Motor Learning and Development, Second Edition With Web Resource, provides a foundation for understanding how humans acquire and continue to hone their movement skills throughout the life span. These fundamentals will give students the tools they need to create, apply, and evaluate motor skill programs for learners and clients at all skill and development levels, from elite athletes to those with severe disabilities.

The second edition maintains the unique focus of the original, covering the basics of motor learning and development simultaneously. The text has been revised and updated with current research and examples, and it includes the following enhancements:

- Three new chapters, Understanding Movement Control, Infant Motor Development, and Devising a Plan, provide more depth on fundamental topics.
- A web resource for students includes videos with guiding questions, lab activities for each chapter, and printable versions of the book’s sidebars for use as assignments.
- Reorganized content in part I allows for deeper understanding of complex topics.
- Parts II and III are reorganized to group content by topic rather than by age group, in order to better infuse the two fields of motor learning and motor development.
- Updated What Do You Think? and Try This sidebars engage students in applying concepts, and sample answers in the instructor guide help provide feedback on those applications.

Learning aids throughout the book include chapter objectives, glossary terms, and supplemental activities to emphasize the evolution from research to practice. Revised opening vignettes in each chapter demonstrate the breadth of professions that utilize knowledge of and research in motor behavior.

Motor Learning and Development provides students with the fundamental understanding of movement skills that they need in order to develop, implement, and critically assess motor skill programs.

**Ancillaries**

All ancillaries are free to course adopters and available online.

**Instructor guide.** Includes sample answers to the What Do You Think? sections and, as appropriate, the Try This activities. It also includes troubleshooting tips for each chapter and its labs.

**Test package.** Includes 170 questions in multiple-choice, true-or-false, and essay format that instructors can use in creating or supplementing tests and quizzes.

**Presentation package.** Includes presentation slides and detailed lecture notes to aid instructors in lesson preparations. Slides can be edited, reordered, incorporated into other presentations, and printed and distributed as classroom handouts.

**Web Resource.** Includes 33 videos with guiding questions, 17 lab activities (one for each chapter), and printable versions of the book’s sidebars for use as assignments.
About the Authors

Pamela S. Haibach-Beach, PhD, is a professor in the department of kinesiology, sport studies, and physical education (KSSPE) at the College at Brockport, State University of New York. Haibach-Beach earned her doctorate in kinesiology with an emphasis in motor behavior from Pennsylvania State University under the advisement of Dr. Karl M. Newell. She is the coordinator of the kinesiology major and the study abroad program in the KSSPE department. She is founder and codirector of the Institute of Movement Studies for Individuals With Visual Impairments (IMSVI). Haibach-Beach serves as an elected board member for the American Kinesiology Association (AKA) and also chairs the AKA publications committee.

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Douglas H. Collier, PhD, is an associate professor in the department of kinesiology, sport studies, and physical education at the College at Brockport, State University of New York. For the past three decades, his research agenda has examined various facets of motor development that pertain to the education of typically developing children and those with identifiable disabilities. He is also interested in positive and proactive solutions to challenging behavior in school-age learners. Collier has presented his research at multiple national and international conferences concerned with the study of motor development and pedagogy. He is a member of the North American Federation of Adapted Physical Activity (NAFAPA), the Society of Health and Physical Educators (SHAPE America), and the North American Society for the Psychology of Sport and Physical Activity (NASPSPA).

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