Resolution #25 2013-2014
College Senate

TO: Dr. John R. Halstead, College President
FROM: The College Senate: 04/08/2014
RE: 
I. Formal Resolution (Act of Determination)
II. Recommendation (Urging the Fitness of)
III. Other, For Your Information (Notice, Request, Report, etc.)
SUBJ: Request to Require PEP 305 as Prereq courses for PEP 455
(40_13-14UC)
Signed: [Signature] Date: 4/17/14
(Dawn Jones, 2013-14 College Senate President)

Please fill out the bottom portion and follow the distribution instructions at the end of this page.

TO: Dawn Jones, College Senate President
FROM: John R. Halstead, College President
RE: 
I. Decision and Action Taken on Formal Resolution (circle choice)
   a. Accepted - Implementation Effective Date**: Fall 2014
   **Implementation of resolution requires final approval from SUNY- State Education Department. ___YES ___NO
   b. Deferred for discussion with the Faculty Senate on ____/____/__
   c. Unacceptable for the reasons contained in the attached explanation

II, III. Response to Recommendation or Other/FYI
   a. Received and acknowledged ____/____/____
   b. Comment: ____________________________ Date: 4/21/14

(Signed: [Signature]
(Dr. John R. Halstead, President, The College at Brockport)

DISTRIBUTION: Upon approval, the College President will forward copies of resolutions to his staff who will, in turn, forward copies to their staff. The College Senate Office will post resolutions to the College Senate Web at http://www.brockport.edu/collegesenate/resolutions.
COLLEGE SENATE OFFICE
RESOLUTION PROPOSAL COVER PAGE

DEADLINE FOR SUBMISSIONS: February 28

Incomplete proposals will be returned and proposals received after the
deadline may not be reviewed until next semester.

INSTRUCTIONS

- Use committee guidelines available at brockport.edu/collegesenate/proposal.html.
- Prepare ONE complete document in Word format: include this proposal cover page, proposal, attachments and support letters from your
department chair and dean if applicable.
- Locate the Resolution # and date this proposal will replace at our “Approved Resolutions” page on our Web site.
- Prepare completed proposal to senate@brockport.edu. (General Education Proposals and questions go to
diamphron@brockport.edu in the Vice Provost's Office first.)
- Make revisions on the paperwork emailed to you from the Senate office that shows the assigned routing number on top. Submit updated
document to senate@brockport.edu.
- Questions? Call the Senate office at 395-2586 or the appropriate committee chairperson.

1. PROPOSAL TITLE: Please be somewhat descriptive, ie. Use a course number and/or title, indicate if for GED code, etc.

Request to require PEP 305, "Strength and Conditioning" in addition to PES 417, "Exercise Testing and
Prescription" as prerequisite courses for PEP 455, "Practicum for Exercise Programming".

2. BRIEF DESCRIPTION OF PROPOSAL:

As of January 2013 students in PEP 455 are only required to take PES 417 before participating in the practicum course. Over the last year
we have come to realize not all students in PEP 455 have taken pertinent courses like PEP 305 prior to their participation in PEP 455. Because PEP 455 requires students to develop both cardiorespiratory and resistance training programs for the faculty and staff members of
the Employee Fitness Program a course that emphasizes these skills, as in PEP 305, becomes necessary.

3. WILL ADDITIONAL RESOURCES AFFECTING BUDGET BE NEEDED? ___ NO ___ YES

4. DESCRIBE ANY DATA RELATED TO STUDENT LEARNING OUTCOMES ASSESSMENT USED AS PART OF
THE RATIONALE FOR THE REQUESTED SENATE ACTION.

It has also become apparent that students without PEP 305 struggle to effectively develop and implement resistance training programs with their clients when compared to those students who have successfully completed PEP 305. To help ensure the
Exercise Science students have the appropriate skills and knowledge necessary to be successful when working with participants in the practicum experience the Exercise Science major would like to require all students to complete both PES 417 and
PEP 305 prior to enrollment in PEP 455.

