



# Biennial Review of High-Risk Drinking and Substance Abuse Prevention Report

The College at Brockport  
State University of New York

**August 2019**

# The College at Brockport, State University of New York

## Biennial Report Introduction

[H.R.3614 Drug-Free Schools and Communities Act Amendments of 1989](#); Part 86, the Drug-Free Schools and Campuses Regulations, requires that, as a condition of receiving funds or any other form of financial assistance under any federal program, an Institution of Higher Education (IHE) must certify that it has adopted and implemented a program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

In order to certify its compliance with the regulations, an IHE must adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities. Creating a program that complies with the regulations requires an IHE to do the following:

1. Prepare a written policy on alcohol and other drugs.
2. Develop a sound method for distribution of the policy to every student and IHE staff member each year.
3. Prepare a biennial review report on the effectiveness of its alcohol and other drug (AOD) programs and the consistency of policy enforcement.
4. Maintain its biennial review report on file, so that, if requested to do so by the U.S. Department of Education, the campus can submit it.

The following report outlines The College at Brockport's compliance with these requirements and the current state of high-risk drinking and substance abuse prevention within our campus community.

### **Alcohol & Substance Workshops for Violations of the *Code of Student Conduct***

Alcohol and Other Drug Policies are contained in the [Code of Student Conduct](#):

The Prevention and Outreach Services worked collaboratively with the Conduct office to restructure the sanction process for alcohol and marijuana violations. Utilizing harm reduction models, education, and best practices, a new tiered system was created. The sanction process is outlined below.

### **Alcohol Education Workshop**

*This protocol is intended as a guideline for conduct decisions regarding the minimum sanctions and interventions which shall be imposed for student alcohol and marijuana violations.*

*Sanctions may accelerate based on the progression, severity, or frequency of the violation, particularly when sale or distribution of alcohol or other drugs, or threatening, violent, and/or destructive behavior is present. Accelerated sanctions may include removal from campus housing, suspension, or expulsion. Criminal prosecution may also occur in cases that rise to the level of a crime. Violations accrue over the course of a student's entire matriculation period.*

*Violations accrue over the course of a student's entire matriculation period. Once a student commits a Tier II violation, any future violations within a year of the date of the first will be considered Tier II, even if the violation is Tier I. If a full year passes without incident, then a Tier I violation will be considered as such.*

### **Learning Outcomes:**

1. Describe College Policies, NYS laws, and village ordinances about alcohol and substance use, parties, and bystander interventions
2. Identify and discuss low, moderate, and high risk drinking situations and what to do in those situations.
3. Describe campus norms and how alcohol and substance use can affect the community.
4. Articulate personal, academic and/or career goals and personal values and describe how their alcohol use

may impact those goals and values.

## **Alcohol Education workshop**

### Tier 1

Offenses included in this tier:

- a. Consumption under twenty-one (21) years of age
- b. Possession under twenty-one (21) years of age
- c. Open container
- d. Purchase of alcoholic beverages by any persons less than twenty-one (21) years of age.
- e. Possession of alcohol paraphernalia
- f. Public intoxication, regardless of age (may be Tier 2 if this involves other behaviors; i.e. vomiting in hall, vandalism while intoxicated, causing disruption to floor)

### Tier 2

Brief Alcohol Screening and Intervention for College Students (BASICS) (2 session model).

1. Meet with POS staff member (BASICS survey not yet taken)
  - a. Build rapport, talk about drinking habits, harm reduction, next steps.
  - b. Explain BASICS software, review of questions, complete by next meeting.
2. Take survey (after first session).
  - a. Meet with POS staff member within 2 weeks to review survey and next steps.

