



# Green Leadership Certificate Spring 2017 Workshop Descriptions

## CHANGING VIEW OF LEADERSHIP

### *It's Not What You Are...It's Who You Are.*

**Presented by Abbey Rossman and Kate Cooper**

Each of us has a different perspective on what leadership means and looks like. In this fun interactive workshop, you will have the opportunity to explore your currently held beliefs of leadership along with the characteristics and behaviors you think a leader should possess. Is a leader a doctor who is uncompassionate, or a nurse who is extremely caring? Who would you rather have leading you? Find out what aspects of leadership are most important to you!

### *Exploring Leadership and Followership*

**Presented by Sarah Gelfand**

Leaders and followers cannot exist without each other. You will be able to explore your own skills and capacities in regards to followership competencies. You will also be able to learn more about the influential role that followers play in supporting and defining leaders. A common misconception is leaders are more important than followers. Come to this workshop to find out why followers are just as important as leaders!

### *Myths and Truths of Leadership*

**Presented by Dustin Gardner**

There are many myths of Leadership! In this workshop you will be able to identify myths, truths, and definitions of leadership. You will also be able to learn about the foundations that develop the concept of Leadership. Come to this workshop to find out what exactly leadership is!

## CONSCIOUSNESS OF SELF

### *Leadership Compass*

**Presented by Kristin Heffernan**

Demonstrating leadership starts with understanding who you are. In this workshop, we will conduct a self-assessment to determine what your leadership and workstyle is. Dive deeper through discussions with other students during this interactive workshop to find out what it is that makes you unique and how you can work with others who have differing leadership styles!

### *True Colors*

**Presented by Kate Loaiza**

Each of us has gifts, talents, and skill sets that, when utilized, are tremendously powerful. In this workshop, you will discover your true color of personality style, and learn how you can utilize that knowledge to be the ideal team player. Additionally, you will learn how to best work with those of different color personality types. This is a fun workshop that you don't want to miss!



### *Everyone Has a Story: What's Yours?*

**Presented by Phyllis Griswold**

Our stories can help us build confidence whether we are looking for a job or trying to make a difference in our society. Through this workshop you will be able to create your "career" story, and also your "making a difference" story! This is a great opportunity to highlight what makes you unique in your ability to land that dream career or create change in society!

## CONGRUENCE

### *Discovering Your Direction: Personal Ethics Guiding your Actions*

**Presented by Monique Rew-Bigelow**

At this session, you will have the opportunity to describe your own ethical foundation and explore how ethics plays a major part in personal and professional lives. This workshop will help you to see how your own values, life experience and perspective affect your ethical principles, how you feel about and approach others and how to develop these elements throughout your personal and professional lives in a positive and healthy manner.



### *Values on Display*

**Presented by Kim Piatt**

So you know what is important to you, but can you describe your values to other people? Come to this interactive session to find out! A major component of leadership is identifying what you stand for and being able to clearly explain how your values impact your choices. This workshop is all about helping you zero in on what is important to you and teaching you how to communicate your beliefs with others.

### *Congruence and You*

**Presented by Jeff Alston**

This workshop focuses on re-identifying your values, beliefs, and exploring how your actions within the community are congruent or incongruent with your values and beliefs. Potential obstacles to achieving congruency will be brainstormed along with possible solutions for overcoming those obstacles. Come learn how to be congruent with yourself in the community or in a group setting!



## SELF – EFFICACY

### *Lessons from the Most Positive Person in Town*

**Presented by Dale Hartnett**

We all know "positive people." Many of us enjoy being around positive people. In this session, you will discover the way that positive people deal with ordinary life challenges in extraordinary ways. You will also be given tools that may help you determine just how positive you are.

### *Growth Mindset*

**Presented by Amanda Dunn**

Many people are unfamiliar with how a growth mindset differs from a fixed mindset. In this workshop you will explore the difference between the two and how a growth mindset can increase your confidence for community contribution! Come to this session to learn why mistakes aren't a bad thing and how you can learn and grow from each experience!

### *Enabling Others to Act*

**Presented by Sara Gleisle**

Sometimes people find themselves in situations where they want to intervene but are unsure how to! In this workshop you will be able to develop strategies for intervening in the community. You will also be exploring your role of inspiring others to act in the community. Come learn how to be an agent of change!

## COMMITMENT

### *Creating an Inclusive Community*

**Presented by Sara Kelly & Charles Kuski**

Come to this interactive session to discuss how to utilize your leadership skills to make our communities inclusive places where everyone can be successful. Be prepared to dive into controversial issues that our society faces and challenge yourself to make positive change in our communities!

