows for one exception to the rule governing the disposal of needles, if the procedure requires that the contaminated needle be recapped or removed and no alternative is feasible, and the action is required by the medical procedure. If such an action is required, then the recapping or removal of the needle must be done by the use of a mechanical device or a one handed technique. Shearing or breaking of used needles is prohibited at Brockport. Any broken glass involved in an accident and visible contaminated with blood will be handled as a contaminated sharp. At this facility, recapping or removal is only permitted while assisting the team physician in a procedure necessitating this act.

2. Containers for Reusable Sharps

Contaminated sharps that are not reusable are to be placed immediately, or as soon as possible after use, into appropriated sharps containers. At this facility, the sharps containers are puncture resistant, closable, labeled with a biohazard label, and are leak-proof. The sharps container is located in the office of the Head Athletic Trainer.

3. Work Area Restrictions

In work areas where there is a reasonable likelihood of exposure to blood or other potentially infectious materials, staff and athletic training students are not to eat, drink, apply cosmetics or lip balm, smoke, or handle contact lenses. Food and beverages are not to be kept or placed on treatment tables, taping tables or countertops when blood or other potentially infectious materials are likely to be present. All procedures will be conducted in a manner that will minimize splashing, spraying, splattering, and generation of droplets of blood or other potentially infectious materials.

4. Specimens

Specimens of blood or other potentially infectious materials, such as urine, will be placed in a container that prevents leakage during the collection, handling, processing, storage, and transport of the specimens. The container used for this purpose will be labeled or color-coded in accordance with the requirements of OSHA standards. It should be noted that this standard provides exemption for specimens from the labeling/color coding requirements of the standard, provided the facility uses Universal Precautions in the handling of all specimens and the containers are recognizable as container specimens. This exemption only applies while the specimens remain in the facility. If outside contamination of the primary container occurs, the primary container shall be placed within a secondary container that prevents leakage during the handling, processing, storage, transport, and/or shipping of the specimen.

5. Contaminated Equipment

Equipment that has become contaminated with blood or other potentially infectious materials shall be examined before servicing or shipping and shall be decontaminated as necessary unless the decontamination of the equipment is not feasible.

6. Personal Protective Equipment

All personal protective equipment used at the facility will be provided without cost to the staff and athletic training students. Personal protective equipment will be chosen based on the anticipated exposure to blood or other potentially infectious materials. The protective equipment will be considered appropriate only if it does not permit blood or other potentially infectious materials to pass through or reach a staff or students' clothing, skin, eyes, mouth, or other mucous membranes under normal conditions of use and for the duration of time that the protective equipment will be used. The protective equipment necessary for the athletic training room primarily consists of vinyl gloves. These gloves will be stored on the counter in all athletic training rooms, in all the athletic training kits, the first aid shelves in the taping tables, and in individual fanny packs used by the staff and athletic training students.

There is also other protective equipment made available to everyone at no cost to the staff, and students. They are listed below:

Personal Protective Equipment

| | |
|----------------------|--------------------|
| One-way Pocket masks | Examination Gloves |
| Protective eyewear | Face shield |
| Protective Gowns | |

All personal protective equipment will be cleaned, laundered, and disposed of by the College at no cost to the staff and students. The College, at no cost to the staff and students, will make all repairs and replacements.

All garments that are penetrated by blood shall be removed immediately or as soon as feasible. All personal protective equipment will be removed before leaving the work area.

Gloves shall be worn where it is reasonably anticipated that staff and athletic training students will have hand contact with blood, other potentially infectious materials, non-intact skin, and mucous membranes. Gloves will be used for the following procedures:

- Applying bandages
- Applying wound closures
- Draining blisters
- Shaving calluses
- Cleaning open wounds
- Handling urine specimens
- Cleaning evaluation tables
- Cleaning spills of potentially infected materials
- Evaluating oral/dental injuries or conditions
- Applying direct pressure to open wounds
- Handling/changing wound dressings

Disposable gloves used at the facility are not to be washed or decontaminated for re-use. They are to be replaced as soon as practical when they become contaminated or as soon as feasible when or if they are torn, punctured, or when their ability to function as a barrier is compromised.

The facility will be cleaned and decontaminated daily when used by athletes. Decontamination will also take place after any blood or other potentially infectious material has been exposed in the athletic training room. These decontamination products are stored in or on the first aid cabinets of the training rooms.

7. Regulated Waste Disposal

All contaminated sharps shall be discarded as soon as feasible in sharps containers located in the facility. Sharps containers are located in all athletic training rooms. Regulated waste other than sharps shall be placed in appropriate containers with color-coded waste bags. Such containers are located in the Athletic Training Rooms.