## **If student scores 12 or higher on the AUDIT they make their second appointment with alcohol and other drug (AOD) counselor.**

Offenses included in this tier:

- a. Consumption under twenty-one (21) years of age
- b. Possession under twenty-one (21) years of age
- c. Possession of alcohol paraphernalia
- d. Public intoxication, regardless of age
- e. Alcohol transport (1<sup>st</sup> time, may be Tier 3 if considerably high BAC or intoxication was serious concern for health)
- f. Distribution to someone under twenty-one (21) years of age

### Tier 3

Appointment with AOD counselor.

Automatic appointments AOD:

- DWI
- Second transport
- Anyone that has received a new sanction but has previously attended a Tier 2 sanction

## **Marijuana Education Workshop**

*This protocol is intended as a guideline for conduct decisions regarding the minimum sanctions and interventions which shall be imposed for student alcohol and marijuana violations.*

*Sanctions may accelerate based on the progression, severity, or frequency of the violation, particularly when sale or distribution of alcohol or other drugs, or threatening, violent, and/or destructive behavior is present. Accelerated sanctions may include removal from campus housing, suspension, or expulsion. Criminal prosecution may also occur in cases that rise to the level of a crime. Violations accrue over the course of a student's entire matriculation period.*

*Violations accrue over the course of a student's entire matriculation period. Once a student commits a Tier II violation, any future violations within a year of the date of the first will be considered Tier II, even if the violation is Tier I. If a full year passes without incident, then a Tier I violation will be considered as such.*

## Learning Outcomes:

- Describe College Policies and NYS laws about marijuana.
- Identify and discuss low, moderate, and high risk marijuana use situations and what to do in those situations. (this one is up for debate, still being developed)
- Describe campus norms and how marijuana use can affect the community.
- Articulate personal, academic and/or career goals and personal values and describe how their marijuana use may impact those goals and values.

### Tier 1

#### Marijuana Education Workshop

- More inclusive of data and health risk
- Jeopardy-like game

#### Offenses included in this Tier include:

- Possession of marijuana and/or marijuana paraphernalia
- Issued a ticket by police for Unlawful Possession of Marijuana

### Tier 2

#### BASICS for Marijuana

##### Two sessions

1. Meet with POS staff member (BASICS survey not yet taken)
  - a. Build rapport, talk about smoking habits, harm reduction, next steps.
  - b. Explain BASICS software, review of questions, complete by next meeting.
2. Take survey (after first session).
  - a. Meet with POS staff member within 2 weeks to review survey and next steps.
  - b. Student takes survey after 1st session and meets again with POS staff 2 weeks later for second appointment where the survey is reviewed.

**If student scores 12 or higher on the CUDIT they make their second appointment with AOD counselor.**

### Tier 3

#### Appointment with AOD counselor.

- Anyone that has received a new sanction but has previously attended a Tier 2 sanction
- Driving Under the Influence (DUI)
- Any criminal possession of marijuana. Criminal = anything over 25 grams
- Abuse of over-the-counter drugs
- Abuse and or exchange or distribution of prescription drugs prescribed to self or another person
- Use of illegal drugs other than marijuana
- Alcohol plus use of other drugs, prescription or illegal

The table below outlines how many students have participated in the Alcohol, Marijuana, and Party Smart (students over 21) education workshops.

\*Total alcohol and drug assessment numbers reflect referrals from the Brockport Village Court, The College and Brockport Student Conduct department and student self-referrals.

## Campus and Community Champions: Collaboration, Commitment, and Critical Thinking

	Alcohol Education Workshop	Marijuana Education Workshop	Party Smart Workshop	*Total Alcohol/Drug Assessment
2016-2017	226	78	15	72
2017-2018	194	119		74
2018-2019	136	90	33	47

In the fall of 2014, the Town Gown Committee was formed. The committee consists of College and Village stakeholders with the authority to implement actions affecting the College/municipal community. The Town Gown committee is committed to developing and enhancing relationships between the College and the community through actively addressing issues of common concern, including but not limited to neighborhood quality of life, landlord/tenant relations, health and safety issues, communication, community involvement, academic outreach, and economic development.