### *Jury of Peers*

**Presented by Kayla Cercone**

In this workshop, you will have the opportunity to examine your values and the affect your decision(s) may have on the world's population. You will be challenged to determine the fate of an individual based on their experiences to date. You will be asked to provide rationale for your decision, which at times, reflects the core of who you are and the kind of leader you represent.



### *S.M.A.R.T. Goal Setting*

**Presented by Dan Kandris**

All of us have goals, dreams, passions, that idea or thing that makes our life meaningful. How can we get there? How can we break up our goals into manageable steps to be the people we want to be? This interactive session will explore goal setting in a fun, easy, and accessible way, and add to your knowledge as a student of leadership.

## Spring 2017 Workshop Schedule

### - CHANGING VIEW OF LEADERSHIP -

#### It's Not What You Are...It's Who You Are | Abbey Rossman & Kate Cooper

4:00 pm	Saturday, February 25 <sup>th</sup>	Location: Seymour Union 209
3:00 pm	Saturday, April 1 <sup>st</sup>	Location: Seymour Union 209

#### Exploring Leadership & Followership | Sarah Gelfand

10:10 am	Friday, February 3 <sup>rd</sup>	Location: Seymour Union 209
11:15 am	Friday, March 10 <sup>th</sup>	Location: Seymour Union 209

#### Myths & Truths of Leadership | Dustin Gardner

12:20 pm	Wednesday, February 15 <sup>th</sup>	Location: Seymour Union 209
1:25 pm	Monday, February 27 <sup>th</sup>	Location: Seymour Union 209

### - CONSCIOUSNESS OF SELF-

#### True Colors | Kate Loaiza

12:20 pm	Monday, January 30 <sup>th</sup>	Location: Seymour Union 209
1:30 pm	Friday, April 7 <sup>th</sup>	Location: Seymour Union B116

#### Leadership Compass | Kristin Heffernan

12:30 pm	Tuesday, February 7 <sup>th</sup>	Location: Seymour Union 209
9:30 am	Thursday, February 23 <sup>rd</sup>	Location: Seymour Union 209

#### Everyone Has a Story: What's Yours? | Phyllis Griswold

3:30 pm	Tuesday, February 21 <sup>st</sup>	Location: Seymour Union 209
2:30 pm	Monday, April 3 <sup>rd</sup>	Location: Seymour Union 209

**- CONGRUENCE –**

**Values on Display | Kim Piatt**

11:15 am	Wednesday, March 8 <sup>th</sup>	Location: Seymour Union 209
2:00 pm	Tuesday, March 28 <sup>th</sup>	Location: Seymour Union 209

**Congruence & You | Jeff Alston**

11:00 am	Tuesday, January 31 <sup>st</sup>	Location: Seymour Union 209
1:25 pm	Friday, March 3 <sup>rd</sup>	Location: Seymour Union 209

**Discovering your Direction: Personal Ethics Guiding your Actions | Monique Rew-Bigelow**

9:30 am	Thursday, March 30 <sup>th</sup>	Location: Seymour Union 209
2:30 pm	Wednesday, April 5 <sup>th</sup>	Location: Seymour Union 209

**- SELF-EFFICACY –**

**Lessons from the Most Positive Person in Town | Dale Hartnett**

9:30 am	Tuesday, March 21 <sup>st</sup>	Location: Seymour Union 209
10:10 am	Monday, April 3 <sup>rd</sup>	Location: Seymour Union 228

**Growth Mindset | Amanda Dunn**

11:15 am	Friday, February 10 <sup>th</sup>	Location: Seymour Union 209
1:25 pm	Monday, March 20 <sup>th</sup>	Location: Seymour Union 209

**Enabling Others to Act | Sara Gleisle**

9:30 am	Thursday, February 9 <sup>th</sup>	Location: Seymour Union 209
1:25 pm	Wednesday, March 8 <sup>th</sup>	Location: Seymour Union 209

**- COMMITMENT -**

**Creating an Inclusive Community | Sara Kelly & Charles Kuski**

11:15 am	Friday, February 3 <sup>rd</sup>	Location: Seymour Union 209
10:10 am	Friday, March 24 <sup>th</sup>	Location: Seymour Union 209

**Jury of Peers | Kayla Cercone**

2:30 pm	Monday, February 13 <sup>th</sup>	Location: Seymour Union 209
11:00 am	Thursday, March 2 <sup>nd</sup>	Location: Seymour Union 209

**S.M.A.R.T. Goal Settings | Dan Kandris**

3:30 pm	Thursday, February 16 <sup>th</sup>	Location: Seymour Union 209
3:30 pm	Tuesday, April 4 <sup>th</sup>	Location: Seymour Union 209

\*Please make sure you check your email as often as possible to learn more about other workshops, room reassignment, dates on events, and many other changes that can happen within the semester. You can also find this schedule on myBrockport in the Green Leadership Certificate group under the Events tab.