8. Laundry Procedures

Laundry contaminated with blood or other potentially infectious materials will be handled as little as possible. Such laundry will be placed in appropriately marked bags where it is used. This laundry will not be sorted or rinsed in the area of use. It will then be removed by the individual responsible for laundry using personal protective equipment, and washed separately in bleach. All staff that handles contaminated laundry will use personal protective equipment to prevent contact with blood or other potentially infectious materials.

9. Communication of Hazards

Hazards related to bloodborne pathogens are communicated through warning labels, as well as through training for employees/students with occupational exposure.

Warning labels are required on containers of regulated medical waste, refrigerators and freezers containing blood or other potentially infectious material, and other containers used to store, transport, or ship blood or OPIM. The labels include the biohazard symbol and the word "biohazard". Red bags or red containers may be substituted for labels.

B. HIV/HBV Exposure

Post-Exposure and Follow-up

When a staff member or athletic training student incurs an exposure incident, it should be reported to the Program Director, Clinical Education Coordinator and/or Preceptor. The student health center or local hospital will evaluate the individual. **In the event that a student incurs an exposure incident at an off-campus affiliated site, that student should report to the nearest Emergency Department or their Primary Care Physician.** All individuals who incur an exposure will be offered post "exposure evaluation and follow-up" in accordance with OSHA standard. The follow-up will include the following:

1. Written documentation of the route of exposure and the circumstances related to the incident as soon as feasible following exposure. This is to be returned to the Program Director or Clinical Education Coordinator.

2. For puncture injuries or cuts from sharps, expose, express (encourage bleeding if the wound is small) and thoroughly wash the wound area with soap and water for 15 minutes. If soap and water are not available, then an antiseptic (solution, wipe, spray) should be used.
3. Wash any area exposed to blood or OPIM with tepid water and soap for at least 5 minutes. Alcohol-based hand rinses, gels, foams (containing 60+% alcohol) should be used on intact skin when water is not available.
4. If splashes are to the eyes, irrigate eyes with clean water or commercially available eyewash solution for 15 minutes.
5. If possible, the identification of the source individual and if possible the status of the source individual. The blood of the source individual will be tested after consent is obtained for HIV/HBV infection.
6. Results of testing of the source individual will be made available to the exposed staff or athletic training student with the exposed individual informed about the applicable laws and regulations concerning disclosure of the identity and infection of the source individual.
7. The individual will be offered the option of having their blood collected for testing of the individuals HIV/HBV serological status.
8. The Program Director will be designated to assure that the policy outlined above is effectively carried out as well as to maintain records related to this policy.

Once these procedures have been completed, an appointment with a qualified healthcare professional is arranged for the exposed student to discuss the student's medical status. This includes an evaluation of any reported illness, as well as any recommended treatment.

C. Training

Training for all staff and athletic training students will be conducted annually and before initial assignment to tasks where occupational exposure may occur. Training for staff and students will include the following:

1. The OSHA Standard for Bloodborne Pathogens.
2. Epidemiology and symptomatology of bloodborne disease.
3. Modes of transmission of bloodborne pathogens.
4. The exposure plan (i.e. points of the plan, lines of responsibility, how the plan will be implemented, etc.)
5. Procedures that might cause exposure to blood or other potentially infectious material at this facility.
6. Control methods to be used at the facility to control exposure to blood or other potentially infectious materials.
7. Personal protective equipment available at this facility.
8. Who should be contacted concerning exposure to blood or other potentially

- infectious material?
- 9. Post-exposure evaluation and follow-up.
- 10. Signs and labels used at the facility.

D. Record Keeping

The Athletic Training Program Director will maintain all records required by the OSHA standard. The athletic training faculty/preceptors will be responsible for conducting the training to the athletic trainer students during orientation. All staff and students will receive annual refresher training within one year of the individual's previous training. The OSHA Standard for Bloodborne Pathogens and the outline for the training material will be kept in the office of the Program Director and in the policies and procedure manual.

Appendix E

Review Verification of AT Major Student Handbook

It is the responsibility of the student to read, understand, and adhere to the policies and procedures contained in the Athletic Training Major Student Handbook. The AT Handbook is located on the Athletic Training major website. The policies and procedures in the department are subject to change without prior notice.

I have read the policies and procedures of the Athletic Training Major Student Handbook. I understand and agree to comply with all of the policies and procedures contained in the handbook.

Name of Student: _____

Signature of Student: _____

Date: _____