A subcommittee of the Town Gown committee is dedicated to the prevention of alcohol and other drugs in the college community. This subcommittee examines and assesses prevention efforts on-campus and prevention efforts in the community while also exploring and identifying other evidence based and theory driven prevention strategies to potentially implement in the future. By working collaboratively and supporting one another in efforts to change culture, we aim to see significant change.

Member of the Alcohol and Other Drug Sub-Committee as a part of the Town-Gown Committee are below.

<b>Department/Organization</b>
Associate Dean of Student Life and Director of Student Conduct
Assistant Director of Prevention and Outreach Services
Assistant Vice President of Student Affairs Division of Enrollment Management and Student Affairs
Faculty Member from Public Health and Health Education
Chief University Police
Chief Brockport Village Police
Clubs and Organization Assistant Director Community Development
Graduate Assistant Prevention and Outreach Services
Alcohol and Other Drug Counselor Counseling Center
Vice President Brockport Student Government

Each of these individuals has contributed to prevention efforts in very unique and intentional ways. Many of the individuals on this list were part of the initial discussions on identifying areas for improvement in regards to prevention programming.

In the 2017-2018 academic school year, The College at Brockport received the New York State Office of Alcoholism and Substance Abuse Services College Environmental Prevention Grant. The grant provides The College at Brockport \$125,000 per year for five years to create lasting environmental strategy to reduce the rates of

underage drinking. The coalition created by the grant was adopted into the SOD sub-committee as a part of the Town-Gown Committee.

### **Mandatory Online Education for New Students and New Student Athletes:**

Since 2015 all new students (first-year and transfers), and student athletes have been **required to complete online education modules**, called EVERFI, which were formerly called *Think About It*.

The overall purpose of this mandate is to provide students with the knowledge to make informed decisions concerning relationships, consent for sexual activity, alcohol and other drug use, college policies on alcohol and drugs, sexual misconduct and gender-based misconduct and how to report an incident of sexual assault, dating violence or stalking to the college. Students are also provided Brockport-specific resources for seeking help with alcohol and/or other drug use concerns.

For all new students this involves completing two modules, Alcohol EDU and Sexual Assault Prevention for Undergraduate Students. For new student athletes, there is an additional Sexual Assault Prevention module for Student Athletes. Each module takes students approximately 1.5 hours to complete and maintains students' interest with videos, realistic scenarios, and game-like activities that test knowledge on college health and social issues. EVERFI expanded the library of to include a module for non-traditional aged students and an AlcoholEDU module for alcohol sanctions.

#### Overview of the AlcoholEDU module content includes:

- Blood Alcohol Content (BAC) information and self-assessment exercises.
- Gender-based implications for women and alcohol metabolism.
- How to detect alcohol poisoning and what to do
- Drinking and college culture provides an overview of social norms and dispels myths and assumptions that all students engage in binge drinking.
- Statistics on sexual assault, alcohol and consent.
- Overview of the different types of drugs (Marijuana, prescription drugs, psychedelics, heroin, etc.)
- Facts about the drugs (interactive section with knowledge based questions)
- Effects of drugs on the body
- Bystander intervention and how to help a friend.

New students are required to complete the two online modules prior to their arrival to campus at the beginning of the semester. This program builds a foundation of knowledge on college health issues and raises awareness of the campus policies and resources in regards to alcohol, other substance use and abuse, relationships (healthy and unhealthy), relationship warning signs, sexual assault, affirmative consent, how to make a complaint of sexual assault, Title IX compliance and bystander intervention.

### **Shifting the Paradigm: From Education to Prevention**

Prevention and Outreach Services provides leadership in the coordination of a number of different prevention programs, including:

- A move away from general, population-based programs to **intentional programs** based on the unique

needs and interests of specific student groups (off-campus students, Greek organizations, residential students, student leaders, athletes, etc.). Program assessments soon proved that in regards to prevention, programs cannot be “one size fits all.”

