

**Suggested Four Year Plan for Major in Athletic Training:
(Admitted to Brockport Prior to Fall 2015)**

Fall Semester		Spring Semester	
GEP 100 Acad. Planning Seminar	1	PSH 110 Principles of Psychology (N)	3
Gen. Ed. Foreign Language (F)	3	CMC 211 Protest & Public Opinion (H)(W)(Y)	3
ENL 112 College Composition (Q)	3	Gen Ed. Social Science (S)	3
Gen Ed. Social Science (S)	3	Gen Ed. Fine Arts (ForP)	3
Gen Ed. Humanities (H)	3	*BIO 221 Survey of Anat. & Physiology(L)	4
Total	13	Total	16
Fall Semester		Spring Semester	
*PES 385 Basic Athletic Training	3	PES 411 Advanced Athletic Training	3
PSH 202 Introductory Statistics (M)	3	PEP 356 Therapeutic Modalities	3
PES 335 Physiological Bases	4	PEP 255 Taping for Athletic Training	1
PBH 306 Contemporary Iss. Health(I)(Y)	3	PEP 471 Clinical Experience in AT I	1
Gen Ed. Fine Arts (For P)	3	PES 439 Motor Learning	3
		PES 325 Kinesiological Bases	4
Total	16	Total	15
Fall Semester		Spring Semester	
PEP 412 Athletic Injury Assessment I	3	PEP 413 Athletic Injury Assessment II	3
PEP 472 Clinical Exp. In AT II	1	PEP 358 Therapeutic Exercise	3
BIO 321 Anatomy & Physiology I	4	PEP 473 Clinical Experience in AT III	1
PES 430 Foundation of Sport & Ex Psych	3	BIO 322 Anatomy & Physiology II	4
PES 415 Nutrition for Ex. & Sport (pre-req 335)	3	Elective	3
Total	14	Total	14
Fall Semester		Spring Semester	
PEP 359 Organization & Admin of AT	3	PEP 475 Clinical Experience in AT V	1
PEP 362 Strength and Conditioning	3	Elective	15
PEP 474 Clinical Experience in AT IV	1		
PES 420 Biomechanics (pre-req 325)	3		
Elective	6		
Total	16	Total	16

Total Credits=120 hours

*** Prerequisite for Athletic Training (professional phase)**

****Courses in bold need to be taken in the semester indicated, other courses can be taken in any sequence (pay attention to pre-requisites)**