

**Suggested Four Year Plan for Major in Athletic Training:**  
**(Admitted to Brockport After Fall 2015)**

<b>Fall Semester</b>		<b>Spring Semester</b>	
GEP 100 Acad. Planning Seminar	1	PSH 110 Principles of Psychology (N)	3
Gen. Ed. Foreign Language (F)	3	CMC 211 Protest & Public Opinion (H)(W)(Y)	3
ENL 112 College Composition (Q)	3	Gen Ed. Social Science (S)	3
Gen Ed. Social Science (S)	3	Gen Ed. Fine Arts (ForP)	3
Gen Ed. Humanities (H)	3	*BIO 221 Survey of Anat. & Physiology(L)	4
Gen Ed. Fine Arts (For P)	3		
<b>Total</b>	<b>16</b>	<b>Total</b>	<b>16</b>
<b>Fall Semester</b>		<b>Spring Semester</b>	
<b>*PES 385 Basic Athletic Training</b>	<b>3</b>	<b>PES 411 Advanced Athletic Training</b>	<b>3</b>
PSH 202 Introductory Statistics (M)	3	<b>PEP 356 Therapeutic Modalities</b>	<b>3</b>
PES 335 Physiological Bases	4	<b>PEP 414 Seminar in AT I</b>	<b>1</b>
PBH 306 Contemporary Iss. Health(I)(Y)	3	<b>PEP 255 Taping for Athletic Training</b>	<b>1</b>
		<b>PEP 471 Clinical Experience in AT I</b>	<b>2</b>
		PES 325 Kinesiological Bases	4
<b>Total</b>	<b>13</b>	<b>Total</b>	<b>14</b>
<b>Fall Semester</b>		<b>Spring Semester</b>	
<b>PEP 412 Athletic Injury Assessment I</b>	<b>3</b>	<b>PEP 413 Athletic Injury Assessment II</b>	<b>3</b>
<b>PEP 415 Seminar in AT II</b>	<b>1</b>	<b>PEP 358 Therapeutic Exercise</b>	<b>3</b>
<b>PEP 472 Clinical Exp. In AT II</b>	<b>2</b>	<b>PEP 416 Seminar in AT III</b>	<b>1</b>
BIO 321 Anatomy & Physiology I	4	<b>PEP 473 Clinical Experience in AT III</b>	<b>2</b>
PES 430 Foundation of Sport & Ex Psych	3	BIO 322 Anatomy & Physiology II	4
PES 415 Nutrition for Ex. & Sport (pre-req 335)	3	PES 439 Motor Learning	3
<b>Total</b>	<b>16</b>	<b>Total</b>	<b>16</b>
<b>Fall Semester</b>		<b>Spring Semester</b>	
<b>PEP 359 Organization &amp; Admin of AT</b>	<b>3</b>	<b>PEP 418 Seminar in AT V</b>	<b>1</b>
<b>PEP 362 Strength and Conditioning</b>	<b>3</b>	<b>PEP 475 Clinical Experience in AT V</b>	<b>2</b>
<b>PEP 417 Seminar in AT IV</b>	<b>1</b>	Elective	11
<b>PEP 474 Clinical Experience in AT IV</b>	<b>2</b>		
PES 420 Biomechanics (pre-req 325)	3		
Elective	3		
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>14</b>

**Total Credits=120 hours**

**\* Prerequisite for Athletic Training (professional phase)**

**\*\*Courses in bold need to be taken in the semester indicated, other courses can be taken in any sequence (pay attention to pre-requisites)**