- A focus on supporting **first-year students** as they acclimate themselves to a new environment, show increased independence, and navigate the college experience/environment. Prevention programming is infused into summer orientation and Welcome Week activities.
- The continual improvement and additional education for Prevention and Outreach Services peer educators and the Student Health Advocate (SHA) position. Students in this position act as role models, educators, and “change agents” within the contexts of high-risk drinking and substance abuse prevention and student success. SHAs receive pre-semester training and help facilitate programming, reach hidden populations, and assist in program assessment.
- A **new model for Tier 1 policy violators** was enacted. Workshop curriculum was adapted to include asset development activities and value/goal clarification exercises.

### **Party Smart: High-Risk Drinking and Substance Prevention Program**

A cumulative outcome of The College at Brockport’s alcohol and other drug prevention work group and the initial programmatic changes was the development of a comprehensive and strategic plan focused on creating a campus culture that supports community development, student engagement, and healthy norms. The Party Smart: High- Risk Drinking and Substance Abuse Prevention program was designed with three desired outcomes in mind:

1. Create a social, academic, and community experience that promotes and influences healthy norms.
2. Develop, implement, and assess health protection strategies to guard students from short term negative consequences of high-risk drinking and substance abuse.
3. Intervene, treat, and provide referrals to students with alcohol or drug abuse or dependency problems.

### **Education and Interventions**

Prevention and Outreach Services facilitates the following programs listed below; working from a harm reduction approach to reduce the rates of high risk drinking. These prevention programs are intentional in their placement within a student’s experience and intentional with their content.

<b>Program Name</b>	<b>Description</b>
“College Life Live” Summer Orientation	This program introduces new first-year students to The College at Brockport Residence Hall and Student Townhomes Alcohol Policy, opportunities for student involvement, and other topics that will help transition them to college life.
Workshops for Alcohol & Substance Policy Offenders (2 separate workshops)  Party Smart Workshops for Off-Campus Violations	These workshops and individual Brief Alcohol among College Student Screening (BASIC) sessions focus on student success, involvement, and harm reduction approaches.
EagleCHECK Bystander Intervention Programs	These trainings focus on exploring alcohol and substance abuse as a social problem that impacts individuals, groups, and the community. Bystander intervention training is a key aspect of these sessions.

New Member Orientation, Hazing Prevention Meetings, Student Leader Trainings, First-Year Seminar Courses	Each session is intentionally designed to explore the unique characteristics of specific populations and the interactions and influences they may experience with alcohol and other substances.
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Other prevention programming that occurs on a continual or annual basis include Academic Planning Seminar (First-Year Experience) classes, residence hall programs, Alcohol Awareness Week, Hazing Prevention Days, and curriculum infusion into upper-division courses.

The College at Brockport is dedicated to establishing, implementing, and sustaining programs that are effective in preventing high-risk drinking and substance abuse.

**EagleCHECK: The College at Brockport’s Bystander Intervention Program**

EagleCHECK is The College at Brockport’s bystander intervention program that occurs during the first weekend first year students are on campus. All first year students are required to attend.

EagleCHECK, is designed to:

- Increase awareness and understanding of problematic and unjust behaviors
- Instill a sense of responsibility for helping to solve problems and support others
- Introduce and explore bystander intervention strategies
- Develop skills related to intervening in risky, dangerous, or unjust situations
- Empower people to act individually and collectively

**Assessment and Evaluation**

A commitment to intentional and effective prevention practices must have assessment and evaluation as a foundation and permeating factor throughout all efforts. The following table highlights some of the many assessment tools used to guide programming and demonstrate the transformative effects of our efforts.