5. HOW WILL THIS AFFECT TRANSFER STUDENTS:

N/A

6. ANTICIPATED EFFECTIVE DATE:

Fall 2014

7. SUBMISSION & REVISION DATES: PLEASE DATE ALL REVISED DOCUMENTS TO AVOID CONFUSION.

<table>
<thead>
<tr>
<th>First Submission</th>
<th>Updated on</th>
<th>Updated on</th>
<th>Updated on</th>
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<tbody>
<tr>
<td>2/27/14</td>
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8. SUBMITTED BY: (contact person)

<table>
<thead>
<tr>
<th>Name</th>
<th>Department</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elizabeth Lenz</td>
<td>KSSPE</td>
<td>5266</td>
<td><a href="mailto:egrimm@brockport.edu">egrimm@brockport.edu</a></td>
</tr>
</tbody>
</table>

9. COMMITTEES: (Senate office use only)

- Executive Committee
- Enrollment Planning & Policies
- Faculty & Professional Staff Policies
- General Education & Curriculum Policies
- Graduate Curriculum & Policies
- Student Policies
- Undergraduate Curriculum & Policies

- Forwarded To
  - Standing Committee 3/3/14
  - Executive Committee 3/31/14
  - Senate 4/7/2014
  - Passed GED's go to Vice Provost
  - College President 4/21/14
  - OTHER
  - REJECTED - WITHDRAWN

NOTES:
1. A completed College Senate Proposal Cover letter available from the College Senate website

- Please see attached material.

2. A side-by-side comparison of the old and new program Credit hours must be included for each course and totaled in clear tabular form.

There are no changes to the Exercise Major curriculum with this proposed change.

3. A brief rationale for changes, e.g. new direction in field

As of January 2013 students in PEP 455 are only required to take PES 417 before participating in the practicum course. Over the last year we have come to realize not all students in PEP 455 have taken pertinent courses like PEP 305 prior to their participation in PEP 455. Because PEP 455 requires students to develop both cardiorespiratory and resistance training programs a course that emphasizes these skills, as in PEP 305, becomes necessary. It has also become apparent that students without PEP 305 struggle to effectively develop and implement resistance training programs with their clients when compared to those students who have successfully completed PEP 305. To help ensure the Exercise Science students have the appropriate skills and knowledge necessary to be successful when working with participants in the practicum experience the Exercise Science major would like to require all students to complete both PES 417 and PEP 305 prior to enrollment in PEP 455.

4. Description of any new courses

N/A

5. Staffing issues

N/A

6. Academic administration commentary

   a. Letter of recommendation from chair

Please see attached material.

   b. Letter of recommendation from Dean of School

Please see attached material.

7. Resources, facilities that may be needed to implement the program

There will be no changes for resources or facilities with this proposed change.

8. If appropriate, letters of support from cooperating or affected agencies, ITS, library or other units/departments that may be involved.

N/A
College Course Registration Form

This form is used to register all courses. It must be signed by the department chair and the school dean who will send it forward to the Registrar's Office. Registration of General Education courses requires an additional Supplemental Course Registration Form and the appropriate Student Learning Outcomes Checklist. Approval by the Faculty Senate's General Education Committee is necessary for all General Education courses.

Data entry fields are shaded. Some fields have limits on number and spaces that can be entered. Some areas have drop-down menus with options that can be selected by clicking your choice. Save the blank form before using it and then save each course form with an individual file name. Go back to the saved blank for each new form but save with a different name after filling in data.

<table>
<thead>
<tr>
<th>Action concerns a new course</th>
<th>Discipline</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Actions concerns an existing course:</td>
<td>Discipline PEP</td>
<td>Number 455</td>
</tr>
<tr>
<td>Official course title: Practicum for Exercise Programming</td>
<td></td>
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</tr>
</tbody>
</table>

Course Submitted by: Elizabeth Lenz, Ph.D.
Department: Kinesiology, Sports Studies, and Physical Education

Chairperson's Approval:  
Date: 2/24/14

Dean's Approval:  
Date: 2/25/14

1. Action Requested:
   - [ ] Registration of new course
   - [ ] Revision of content for existing course
   - [ ] Registration of general course listing under which related titles can be taught (umbrella courses)
   - [ ] Registration of topics course for specific semester (if checked, complete item 2 below)
   - [ ] Change of course title – Previous Title:
   - [ ] Inactivation of existing course registration (course will not be taught in near future)
   - [ ] Other – Describe: Adding PEP 305 in addition to PES 417 as prerequisites to this course