Intended Outcome	Highlighted Assessment Tools
Create a social, academic, and community experience that promotes and influences healthy norms.	<ul style="list-style-type: none"> <li>▪ CORE Alcohol and Other Drug Survey</li> <li>▪ Alcohol Screening Program Data</li> <li>▪ Student Conduct/University Police Reports</li> <li>▪ Program Assessments (EagleCHECK, Tier I Workshops, etc.)</li> <li>▪ Focus Groups</li> </ul>
Develop, implement, and assess health protection strategies to guard students from short term negative consequences of high-risk drinking and substance abuse.	<ul style="list-style-type: none"> <li>▪ CORE Alcohol and Other Drug Survey</li> <li>▪ Alcohol Screening Program Data</li> <li>▪ Student Conduct/University Police Reports</li> <li>▪ Program Assessments (EagleCHECK, Tier I Workshops, etc.)</li> <li>▪ Focus Groups</li> </ul>
Intervene, treat, and provide referrals to students with alcohol or drug abuse or dependency problems.	<ul style="list-style-type: none"> <li>▪ Process Assessments</li> <li>▪ Referral Tracking</li> <li>▪ Alcohol Screening Program Data</li> <li>▪ Program Assessments (Tier I Workshops)</li> </ul>

## **Additional Services**

### **Student Health Services**

Provides confidential, comprehensive health care and advice to students including educating students on health risks (short and long term) of substance use and abuse. Referrals are made to the AOD counselor and to community treatment agencies.

The professional medical staff provides screening and early intervention services. Any student who is evaluated in the local hospital emergency room and/or admitted for alcohol or other drug problems is referred to the SUNY College at Brockport AOD counselor.

### **Counseling Center**

The counseling center is staffed with professionally trained and experienced counselors in addition to a psychiatric consultant. They provide confidential short term counseling on almost any mental health issue. There are individual and group counseling sessions and the goal of the Counseling Center is to empower clients to capitalize on their own resources and cope with their individual situations. Clients with a history of abuse or addiction issues are referred to the AOD Counselor.

## **Employee Alcohol Use in the Workplace Policy and Services**

The following information for faculty and staff on guidelines and policies related to alcohol/substance use on-campus.

**The Drug and Alcohol Use in the Workplace Policy** is found at:

[https://brockport.edu/support/human\\_resources/polandpro/docs/alcoholdrugpolicy.pdf](https://brockport.edu/support/human_resources/polandpro/docs/alcoholdrugpolicy.pdf)

All employees received a hard copy of this updated policy via campus mail December 2016.

The Employee Assistance Program (EAP) is available to provide assistance to faculty and staff members who may be experiencing concerns regarding alcohol and/or substance use. More information on the Employee Assistance Program can be found at: [https://www.brockport.edu/support/human\\_resources/emp/eap/](https://www.brockport.edu/support/human_resources/emp/eap/)

## **The Future of Prevention at the College at Brockport**

In concluding this report and reflecting upon the prevention efforts at The College at Brockport, the following recommendations and goals have been established:

- The College at Brockport was awarded the Office of Alcoholism and Substance Abuse Services Grant. This grant was written as a collaborative effort between The Public Health Department and The Hazen Center for Integrated Care. The funds from this grant will continue our efforts in:
  - Screenings and interventions related to alcohol and other drugs use
  - Health communication methods (social media, public service announcements, billboards)
  - Enhanced enforcements strategies collaborating with Brockport Police Department and University Police
  - Capacity building and trainings with the Alcohol and Other Drug task-force, a sub-committee of the College at Brockport, Village of Brockport Town Gown
- Continue with the strong programmatic assessment results; develop an assessment plan for social norms marketing campaigns
- Continue to develop the role of students in prevention program through formal opportunities (peer educators) and classroom-based efforts (collaboration with academic affairs, service learning, etc.).

- Research and develop a strategic plan for addressing marijuana use; work collaboratively with other local colleges and universities to begin and develop an evidence-based approach to cannabis use prevention.
- Develop a partnership with Brockport Central School District's prevention coordinator to holistically address issues impacting student success throughout the community.
- Continue requiring for all new students the online education program AlcoholEDU.