2. Complete for registration of topics courses or umbrella courses:
   a. General course registration:  
      Discipline:  
      Number:
   b. General registration title:
   c. Specific course title for semester offered (topics course title):
   d. Topics course registration is for: Fall Semester  
      Year:

3. ☒ Undergraduate listing:  
   Discipline: PEP Number: 455
   [ ] Graduate listing:  
   Discipline:  
   Number:

4. Course start date: Fall Semester  
   Year: 2014

5. Abbreviated course title (restricted to 16 spaces) Prac for Ex Prog

6. a. Semester hours of credit assigned to course (invariable): 3
   b. Can this course have variable credit?  
      ☒ No  □ Yes – Credit range to semester hours
   c. Is this course repeatable for multiple credit?  
      ☒ No  □ Yes – Credit maximum =

7. Type of Course: Liberal Arts

8. General Education Information: (Complete only for General Education courses) NONE
9. If cross-listed in another discipline(s), give discipline(s)/number(s):
   If there are pre-requisites that are enforced, give discipline(s)/number(s):
   If there are co-requisites, give discipline(s)/number(s):

10. a. Approximate total number of seats/semester expected:
    b. How many sections do you expect to offer per semester:

11. Sections of this course are (check one): taught by one instructor ☒ taught by a team ☐

12. Planned frequency of offering: Every Semester

13. Grading (check any that apply):
   ☒ Letter grade ☐ Pass/Fail (S/U) ONLY ☐ Approved for IP grade
   ☐ Course requires a minimum grade of ☐ for General Education or the major

14. If this course requires any special scheduling arrangements with regard to time or room/space, please comment on this in the space provided.
   None

15. If this course is required for any degrees/programs, please list them below:
   Exercise Science Major

16. Write a brief course description for the College Catalogs. Reflect content as accurately as possible using 65 words or less (about 500 characters). Use action verbs and omit "This course covers..." and similar phrases.
   The Practicum for Exercise Programming course is designed to prepare students for careers in the health and fitness profession. This will be achieved by using the theory, knowledge, skills, and abilities learned from previous coursework in the Exercise Science Major. Students will screen, test, and prescribe exercise for one semester to clients participating in the College at Brockport's Employee Fitness Program. Students will monitor their client's exercise and progress them throughout the semester depending on their health and fitness goals. Additional activities include program development projects, designing and implementing group exercise, and working in the fitness program.

17. For all courses, please attach the following information:
   a. A list of major course objectives
   b. A topical outline of course
   c. A list of methods used to evaluate student performance
   d. A list of instructional materials used – give bibliographic citations of texts, critical readings, films, etc.
   e. A current course syllabus, if possible
f. A brief statement detailing the additional work required for graduate students in a “swing course”

For General Education courses only, attach also

g. Supplemental General Education Course Registration Form

h. Student Learning Outcomes Checklist (for specific codes requested)
The College at Brockport
Department of Kinesiology, Sport Studies, and Physical Education

MEMO

To: College Senate, Undergraduate Curriculum Committee
From: Susan C. Petersen, Chair, Department of KSSPE
Date: February 14, 2014
Re: Letter of support for Exercise Science revision

Please accept this letter of support for the proposed change in the Exercise Science major in the Department of Kinesiology, Sport Studies, and Physical Education.

This proposal involves the addition of a pre-requisite course, PEP 305, for students taking PES 417. The rationale for this change is sound and the additional foundational information would likely help students be better prepared for success in PES 417. Given that this change would contribute to student success in PES 417 and that it would require no additional resources for the department, I fully support the change.

If you have any questions, please don't hesitate to contact me at 5341 or spetersc@brockport.edu.
To: Undergraduate Curriculum Committee  
College Senate

From: Francis X. Short, Dean  
School of Health & Human Performance

Date: February 25, 2014

Subj.: Curricular Change  
Department of Kinesiology, Sport Studies, and Physical Education

Please accept this brief memo in support of a proposed change in the undergraduate exercise science major in the Department of Kinesiology, Sport Studies, and Physical Education. As I understand the proposal, it requests that PEP 305 be added to the list of pre-requisites for PEP 455 (a practicum class). It is the opinion of the faculty that our students will be better prepared to work in a clinical setting if 305 is taken prior to the clinical experience. Inasmuch as this proposal seeks only to modify the curriculum sequence (305 already is a required course in the program) and requires no additional resources to implement, I support it without reservation. Thank you for the consideration.